

Figure I. Comfortable positions for intercourse with chronic illness or disability. These positions are appropriate for couples when one or both partners have hemiparesis after a stroke. When side lying, the patient lies on the affected side. These positions also work well if either partner has breathing problems or have hip, or back pain.

Used with Permission: Kautz DD, Upadhyaya RC. Appreciating diversity and enhancing intimacy. In: Mauk KL, ed. *Gerontological nursing: Nursing competencies for care*. Sudbury, MA: Jones & Bartlett Publishers; 2010:602-627.

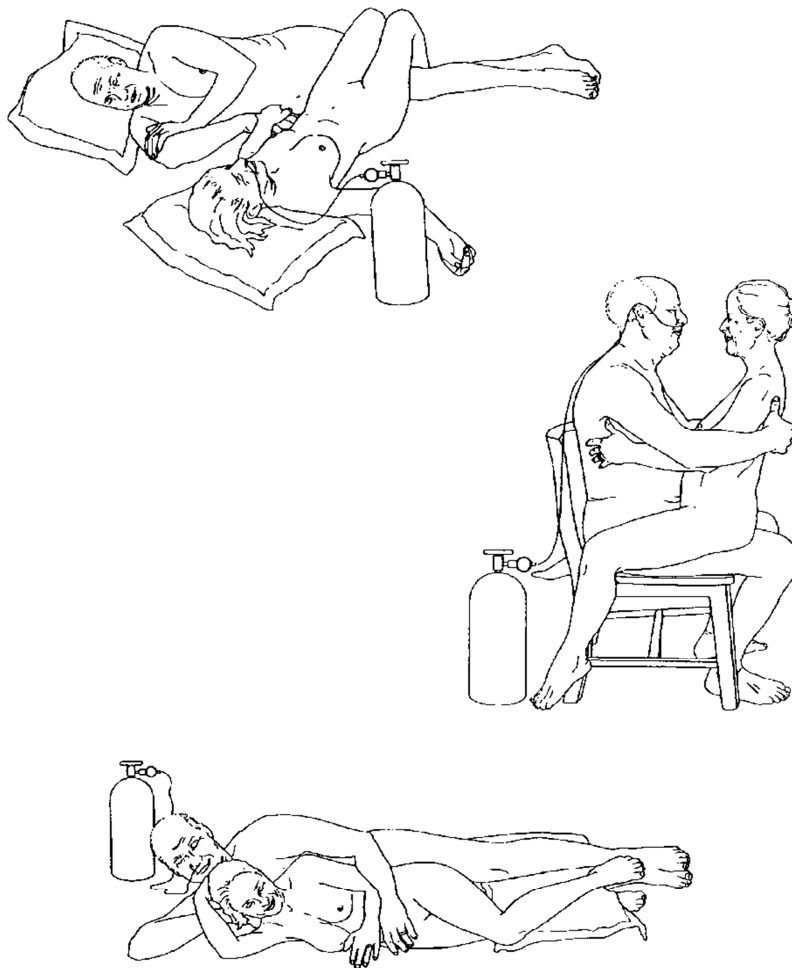


Figure II Comfortable positions for intercourse after an implantable cardioverter defibrillator (ICD). Modified from: Hahn K. Sexuality and COPD. *Rehabilitation Nursing* 1989;14:191-195. Used with permission.

