Angiotensin-Converting Enzyme Inhibitors
A New Mechanism of Action

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Background—Angiotensin-converting enzyme (ACE) inhibitors are valuable agents for the treatment of hypertension, heart failure, and other cardiovascular and renal diseases. The cardioprotective effects of ACE inhibitors are mediated by blockade of both conversion of angiotensin (Ang) I to Ang II and kinin hydrolysis.1 Here, we report a novel mechanism that may explain the cardiac antifibrotic effect of ACE inhibition, involving blockade of the hydrolysis of N-acetyl-seryl-aspartyl-lysyl-proline (Ac-SDKP).

Methods and Results—To study the role of Ac-SDKP in the therapeutic effects of the ACE inhibitor captopril, we used a model of Ang II–induced hypertension in rats treated with the ACE inhibitor either alone or combined with a blocking monoclonal antibody (mAb) to Ac-SDKP. These hypertensive rats had left ventricular hypertrophy (LVH) as well as increases in cardiac fibrosis, cell proliferation, transforming growth factor-β (TGF-β) expression, and phosphorylation of Smad2 (P-Smad2), a signaling mediator of the effects of TGF-β. The ACE inhibitor did not decrease either blood pressure or LVH; however, it significantly decreased LV collagen from 13.3±0.9 to 9.6±0.6 μg/mg dry wt (P<0.006), and this effect was blocked by the mAb (12.1±0.6; P<0.034, ACE inhibitor versus ACE inhibitor+mAb). In addition, analysis of interstitial collagen volume fraction and perivascular collagen (picrosirius red staining) showed a very similar tendency. Likewise, the ACE inhibitor significantly decreased LV monocyte/macrophage infiltration, cell proliferation, and TGF-β expression, and these effects were blocked by the mAb. Ang II increased Smad2 phosphorylation 3.2±0.9-fold; the ACE inhibitor lowered this to 0.6±0.1-fold (P<0.001), and the mAb blocked this decrease to 2.1±0.3 (P<0.001, ACE inhibitor versus ACE inhibitor+mAb). Similar findings were seen when the ACE inhibitor was replaced by Ac-SDKP.

Conclusions—We concluded that in Ang II–induced hypertension, the cardiac antifibrotic effect of ACE inhibitors is a result of the inhibition of Ac-SDKP hydrolysis, resulting in a decrease in cardiac cell proliferation (probably fibroblasts), inflammatory cell infiltration, TGF-β expression, Smad2 activation, and collagen deposition. (Circulation. 2005;112:2436-2445.)

Key Words: angiotensin inhibitors hypertension growth substances collagen

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Angiotensin-converting enzyme (ACE) inhibitors are important agents for the treatment of hypertension, heart failure, and other cardiovascular and renal diseases. There is evidence that they act by inhibiting both conversion of angiotensin (Ang) I to Ang II and kinin hydrolysis.1 Here, we report a novel mechanism that mediates the cardiac antiproliferative and antifibrotic effects of ACE inhibition, involving an increase in plasma and tissue concentrations of N-acetyl-seryl-aspartyl-lysyl-proline (Ac-SDKP), which is a natural inhibitor of pluripotent hematopoietic stem cell proliferation.2,3 ACE inhibitors prevented degradation of endogenous Ac-SDKP and raised its circulating concentrations approximately 5-fold.4,5 We previously reported that Ac-SDKP inhibited rat cardiac fibroblast proliferation and collagen synthesis in vitro6,7 and also prevented left ventricular (LV) fibrosis in hypertensive rats in vivo.8,9 Ang II–induced hypertension has been associated with not only cardiac fibroblast proliferation and interstitial/perivascular fibrosis but also expression of transforming growth factor-β (TGF-β).10 which is central to stimulation of collagen synthesis.11 Moreover, TGF-β blockade with an anti–TGF-β neutralizing antibody prevented myocardial fibrosis and diastolic dysfunction in pressure-overloaded rats.12 It is well documented that TGF-β signaling occurs via ligand-induced formation of a heteromeric complex of type I and type II serine/threonine kinase receptors.13 When the TGF-β receptor is activated, R-Smads (Smad2 and Smad3) are phosphorylated and form a dimer with a common media-
The Smad2/3-Smad4 complex translocates to the nucleus, where the dimer can regulate specific gene transcription either directly or indirectly via interactions with other transcription factors.

We tested the hypothesis that the antiproliferative and antifibrotic effects of ACE inhibitors are at least partly mediated by Ac-SDKP. For this, we examined whether (1) an ACE inhibitor (captopril) or exogenous Ac-SDKP blunts LV monocyte/macrophage infiltration, cell proliferation, and collagen deposition; (2) a blocking monoclonal antibody (mAb) to Ac-SDKP antagonizes the effects of ACE inhibitors and Ac-SDKP; and (3) the mechanism by which ACE inhibitors and Ac-SDKP suppress cardiac collagen is associated with a decrease in both TGF-β expression and phosphorylation of Smad2, a downstream mediator of the effects of TGF-β.

Because the antifibrotic effect of ACE inhibitors in Ang II–induced hypertension is not associated with hemodynamic changes, we selected this model to test our hypothesis. This study was approved by the Henry Ford Hospital Institutional Animal Care and Use Committee.

**Animals and Experimental Design**

Male Sprague-Dawley rats weighing 200 to 255 g (Charles River, Wilmington, Del) were anesthetized with sodium pentobarbital (50 mg/kg IP). A small incision was made between the shoulder blades and a pocket created subcutaneously, just large enough to hold an osmotic minipump (Alzet 2 ML4). The pump was implanted to deliver Ang II (750 μg·kg⁻¹·d⁻¹) and/or Ac-SDKP (synthesized by Drs Domenico Regoli and Witold Neugebauer, University of Sherbrooke, Canada) or saline plus 0.01N acetic acid. Captopril was given in drinking water, and immunoglobulin G (IgG, 400 mg/kg) or anti–Ac-SDKP mAb (400 mg/kg) was given intraperitoneally every other day. Treatment with Ac-SDKP and captopril was begun simultaneously with Ang II and continued for 4 weeks. Rats were divided into 6 groups: (1) sham+IgG, (2) Ang II+IgG, (3) Ang II+captopril (100 mg·kg⁻¹·d⁻¹)+IgG, (4) Ang II+captopril+mAb, (5) Ang II+Ac-SDKP (800 μg·kg⁻¹·d⁻¹)+IgG, and (6) Ang II+Ac-SDKP+mAb.

Before the study, we tested whether the mAb (1:1000) blocked the effect of Ac-SDKP on collagen synthesis when adult rat cardiac...
Western Blot for Detection of Tissue TGF-β and Smads

Protein (60 μg) from the LV extracts was subjected to 12% SDS-PAGE under nonreducing conditions for TGF-β, or 10% SDS-PAGE under reducing conditions for Smads. Proteins were transferred to a nitrocellulose membrane. The primary antibodies were mouse mAb against TGF-β1,2,3 (1:1000; R & D Systems), goat polyclonal antibody against Smad2/3 or Smad7 (1:300; Santa Cruz Biotechnology), or a rabbit polyclonal antibody against p-Smad2 (1:1000, Cell Signaling Technology). A goat polyclonal antibody against actin (1:500; Santa Cruz) was added along with the above primary antibodies as a housekeeping protein. Recombinant human TGF-β1 (R & D Systems) and extracts from TGF-β–treated HepG2 cells (cell signaling) were used as a positive control for TGF-β and p-Smad2, respectively. Results were quantified with a bioscanner and expressed as fold increase compared with sham. The molecular weights of positive bands were as follows: TGF-β, 25 kDa; Smad 2/3, 65 kDa; Smad7, 51 kDa; and p-Smad2, 58 kDa.

Collagen deposition in the LV of rats with Ang II–induced hypertension after 4 weeks of ACE inhibitor or Ac-SDKP in the absence or presence of a mAb against Ac-SDKP (n=4 to 7).

Determination of Cell Proliferation (Ki-67) and LV Monocyte/Macrophage Count (ED1)

Sections measuring 6 μm were deparaffinized, rehydrated, and stained with picrosirius red using a modification of Sweat and Puchler’s method. Briefly, sections were postfixed in Bouin’s fluid, followed by iron hematoxylin stain to show the nuclei. They were then stained with 0.1% picrosirius red for 1 hour and washed twice with 0.5% acetic acid. Images were obtained with a computerized digital camera (Spot Diagnostic) and collagen morphometry examined under a microscope (Nikon E6000) using normal and polarized light.

Figure 3. Collagen deposition in the LV of rats with Ang II–induced hypertension after 4 weeks of ACE inhibitor or Ac-SDKP. Both prevented cardiac fibrosis, and this effect was blunted by an anti–Ac-SDKP mAb (n=9 to 12).
SDKP, IgG, and (6) Ang II/H11001 Ac-SDKP/H11001 mAb. Seven comparisons were prespecified (1 versus 2, 2 versus 3, 2 versus 4, 2 versus 5, 2 versus 6, 5 versus 6, and 3 versus 4). Significance was judged using Hochberg’s method for post hoc comparisons. Values are expressed as mean±SEM. All probability values of P<0.05 are reported.

Results

SBP and LV Hypertrophy

SBP in the Ang II+vehicle group increased significantly (P<0.005) 1 week after Ang II infusion was started and remained elevated for 3 weeks. Neither captopril nor Ac-SDKP alone or combined with the mAb for 4 weeks had any effect on hypertension (Figure 1). LV weight was significantly increased in the Ang II+vehicle group (P<0.001), and neither captopril nor Ac-SDKP (with or without the mAb) decreased LV hypertrophy (Figure 1). Treatment of sham rats with mAb did not alter the ratio of LV weight to body weight.

Ac-SDKP Urine Levels

Urine Ac-SDKP was not significantly affected by chronic Ang II infusion (Figure 2) but was increased 5-fold in rats given the ACE inhibitor (P=0.0008) and Ac-SDKP (P=0.0001). Unexpectedly, mAb only blunted the effect of chronic Ac-SDKP infusion, going from 3.81±0.56 to 1.83±0.47 μg/24 hours (P=0.0055), but did not influence the ACE inhibitor (5.37±0.61 μg/24 hours) (Figure 2).

LV Collagen Content

LV collagen was significantly increased in the Ang II+vehicle group (13.3±0.9 μg/mg dry LV wt) compared with control (8.9±0.7 μg/mg dry LV wt; P<0.002), and this increase was significantly blunted by either captopril (9.6±0.6 μg/mg dry LV wt; P<0.006) or Ac-SDKP (9.7±0.4 μg/mg dry LV wt; P<0.015) (Figure 3). The mAb significantly blunted the effect of captopril (P<0.039) and Ac-SDKP (P<0.015) (Figure 3). Treatment of the sham group with mAb did not alter LV collagen content in normotensive rats, with 8.9±0.4 μg/mg dry LV wt in sham given IgG and 8.8±0.3 μg/mg dry LV wt in sham given mAb (P=NS). Subsequent protocols did not include comparisons with sham ± mAb.

LV Interstitial and Perivascular Collagen

LV interstitial collagen deposition (red staining; top) in rats with Ang II–induced hypertension after 4 weeks of ACE inhibitor or Ac-SDKP alone or combined with an anti-Ac-SDKP mAb (picrosirius red, ×400); bottom, quantitative analysis of LV interstitial collagen. Both the ACE inhibitor and Ac-SDKP blunted cardiac fibrosis, and this effect was diminished by an anti-Ac-SDKP mAb (n=5).

Figure 4. LV interstitial collagen deposition (red staining; top) in rats with Ang II–induced hypertension after 4 weeks of ACE inhibitor or Ac-SDKP alone or combined with an anti-Ac-SDKP mAb (picrosirius red, ×400); bottom, quantitative analysis of LV interstitial collagen. Both the ACE inhibitor and Ac-SDKP blunted cardiac fibrosis, and this effect was diminished by an anti-Ac-SDKP mAb (n=5).
and this increase was significantly blunted by either captopril (5.6 ± 0.2%; P < 0.001) or Ac-SDKP (6.0 ± 0.1%; P < 0.001) (Figure 4). The mAb significantly blunted the effect of captopril (P < 0.001) and Ac-SDKP (P < 0.001) (Figure 4). The ratio of perivascular collagen area to luminal area of the coronary arteries was 4.0 ± 0.9 in the sham group and increased significantly to 9.9 ± 1.4 in the Ang II hypertensive rats (P < 0.001). The ACE inhibitor and Ac-SDKP significantly attenuated the increase in perivascular collagen, with the ratio of perivascular collagen area to luminal area falling to 3.6 ± 0.6 (P < 0.001) and 3.8 ± 0.7 (P < 0.001), respectively (Figure 5). The mAb significantly blunted the effect of captopril (P < 0.001) and Ac-SDKP (P < 0.001) (Figure 5).

**Cell Proliferation and Monocytes/Macrophages in the LV**

Ki-67–positive cells (a marker for cell proliferation) were localized to the vasculature and the interstitial space of the LV (brown-stained cells; Figure 6). There were more Ki-67–positive cells in the LV of rats given Ang II+vehicle (82 ± 6 cells/mm²) than sham (51 ± 2 cells/mm²; P < 0.001) (Figure 7A). Treatment with ACE inhibitors or Ac-SDKP normalized the number of proliferating cells in Ang II–infused rats, and the mAb blocked the antiproliferative effect of ACE inhibitors or Ac-SDKP (Figure 7A). We confirmed that ED1–positive cells were significantly increased in the Ang II vehicle group compared with control (P < 0.001). Treatment with captopril and Ac-SDKP significantly reduced the number of ED1–positive cells in the LV (P < 0.001) (Figure 7B), and the mAb blocked the antiinflammatory effect of ACE inhibitors or Ac-SDKP.

**TGF-β Expression in the LV (Western Blot)**

TGF-β was highly expressed in the LV in the Ang II+vehicle group. The Western blot for TGF-β showed a band of 25 kDa. This band was almost absent in the sham group and was barely seen in the Ang II–induced hypertension groups.
treated with captopril or Ac-SDKP, but it was present in the mAb group (Figure 8, top). Quantitative analysis indicated that TGF-β expression was increased 25±7-fold compared with control (P<0.001) and was significantly reduced by the ACE inhibitor (5±2-fold; P<0.001) or Ac-SDKP (2.1±0.5-fold; P<0.001). The mAb blocked the effect of the ACE inhibitor or Ac-SDKP on TGF-β expression (Figure 8, bottom).

**p-Smad2, Smad2/3, and Smad7 Expression in the LV**

P-Smad2 was highly expressed in the LV of rats with Ang II–induced hypertension (3.2±0.9-fold increase; P<0.017) (Figure 9, top). The ACE inhibitor (0.6±0.1-fold; P<0.001) or Ac-SDKP (1.4±0.3-fold; P<0.034) lowered Smad2 phosphorylation expression, and the mAb blocked the effect of the ACE inhibitor or Ac-SDKP on P-Smad2 (Figure 9, top). Smad2/3 protein content in the LV did not change in Ang II–induced hypertension and was not affected by either the ACE inhibitor or Ac-SDKP (Figure 9, bottom). Expression of Smad7 (51 kDa) did not change significantly in any group (Figure 10).

**Discussion**

ACE inhibitors are used to treat hypertension and congestive heart failure, to avert remodeling and reinfarction after myocardial infarction, and to ameliorate diabetic nephropathy and other renal diseases. They have also been shown to decrease or slow the development of diabetes, cancer, and aging.24–26 Thus, understanding the mechanism behind the therapeutic effects of ACE could yield new approaches to treating these and other diseases. Although ACE is known to hydrolyze a number of peptides, the therapeutic effects of ACE inhibitors are attributed primarily to inhibition of both conversion of Ang I to Ang II and kinin hydrolysis. Here we show that another peptide, Ac-SDKP, mediates some of the effects of ACE inhibitors.

We previously reported that chronic administration of an ACE inhibitor or exogenous Ac-SDKP at doses that increased plasma Ac-SDKP concentration to similar levels had comparable antiinflammatory and antifibrotic effects.16 We concluded that Ac-SDKP may be an important mediator of the antiinflammatory and antifibrotic effects of ACE inhibitors;
ACE inhibition can reduce cardiac fibrosis independent of its antihypertensive effect. By focusing on the kidneys and their role in the production and degradation of Ac-SDKP are needed to clarify this. It is known that in humans, Ac-SDKP is found in plasma and circulating mononuclear cells. In mice, it is distributed in several tissues, including the lung, kidney, and heart. Thymosin-β4 is the most likely precursor of the peptide, because its N-terminus contains Ac-SDKP. We have reported that the enzyme responsible for the release of Ac-SDKP is prolyl oligopeptidase. Ac-SDKP is cleaved to an inactive form by the NH₂-terminal catalytic domain of ACE. It has a 4.5-minute half-life in the circulation and is probably released continuously. Previously, we have shown that in vitro Ac-SDKP inhibits fibroblast proliferation and collagen synthesis. We have also shown that this tetrapeptide has an antifibrotic effect in rats with aldosterone-salt or 2-kidney, 1-clp hypertension (2K-1C) and in rat hearts after myocardial infarction. Ac-SDKP prevented macrophage/monocyte infiltration and decreased the number of cells that expressed TGF-β and connective tissue growth factor. These studies clearly indicate that exogenous administration of Ac-SDKP in vitro and in vivo has an antifibrotic effect. In the present study, we found that the antifibrotic effect of ACE inhibition was mediated by endogenous Ac-SDKP. This is further supported by recent studies by Pokharel et al, who reported that transgenic rats with cardioselective overexpression of ACE exhibited marked cardiac fibrosis, but cardiac Ang II concentrations were normal. TGF-β and Smad-R phosphorylation were directly related to the number of ACE genes expressed, whereas Ac-SDKP was inversely related. They suggested that the development of fibrosis in this model involves a decrease in Ac-SDKP.

In the present study, we also tested the mechanism by which ACE inhibition via Ac-SDKP may decrease fibrosis, concentrating on its effects on interstitial cell proliferation, TGF-β expression, and signaling of TGF-β. We have shown previously that in vitro Ac-SDKP inhibits fibroblast proliferation, and in vivo, it inhibits cell proliferation in the heart, probably fibroblasts. Here, we demonstrate that suppression of cell proliferation in the heart by ACE inhibition is a result of Ac-SDKP, because the mAb blocked the effect of the ACE inhibitor. Furthermore, we have shown that administration of Ac-SDKP in various models of hypertension decreased the number of cells expressing TGF-β in the heart. The present study clearly shows that both the ACE inhibitor and Ac-SDKP decreased cardiac TGF-β, and these effects were blocked by the mAb. TGF-β is an important profibrotic cytokine that simultaneously stimulates cells to increase synthesis of most matrix proteins, decrease production of matrix-degrading proteases, and increase production of protease inhibitors. TGF-β could be increased in the hypertensive heart either by accelerated infiltration of inflammatory cells (macrophages) or by Ang II acting on cardiac fibroblasts and myofibroblasts. Lee et al reported that Ang II stimulates autocrine production of TGF-β in adult rat cardiac fibroblasts and suggested that its effect on the adult myocardium may be mediated in part by autocrine/paracrine mechanisms, including production and release of TGF-β by cardiac fibroblasts. TGF-β acts by signaling through 2 different receptor serine/threonine ki-
nases, TGF-β receptor type-I (T-βR-I) and T-βR-II, which together form a tetrameric complex once T-βR-I binds to T-βR-II. T-βR-II activates T-βR-I after phosphorylation of the serine residue, which in turn leads to phosphorylation (activation) of R-Smads (Smad2 and Smad3). Activated R-Smads form a heterologomer with co-Smad4, and these complexes are translocated to the nucleus, where they bind to the promoter region that initiates specific gene transcription either directly or indirectly via interaction with other transcription factors. Thus, phosphorylation of Smad2 and Smad3 is critical steps in the modulation of cell signaling.

Increased TGF-β and Smad2, 3, and 4 protein expression has been found to correlate positively with increased collagen type I expression in the chronic phase of myocardial infarct scar healing. In the present study, we showed that ACE inhibitors, acting via endogenous Ac-SDKP, inhibited LV Smad2 phosphorylation, indicating interference with R-Smad activation. This could be because of inhibition of either synthesis or activation and nuclear translocation of Smad protein; but, because neither the ACE inhibitor nor Ac-SDKP significantly affected total protein content of Smad 2/3, it seems more likely that either Ac-SDKP or the ACE inhibitor (acting via endogenous Ac-SDKP) inhibits phosphorylation (activation) of Smad2 through a mechanism that could be associated with decreased TGF-β expression. However, other unknown mechanisms may also be involved, because Ac-SDKP inhibits the effect of exogenous TGF-β on Smad activation in cardiac fibroblasts and mesangial cells.

Smad7 belongs to the class of inhibitory Smads that prevent R-Smad activation, thereby downregulating TGF-β signaling. Decreased Smad7 expression has been shown to play a role in the pathogenesis of cardiac fibrosis in the heart after myocardial infarction, and transient gene transfer

Figure 9. A, Western blot showing phosphorylated Smad2 (p-Smad2) expression in the LV as a band of 58 kDa (top). p-Smad2 was highly expressed in the LV of rats with Ang II-induced hypertension (bottom). The ACE inhibitor or Ac-SDKP lowered P-Smad2 expression, and an anti-Ac-SDKP mAb blocked the effect of both the ACE inhibitor and Ac-SDKP. B, Smad2/3 expression (58 kDa) was equally apparent in all groups. β-Actin (40 kDa) showed uniform gel loading. P, positive control for p-Smad2 (n=4 to 7).
and expression of Smad7 prevent bleomycin-induced Smad2 phosphorylation and lung fibrosis in mice. We questioned whether ACE inhibitors or Ac-SDKP might induce Smad7 expression but were unable to detect any differences in the signal for Smad7 by Western blot. This might indicate that (1) Smad7 expression is very low and is not robustly induced by Ac-SDKP or (2) the inhibitory effect of Smad7 is not related to its increased expression and quantity in the cell but rather to its ability to translocate from the nucleus to the cytoplasm and bind competitively to TGF-β receptor-1, as shown by Kanasaki et al. in human mesangial cells. They demonstrated that the inhibitory Smad7 was exported from the nucleus to the cytoplasm by treatment with Ac-SDKP, which we were unable to examine in our LV samples. Thus, inhibition of TGF-β expression and Smad2 phosphorylation by Ac-SDKP and ACE inhibitors (acting via endogenous Ac-SDKP) in the LV of Ang II–infused hypertensive rats may also be an important factor in mediating the antifibrotic effect of ACE inhibitors.

In summary, an ACE inhibitor increased plasma Ac-SDKP, which in turn inhibited LV inflammatory cell infiltration, interstitial cell proliferation (most likely fibroblasts), TGF-β, Smad2 activation, and collagen deposition. This was confirmed by the fact that neutralizing Ac-SDKP in vivo with an anti–Ac-SDKP mAb significantly blunted the actions of ACE inhibitors in hypertension.

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Disclosure

Dr Carretero is the recipient of a grant from Pfizer (not related to the present research) and has served as a consultant to Novartis. Dr Rhaleb has received research support from the HFH institutional fund A10163.

References

Ac-SDKP in the Antifibrotic Effect of ACE Inhibitors


**CLINICAL PERSPECTIVE**

ACE inhibitors are used to treat hypertension and congestive heart failure, overt remodeling and reinfarction after myocardial infarction, and ameliorate diabetic nephropathy and other renal diseases. They have also been shown to decrease or slow the development of diabetes, cancer, and aging. Thus, understanding the mechanism(s) behind the therapeutic effects of ACE could yield new approaches to treating these and other diseases. Although ACE is known to hydrolyze a number of peptides, the therapeutic effects of ACE inhibitors are attributed primarily to inhibition of both conversion of Ang I to II and kinin hydrolysis. Here we show that another peptide, Ac-SDKP, which inhibits pluripotent hematopoietic stem cell proliferation, may account for some of the effects of ACE inhibitors. We found that the ACE inhibitor increased plasma Ac-SDKP, which in turn inhibited LV inflammatory cell infiltration, interstitial cell proliferation (most likely fibroblasts), TGF-beta, Smad2 activation, and collagen deposition. Neutralizing Ac-SDKP in vivo with an anti-Ac-SDKP mAb significantly blunts the actions of the ACE inhibitor without hemodynamic effects, confirming the importance of Ac-SDKP in the in vivo effects of ACE inhibitors. These findings suggest that Ac-SDKP prevents cardiac fibrosis by blocking collagen production in Ang II-hypertensive rats, most likely via inhibition of TGF-beta and its subcellular signal transduction pathway (p-Smad2). Thus, Ac-SDKP may be an important mediator of the antiinflammatory and antifibrotic effects of ACE inhibitors in hypertension.
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