Electrocardiographic Evidence of Left Atrial Hypertension in Acute Myocardial Infarction

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SUMMARY
The relationship between mean left atrial pressure (LA_m) and P-wave abnormalities in lead V_1 of standard 12-lead electrocardiograms was evaluated in 30 patients with acute myocardial infarction. In each patient pulmonary artery diastolic pressure or pulmonary wedge pressure was measured, and these values were used as an estimate of LA_m. Electrocardiograms recorded at the time of the pressure measurements were used for P-wave analysis. Patients with a history of hypertension were excluded from analysis. There was a significant correlation between the magnitude of the P terminal force in lead V_1 (PTF-V_1) and the estimated LA_m (r = -0.78, P < 0.001). Sixteen patients had a normal PTF-V_1 on admission; 11 of them had a normal LA_m. All 14 patients with an abnormal PTF-V_1 (more negative than -0.03 mm-sec) on admission had an elevated LA_m (>12 mm Hg). Thus, in 25 of the 30 patients, the PTF-V_1 correctly identified whether the LA_m was normal or abnormal on admission. On subsequent days, simultaneous measurements of PTF-V_1 and estimated LA_m were made in 27 of the patients. Significant changes occurred in both PTF-V_1 and LA_m; discordant changes were observed on only seven of 56 occasions. Measurement of PTF-V_1 appears to be a useful and reliable estimate of left ventricular filling pressure in patients with acute myocardial infarction.

Additional Indexing Words:
Electrocardiography Indirect index of cardiac function

Morrison and his associates, in 1964, investigated the relationship between the P wave of the standard 12-lead electrocardiogram and the presence and severity of valvular heart disease. They found that abnormalities in the terminal half of the P wave in lead V_1 correlated well with a pressure or volume overload on the left atrium in patients with valvular heart disease. They also found a significant correlation between left atrial pressure and the P terminal force in lead V_1 (PTF-V_1, fig. 1). However, they made no observations on patients with acute or transient left atrial involvement. Earlier, Sutnick and Soloff reported transient posterior rotation of the atrial vector during acute left ventricular failure, and other workers observed transient P-wave changes in patients with acute myocardial infarction (MI). More recently, several studies have noted a correlation between P-wave abnormalities and the presence and severity of left ventricular failure in acute MI. Hemodynamic observations were not made in any of these studies, however.

The purpose of the present study was to test the hypothesis that a correlation exists between the magnitude of PTF-V_1 and left atrial pressure in patients with acute myocardial infarction.

Methods
The group consisted of 30 patients selected from a consecutive series of the first 51 patients admitted to our Myocardial Infarction Research Unit (MIRU). The reasons for excluding 21 patients were as follows: electrocardiographic evidence of atrial infarction (three patients); serial observation revealed no evidence for an acute MI (four patients); pulmonary artery pressure was not available (six patients); atrial fibrillation (two patients); and a history of previous hypertension (six patients). Each of the 30 patients in the study had a clinical history, electrocardiographic changes, and a serum glutamic oxaloacetic transaminase rise and fall consistent with acute MI. None of the...
patients had valvular heart disease, congenital heart disease, chronic pulmonary disease, or chronic congestive heart failure.

The ages of the patients studied ranged from 39 to 83 years. There were 21 males and nine females. At the time of the study, 12 patients had no sign of left ventricular dysfunction, 15 patients had a third heart sound gallop and basal pulmonary rales, two patients were in pulmonary edema, and one patient had cardiogenic shock. Two of the 30 patients (7%) died during hospitalization. Six patients had a history of systemic hypertension prior to hospitalization. Even though none of these had electrocardiographic evidence of left ventricular hypertrophy, they were excluded from analysis because P-wave abnormalities can occur in patients with hypertension in the absence of ECG evidence of left ventricular hypertrophy.9,10

Right heart catheterization was performed soon after the patient was admitted to the MIRU, using either a no. 6 French Cournand catheter (14 patients) or a no. 5 French flow-directed catheter11 (16 patients). Left atrial mean pressure (LA) was estimated from the pulmonary artery diastolic pressure in patients in whom the Cournand catheter was used, or from the pulmonary wedge pressure, obtained by inflating the balloon on the flow-directed catheter. In the absence of increased pulmonary vascular resistance, the pulmonary artery diastolic pressure is an accurate reflection of the LA.12

Pressures were measured using a Statham SP37 strain-gauge transducer, and recorded on a direct-writing recorder. Mean pressures were obtained by electronic integration. Zero reference level for pressure recording was 5 cm below the sternal angle.

Standard 12-lead electrocardiograms were recorded at a paper speed of 25 mm/sec and a sensitivity of 1 mv/cm. P-wave measurements were made using the methods of Morris and associates,3 with special emphasis on the duration of the P wave in lead II, the configuration of the P wave, and the P terminal force in lead V1 (fig. 1). Electrocardiographic tracings and pressure measurements used for correlation analysis were usually made within 2 hours of each other. Measurements of the PTF-V1 and estimated LA were made on admission and daily thereafter for 3 days. In all patients, follow-up electrocardiograms were recorded at intervals of 3–4 days after their transfer from MIRU to other floors. In our series, we considered a normal value for PTF-V1 to be -0.03 mm-sec or more positive.1 A normal estimated LA was considered to be 12 mm Hg or less.

Results

Bifid P waves ("P mitrale") were observed in only two patients. Four patients had an abnormally
broad ( > 0.11 sec) P wave in lead II. For the whole group of 30 patients there was no correlation between the width of the P wave and the estimated LA_m (r = + 0.04, P > 0.5).

The relationship between the estimated LA_m and the magnitude of the PTF-V1 on admission is shown in figure 2. There is a moderately strong correlation between the two variables (r = -0.78, P < 0.001). The PTF-V1 was most negative in the patients with the highest estimated LA_m. Sixteen patients had a normal PTF-V1 on admission; 11 of these had an estimated LA_m of 12 mm Hg or less. All 14 patients with a PTF-V1 more negative than -0.03 mm-sec on admission had an estimated LA_m greater than 12 mm Hg. Thus, in 25 of the 30 patients (83%), the PTF-V1 correctly identified whether the LA_m was normal or abnormal on admission. Furthermore, three of the five patients who had a normal PTF-V1 and an elevated LA_m on admission developed an abnormal PTF-V1 on the second hospital day.

Representative P-wave patterns from two patients are shown in figure 3. Electrocardiograms from a patient admitted twice to the MIRU are reproduced in figure 4. On the first admission he had a subendocardial infarction. Both PTF-V1 and estimated LA_m were abnormal on admission, and both returned to normal prior to discharge. Five weeks later he was admitted with a diagnosis of transmural anterior myocardial infarction. Again, both the PTF-V1 and estimated LA_m were abnormal, and both returned to normal prior to discharge.

The changes of PTF-V1 and estimated LA_m from one day to the next are shown in figure 5. Fifty-six pairs of measurements were available in the 27 patients in whom repeat measurements were made. In many patients significant changes in estimated LA_m occurred without any change in PTF-V1.
Clearly discordant changes were rare, however. In only seven of the 56 measurements were the changes of PTF-V1 and estimated LA\textsubscript{m} in opposite directions (fig. 5). The PTF-V1 returned to normal in 11 of the 14 patients in whom it was abnormal on admission, usually within 6 days after admission.

**Discussion**

The present study confirms the findings of others\textsuperscript{5-7} that patients with acute myocardial infarction often have an abnormal PTF-V1. Furthermore, our results indicate that an abnormal PTF-V1 is usually associated with an elevation of left atrial pressure. The good correlation between the degree of P-wave abnormality in lead V1 and the degree of left atrial hypertension suggests that a cause-and-effect relationship may exist.

Inversion of the terminal portion of the P wave in lead V1 can result from a number of abnormalities: (1) left atrial hypertension or enlargement\textsuperscript{13} (2) atrial infarction\textsuperscript{8} (3) severe pectus excavatum\textsuperscript{14} (4) severe emphysema with low diaphragms\textsuperscript{15} and (5) rarely, in severe chronic right atrial hypertension\textsuperscript{15} In the present study, there were no patients with pectus excavatum, severe emphysema, or severe chronic right atrial hypertension. Since patients with recurrent atrial arrhythmias and elevation or depression of the P-T\textsubscript{s} segment were excluded from the study, it is unlikely that atrial infarction played a significant role in the genesis of the P-wave abnormalities in our patients. Bifid and broad P waves are abnormalities known to be associated with enlargement of the left atrium\textsuperscript{16} but they were rarely seen in this series. This may mean that the left atrium does not dilate very much in left atrial hypertension associated with acute myocardial infarction. In view of these considerations, and the finding of a correlation between PTF-V1 and estimated LA\textsubscript{m}, it seems reasonable to conclude that an abnormal PTF-V1 is causally related to left atrial hypertension in patients with acute myocardial infarction.

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*Figure 4*

Lead V1 of patient F.J., who was admitted twice to the MIRU. (Upper) Tracings show that on each admission the pulmonary artery wedge pressure and the PTF-V1 were both abnormal. (Lower) Tracings show that on each admission both the wedge pressure and the PTF-V1 returned to normal prior to discharge.

*Figure 5*

Change in estimated mean left atrial pressure on the horizontal axis is plotted against change in P terminal force in lead V1 on the vertical axis. The patients in the right upper quadrant showed a decrease in the LA\textsubscript{m} and a concomitant change toward normal in PTF-V1, i.e., a decrease in the negativity.
P-wave abnormalities have been noted in patients with systemic hypertension. Six of the 51 patients considered for this series had a history of prior systemic hypertension. The values for PTF-V₁ and LAm for these six patients were not clearly different from the other 30 patients. However, in view of the uncertainties about P-wave abnormalities in patients with prior systemic hypertension, we feel that estimates of LAm should not be made from PTF-V₁ in such patients.

Acute hypoxemia can lead to an increase in pulmonary vascular resistance, and it is known that many patients with acute myocardial infarction have arterial hypoxemia. Thus, increases in pulmonary vascular resistance could have led to an error in our estimate of LAm in the 14 patients in whom pulmonary artery diastolic pressure was used to estimate LAm. However, the arterial PO₂ was 85 mm Hg or lower at the time of study in only two of the 14 patients in whom pulmonary artery diastolic pressure was used. Furthermore, separate analyses gave identical results for the relationship between PTF-V₁ and pulmonary artery diastolic pressure (14 patients), and PTF-V₁ and pulmonary wedge pressure (16 patients).

Serial observations of the PTF-V₁ and estimated LAm revealed that clearly discordant changes were rare. Although changes in estimated LAm were often accompanied by no change in PTF-V₁, changes of PTF-V₁ toward normal were usually accompanied by a reduction in estimated LAm (Fig. 5). Moreover, in the four patients in whom PTF-V₁ returned toward normal and estimated LAm increased, the LAₚm increases were only 3 mm Hg or less. Thus, it appears that changes toward normal of PTF-V₁ can be taken as an indication that the LAₚm is either decreasing or remaining stable. In 11 of 14 patients the abnormal PTF-V₁ measured on admission returned to normal before discharge from the hospital. This regression suggests that the abnormal PTF-V₁ occurred acutely after the myocardial infarction. Since the maximum abnormality of the PTF-V₁ was noted on admission in the majority of our cases, it is likely that the P-wave changes occur within a few hours of the acute elevation of left atrial pressure.

It is of interest that two recent communications support our conclusions. Hugenholtz, Heikkilä, and Nelson also found a good correlation (r = 0.82) between the pulmonary wedge pressure and PTF-V₁. Romhilt and Scott found abnormal values for PTF-V₁ in patients admitted to the hospital with acute pulmonary edema. During recovery, the PTF-V₁ returned to normal in 72% of their patients.

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