Surgical Correction of Coarctation of the Main Pulmonary Artery

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Advances in heart surgery, catheterization, and angiography have called attention to constrictions of the pulmonary artery and its branches. Recently Schumacker and Lurie described a calcified stenotic zone at the bifurcation of the pulmonary artery in a 14-year-old girl. This was dilated with a Kelly clamp. No postoperative physiologic studies were reported. Sondergaard reported 3 cases with similar stenosis at the bifurcation. Two of these were associated with the tetralogy of Fallot, while the third had an atrial septal defect and valvular pulmonic stenosis. Although Sondergaard discovered the vascular obstructions at operation, none was corrected.

Several unoperated cases have been reported. Arvidsson and associates demonstrated by angiography what appeared to be multiple congenital stenoses of the peripheral pulmonary arteries in 4 patients. Coles and Walker reported a case of bilateral constriction of the main branches of the pulmonary artery, which was diagnosed by catheterization and angiography. Eldridge, Selzer, and Hultgren reported 5 patients with stenosis of a branch of the pulmonary artery demonstrated by catheterization.

We have recently encountered 2 cases of stenosis of the main pulmonary artery. Although Williams, Lange, and Hecht point out that stenosis is probably not unusual, our first case may represent a rare form, as the constriction was in the middle third of the main pulmonary trunk. The constriction was successfully treated by open operation and as such appears to be the first case treated definitively and studied with preoperative and postoperative cardiac catheterization. Fortunately there was also cinematographic documentation of the operation.

Case Reports

Case 1

E.T., an 18-year-old white college sophomore was first seen by us in April 1957. When 4 years old, he had been hospitalized for pneumonia. At the age of 8 he was thought to have rheumatic fever and was in another hospital for approximately 1 month. His family was then told for the first time that he had a murmur. The record indicates that it was heard as a systolic murmur along the left sternal border and was accompanied by a thrill.

He did well except for episodes of epistaxis until the age of 15, when he began to have occasional "dizzy spells" on exercise. During the 3 years prior to admission he noted slight dyspnea on vigorous exercise. On examination in April 1957 he was well developed, weighed 166 pounds, and was 66 inches tall. The heart was not enlarged to percussion and was in normal sinus rhythm. A systolic thrill was present anteriorly in the second left intercostal space. The pulmonic second sound was heard poorly and was split on inspiration. A grade-III harsh systolic murmur was heard widely at the base but loudest in the second left intercostal space along the sternal border; it was transmitted toward the apex and into the neck.

Electrocardiogram (fig. 1) showed delayed right ventricular conduction, and cardiac fluoroscopy and x-ray films (fig. 2) showed right ventricular enlargement. The pulmonary artery segment was not enlarged on fluoroscopy. Cardiac catheterization in September 1957 showed a mean systolic gradient of 32 mm. Hg across what was presumed

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Supported in part by grants from the National Heart Institute, U.S. Public Health Service (H-442, H-5231, and H-2419).

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to be the pulmonic valve (fig. 3A). The mean systolic pressure was 45 mm. Hg in the right ventricle and 13 mm. Hg in the pulmonary artery. The oxygen content of all right-sided cardiac chambers revealed no evidence of a left-to-right shunt. The arterial oxygen saturation was 94.5 per cent. A dilution curve with Evans blue dye from the right atrium to the brachial artery was normal. The cardiac index was normal at 3.3 L./min./m². A diagnosis of isolated moderate valvular pulmonic stenosis was made, and the pulmonic valve area was estimated as 1.0 cm².

Since the symptoms were minimal and the electrocardiogram and roentgenograms did not indicate severe right ventricular hypertrophy, surgery was deferred. Meanwhile, the boy worried about an impending operation, was unable to concentrate on his studies, did poorly in college, and surgery was requested sooner than had been elected initially.

On March 15, 1958, under hypothermia, through an anterior transverse bilateral incision in the fourth intercostal spaces, a stenosis or zone coarctation was found in the middle third of the main pulmonary artery (fig. 4). The diameter at this point measured 0.5 cm., whereas the proximal and distal portions of the main pulmonary trunk measured 2 cm. in diameter. Ideally one might elect excision of the zone of coarctation with end-to-end anastomosis. However, hypothermia would allow only a few minutes of circulatory arrest; therefore the stenotic area was incised longitudinally. This incision was extended proximally and distally. The valve was palpated and found to be normal. The lumen at the stenosis was less than 1 cm.² in area due to a thickened fibrous wall remarkably like that seen commonly in coarctation of the aorta. The longitudinal incision was then closed transversely (fig. 5).

The postoperative course was uneventful except for right bundle-branch block that was first noted on the day after the operation. He was discharged on the fourteenth day after surgery.

Cardiac catheterization 6 weeks after surgery showed that the pressure gradient had been reduced from 32 to 9 mm. Hg (fig. 3B), at an identical cardiac index of 3.3 L./min./m². Repeated passage of the catheter across the obstruction under fluoroscopic observation demonstrated that the site of residual obstruction was about half way between the pulmonic valve and the bifurcation of the pulmonary artery. The estimated area of constriction had been increased to 2.1 cm.² twice its preoperative size. Again blood samples
from the right-sided cardiac chambers showed no variation in oxygen content, and there was no evidence of other congenital lesions.

The patient is now asymptomatic. The second pulmonic sound is louder than preoperatively and the pulmonic systolic murmur less prominent. The electrocardiogram shows persistent right bundle-branch block.

Case 2

B. N., a 12-year-old white girl, was first seen in December 1957. At birth she appeared to be a normal baby. The family reported that since infancy, on exposure to cold her hands and feet had tended to become blue. Although she tired easily, she denied other symptoms. Because of peripheral cyanosis she had been seen at another clinic in 1954, when a heart murmur was noted and the family was told that the child possibly had a "small hole in the heart." During the year preceding our examination she had frequent episodes of epistaxis. When first seen by us, physical examination revealed a well developed, healthy appearing girl with strikingly red cheeks. The hands and feet were slightly moist and cool but there was no cyanosis, clubbing, or venous distention. The heart was not enlarged. The second pulmonic sound was louder than the second aortic sound, but not unusually loud or split. A grade-II basal systolic murmur was present, which radiated along the left sternal border and out toward the apex.

Electrocardiogram, cardiac fluoroscopy, and x-ray films were essentially normal. Right-sided heart catheterization in April 1958 showed a consistent fall in systolic pressure from the proximal to distal pulmonary artery, amounting to a mean systolic gradient of 6 mm. Hg. The site of transition appeared to be just proximal to the bifurcation of the pulmonary artery. There was no pressure gradient across the pulmonic valve. There was no evidence of coexistent cardiac lesions. Oxygen contents throughout the right side of the heart were identical. Arterial oxygen saturation was normal at 96.3 per cent. Indicator-dilution curves from the superior vena cava and the pulmonary artery to the brachial artery were normal. The cardiac index was rather high at 6.0 L/min./M.² Thus a mild constriction of the pulmonary artery proximal to its bifurcation seemed to be defined. The hemodynamic disturbance did not require surgical correction.

Discussion

The pathogenesis of constrictions of the pulmonary artery has been debated.² ⁵ ⁷ ⁸ Most authors favor a congenital origin according to the Skodaic theory. This postulates a stricture produced by an extension of tissue from the ductus arteriosus into the pulmonary artery or aorta which contracts as the ductus undergoes obliteration. This explanation seems untenable in our first case since there was no
apparent connection between the ligamentum arteriosus and the stricture.

Attention has been directed to thrombosis of the pulmonary artery,9-11 which at times has simulated pulmonary stenosis. We have recently operated on a patient for anomalous venous drainage associated with long-standing silent massive thrombosis of the pulmonary arteries. He succumbed when the anomaly was corrected at open-heart operation. It seems

Figure 3

Case 1. Right heart pressures during preoperative (A) and postoperative (B) cardiac catheterization. Preoperatively (A) one pressure pulse was recorded from the pulmonary artery proximal to the region of obstruction. Although this is compatible with a diagnosis of coarctation of the pulmonary artery, this diagnosis was not made inasmuch as artifactual pressure tracings obtained from a catheter tip in a stenotic pulmonary valve may have the same appearance. The preoperative mean systolic pressure gradient of 33 mm. Hg (A) was reduced to 9 mm. Hg postoperatively (B). The cardiac output was the same during both studies: cardiac index = 3.3 L./min./M.2 The estimated area of constriction was increased from 1.0 cm.2 preoperatively to 2.1 cm.2 postoperatively.
likely that some of the cases diagnosed by
cardiac catheterization and angiocardiog-
raphy\textsuperscript{3–5} but without anatomic
clarification might represent partially reso-
bed occluding thrombi or emboli with recanalization.
This is unlikely in our first case as the actual outside
diameter of the pulmonary trunk at the coar-
etation was markedly narrowed and there was
no evidence of thrombosis.

Thus none of the prevailing theories of
pathogenesis seems to explain the isolated
midzone coarctation of the main pulmonary
artery of our first case. In the systemic circu-
lation, the aorta may be narrowed at 2 sites
and at times in the abdominal region.\textsuperscript{12} Per-
haps these are comparable vascular anomalies.

Postvalvular stenosis of the pulmonary
artery is probably more common than is gen-
erally realized.\textsuperscript{3, 4, 6} To our knowledge, how-
ever, pure stenosis, or what we prefer to call
coarctation of the midportion of the main
trunk of the pulmonary artery has not been
reported.

The corrective technic in the first patient
reported here had not been planned preopera-
tively. It is fortunate that hypothermia was
being used. The possibility of unsuspected co-
arctation of the pulmonary artery may con-
stitute an added indication for the routine use
of hypothermia or mechanical bypass in what
is \textit{thought} preoperatively to be pure pulmonic
valvular stenosis. In case 1 the stenosis was
presumed to be critical on the basis of the pre-
operative pressure gradient of 32 mm. Hg and
an estimated area of constriction of 1 cm.\textsuperscript{2} It
has been emphasized by Holman\textsuperscript{13} that when
the diameter of the pulmonary artery is con-
stricted to less than 50 per cent in animals,
heart failure results. A critical level undoubt-
edly existed in our patient with a diameter
of 0.5 cm.

The diagnosis of anomalies of the pulmo-
nary artery would be made more frequently
if it were routinely considered in the differen-
tial diagnosis of pulmonary valvular stenosis.
The absence of postvalvular dilatation, as in
case 1, might make one consider coarctation
of the pulmonary artery.

Catheterization studies should be helpful,
but here again special care must be exercised
to demonstrate the exact location of the steno-
sis or stenoses.

At the time of operation, proper exposure
is mandatory in dealing with all congenital
anomalies so that the unexpected may be de-
tected.

\textbf{Summary}

Two cases of pure congenital coarctation
of the main pulmonary artery are reported.

One case may be unique in that it represents
the first report of an anatomically proved
constriction located in the middle third of the
main trunk. In this patient, successful open
correction under hypothermia was carried out
with cinematographic documentation. The re-
results of preoperative and postoperative car-
diac catheterization are described.

A plea is made for the routine use of open
operation for correction of "pure pulmonic
valvular stenosis." This allows better correc-
tion when the diagnosis is confirmed and flexi-
ibility for treatment if the unusual coarctation
or constriction of the pulmonary artery is
encountered.

\textit{Circulation, Volume XXI, May 1960}
COARCTATION OF PULMONARY ARTERY

Figure 5
Case 1. Illustration of technic. Longitudinal incision of the zone of coarctation and transverse closure.
Summario in Interlingua

Es reportate duo casos de congenitae pur coarctation del arteria pulmonar commun.

Un del duo es possibilemente unio in tanto che illo representa le prime reporto de un anatomicamente demonstrate constriction in le secunde tercio del trunco principal. In iste patiente, correction aperte esses effectuate a bon successo sub hypothermia con documentatation cinematographique. Es describite le resultatos de catheterismo cardiae ante e post le operation.

Es recommendate urgentemente le uso de chirurgia aperte in le correction de "pur stenosis pulmonovavular." Iste technica permitte un correction superior quando le diagnose es confirmate; illo permitte un plus alte grado de flexibilitate in le tractament in casos in que le phenomeno inusual de coarctation o constriction del arteria pulmonar es incontrate.

References

Vesalius

The influence of Vesalius on the history of science may be regarded on the one hand in its general, on the other in its more special aspect.

Taking the general aspect first we may say that he founded modern anatomy. He insisted upon, and through his early unwearied labours by his copious example he ensured the success of the new method of inquiry, the method of observation as against interpretation; he overthrew authority and raised up experience, he put the book of nature, the true book, in place of the book of Galen, and thus made free and open the paths of inquiry. . . .

Under a more special aspect he may be regarded as the founder of physiology as well as of anatomy in as much as he was the distinct forerunner of Harvey. For Harvey's great exposition of the circulation of the blood did, as we shall see, for physiology what Vesalius' Fabrica did for anatomy; it first rendered true progress possible. And Harvey's great work was the direct outcome of Vesalius' teaching, the direct outcome and yet one reached by successive steps, steps taken by men of the Italian school, of which Vesalius was the founder and father.—Sir M. Foster. Lectures on the History of Physiology.

Circulation, Volume XXI, May 1960
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Circulation. 1960;21:672-678
doi: 10.1161/01.CIR.21.5.672

Circulation is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
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Print ISSN: 0009-7322. Online ISSN: 1524-4539

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circ.ahajournals.org/content/21/5/672

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