Significant Changes in Mitral Valve Leaflet Matrix Composition and Turnover With Tachycardia-Induced Cardiomyopathy

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Background—Dilated cardiomyopathy (DCM) involves significant remodeling of the left ventricular–mitral valve (MV) complex, but little is known regarding the remodeling of the mitral leaflets. The aim of this study was to assess changes in matrix composition and turnover in MV leaflets with DCM.

Methods and Results—Radiopaque markers were implanted in 24 sheep to delineate the MV; 10 sheep underwent tachycardia-induced cardiomyopathy (TIC), whereas 14 sheep remained as controls. Biplane videofluoroscopy was performed before and after TIC. Immunohistochemistry was performed on leaflet cross-sections taken from the septal, lateral, anterior, and posterior commissures attachment segments. Staining intensity was quantified within each attachment segment and leaflet region (basal, mid-leaflet, and free edge). Mitral regurgitation increased from 0.2 ± 0.4 before TIC to 2.2 ± 0.9 after TIC (P < 0.0002). TIC leaflets demonstrated significant remodeling compared to controls, including greater cell density and loss of leaflet layered structure (all P < 0.05). Collagen and elastic fiber turnover was greater in TIC, as was the myofibroblast phenotype (all P < 0.05). Compositional differences between TIC and control leaflets were heterogeneous by annular segment and leaflet region, and related to regional changes in leaflet segment length with TIC.

Conclusions—This study shows that the MV leaflets are significantly remodeled in DCM with changes in leaflet composition, structure, and valve cell phenotype. Understanding how alterations in leaflet mechanics, such as those induced by DCM, drive cell-mediated remodeling of the extracellular matrix will be important in developing future treatment strategies. (Circulation. 2009;120[suppl 1]:S112-S119.)

Key Words: cardiomyopathy • collagen • immunohistochemistry • metalloproteinases • mitral valve

Although numerous studies have demonstrated the importance of the mitral valve (MV) annulus in proper MV function and in the development of dilated cardiomyopathy (DCM),1,2 the MV leaflets have been largely considered bystanders in DCM. A recent study, however, demonstrated changes in the MV leaflet geometry after tachycardia-induced cardiomyopathy (TIC) that were not solely attributable to annular dilation.3 One potential explanation for these changes is that TIC altered the mechanical loads applied to the valve leaflets, which stimulated the valvular interstitial cells (VIC) to alter their phenotype and normal patterns of extracellular matrix synthesis and remodeling.4 Changes in the composition and arrangement of the extracellular matrix in the valve leaflets would, in turn, influence their structure and material behavior. Therefore, the objective of this study was to characterize the changes in matrix composition, matrix turnover, and VIC phenotype that occurred in mitral leaflets as a result of TIC and to relate these to leaflet segment length changes. This information should give insight into the pathogenesis of DCM and may help to improve current reparative techniques.

Materials and Methods

All animals received humane care in accordance with the guidelines of the US Department of Health and Human Services (NIH Publication 85-23, Revised 1985). The use of animals in this study was approved by the Stanford Medical Center Laboratory Research Animal Review Committee.

Animal Protocol

Radiopaque markers were implanted in 24 sheep (Robert McGrew, Dixon, Calif) delineate the leaflet and annulus of 4 MV segments (Figure 1): septal (SEPT), lateral (LAT), and anterior commissure (ANT-C), and posterior commissure (POST-C). The marker implan-
Histology and Immunohistochemistry

Cross-sections 3 to 5 mm in width were cut from insertion region (including associated myocardium) to free edge (Figure 2), embedded in paraffin, and sectioned to a thickness of 5 μm. Sections were stained with Movat pentachrome to demonstrate the layered structure of the leaflet. Immunohistochemistry was performed for a number of extracellular matrix components and turnover proteins (Table 1). For each segment (LAT, SEPT, ANT-C, POST-C; Figure 1), staining intensity was quantified within each leaflet region (BL, ML, and free edge) and histological layer (fibroa, atrialis, spongiosa [spongiosa only in ML]) using ImageJ software (NIH, Bethesda, Md). The free edge was considered a single layer. Cell density was assessed by counting nuclei within a defined area of the BL and ML fibroa, as well as the free edge. Semiquantitative grading was performed on blinded sections using a predetermined grading rubric ranging from 0 (minimum) to 4 (maximum) for delineation between leaflet layers and diffusion of Movat-stained collagen beyond the fibroa. Percentage differences in histological and immunohistochemistry parameters between TIC and CTRL were calculated by comparing each TIC value to the average CTRL value for a given parameter.

Statistical Analysis

SigmaStat (SPSS, Chicago, Ill) was used for multivariate ANOVA with significance set at 0.05. Non-normally distributed data sets underwent rank transformation before the ANOVA. In 1 case, \( P < 0.05 \) on the ANOVA before the data were rank-transformed, but \( P > 0.05 \) in the ANOVA after the data were rank-transformed. In this case the \( P \) value from the ANOVA before the data were rank-transformed is given followed by an “R.” Paired \( t \) tests were used for the statistical comparison of pre-TIC and post-TIC hemodynamics. Correlations between staining intensities of different proteins within individual leaflet layers, regions, and segments (to assess colocalization of cell activation and matrix remodeling) were calculated.
Compared with CTRL, SEPT and LAT of TIC showed structural changes in segment lengths, EDV, ESV, and EF (to relate compositional changes, altered strain, and LV remodeling within individual animals) were similarly determined. For correlations between intensities of different proteins \( P \leq 0.015 \) was considered a trend and \( P \leq 0.00625 \) was considered significant (because the intensities of 8 proteins were being compared); for correlations between intensities of proteins and TIC-induced segment length and EDV, ESV, EF (to relate composition), collagen more likely to be spread across all regions (\( \chi^2 = 24.6; P = 0.003 \)), whereas no significant differences were seen in BL. MMP-13 in the atrialis and fibrosa layers of TIC LAT was also greater than in CTRL (\( \chi^2 = 12.6; P = 0.002 \)), whereas SEPT did not show such differences. Collagen I in TIC ML was greater than in CTRL when all segments were considered (Figure 6; \( \chi^2 = 9.3; P = 0.036 \)), as well as in ANT-C alone (\( \chi^2 = 32.8; P = 0.004 \)), whereas no significant differences were seen in BL when all segments were assessed. Collagen I in LAT BL (\( \chi^2 = 24.7; P = 0.020 \)), the atrialis and fibrosa layers of LAT (\( \chi^2 = 0.002 \)), and all regions of ANT-C (\( \chi^2 = 46.12\% \); each \( P \leq 0.008 \)) was greater in TIC compared to CTRL. Collagen III in LAT BL (\( \chi^2 = 14.5\% \); \( P = 0.035 \)) and ANT-C fibrosa (\( \chi^2 = 32.7\% \); \( P = 0.003 \)) was greater in TIC compared to CTRL, but was less in SEPT across all regions (\( \chi^2 = 15.6\% \); each \( P \leq 0.009 \)). In fact, collagen III in SEPT ML atrialis negatively correlated with TIC-induced changes in SEPT ML maximum and minimum length (\( r = -0.671 \); \( P = 0.021 \); and \( r = -0.647 \); \( P = 0.029 \)). Evidence for collagen turnover was further suggested by correlations between collagens I and III with MMP-13 in the ML of ANT-C and POST-C (\( r = 0.744-0.779 \); each \( P \leq 0.015 \)). Lysyl oxidase, which is involved in both collagen and elastic fiber synthesis, was greater in TIC POST-C ML compared to CTRL (\( \chi^2 = 16.4\% \); \( P = 0.012 \)), whereas no significant differences were noted in any of the BL segments.

### Greater Elastic Fiber Turnover in TIC Leaflets

Elastic fiber turnover was examined by staining for elastin and MMP-9, in addition to lysyl oxidase. In TIC, MMP-9 in ML of all segments was greater than CTRL (Figure 7; \( \chi^2 = 11.5\% \); \( P = 0.003 \)), but no such differences were seen in BL. MMP-9 in LAT atrialis and fibrosa was also greater in TIC compared to CTRL (\( \chi^2 = 7.4\% \); \( P = 0.015 \)), whereas SEPT did not show such differences. Elastin in SEPT ML was greater in TIC (\( \chi^2 = 40.7\% \); \( P < 0.001 \)), whereas no significant differences

**Table 2. Pre-TIC and TIC Maximum Leaflet Segment Lengths**

<table>
<thead>
<tr>
<th>Tissue</th>
<th>Pre-TIC, cm</th>
<th>TIC, cm</th>
</tr>
</thead>
<tbody>
<tr>
<td>Septal</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BL</td>
<td>1.17±0.21</td>
<td>1.22±0.15</td>
</tr>
<tr>
<td>ML</td>
<td>1.37±0.10</td>
<td>1.45±0.03*</td>
</tr>
<tr>
<td>Total</td>
<td>2.48±0.10</td>
<td>2.65±0.15*</td>
</tr>
<tr>
<td>Lateral</td>
<td></td>
<td></td>
</tr>
<tr>
<td>BL</td>
<td>0.63±0.20</td>
<td>0.66±0.20</td>
</tr>
<tr>
<td>ML</td>
<td>0.63±0.14</td>
<td>0.71±0.11*</td>
</tr>
<tr>
<td>Total</td>
<td>1.26±0.28</td>
<td>1.36±0.23*</td>
</tr>
</tbody>
</table>

*\( P < 0.05 \) versus pre-TIC.

Data expressed as mean±SD.
were noted in BL. When examined by layers, the atrialis and fibrosa of both SEPT and LAT contained more elastin in TIC (atrialis: 28±9%; P<0.001; fibrosa: 25±4%, P=0.032R). This greater abundance of both elastin and MMP9 suggests elastic fiber remodeling, especially given that their degree of expression correlated with one another in certain leaflet regions (ie, LAT ML atrialis, r=0.765; P<0.0025). Expression of elastin correlated to changes in leaflet segment length. For example, elastin in SEPT ML fibrosa positively correlated with TIC-induced changes in SEPT minimum ML length (r=0.683; P<0.007).

Proteoglycans and Glycosaminoglycans in TIC Leaflets
In TIC, the glycosaminoglycan hyaluronan in LAT ML was less than in CTRL (-11±4%; P=0.021); no significant differences were noted in any BL segments or for SEPT. The abundance of hyaluronan in LAT BL atrialis negatively correlated with TIC-induced changes in maximum BL length (r = -1.00; P=0.017). Expression of the proteoglycans biglycan and decorin showed minimal changes with TIC.

Greater Valve Cell Activation in TIC Leaflets
Activation of VIC was assessed by staining for smooth muscle α-actin (SMaA) and nonmuscle myosin, proteins indicating the contractile, highly synthetic myofibroblast phenotype. In ML, SMaA in TIC was greater than in CTRL for all segments except SEPT (Figure 8; 21±3%; each P=0.018); no significant differences were evident in BL. SMaA in POST-C free edge in TIC was also greater than in CTRL (28±6%; P=0.049). Nonmuscle myosin in ML was greater for TIC when all segments were considered (7±2%; P=0.046), as well as in POST-C individually (13±3%; P=0.032). Nonmuscle myosin in LAT BL (13±5%; P=0.049) was also greater in TIC.

Cell Activation and Correlations Between Proteins Within Leaflet Regions and Layers
There were numerous correlations between the phenotypic indicators of valve cell activation (Nonmuscle myosin, SMaA) and matrix degradation proteins (MMP-9, MMP-13), particularly in the spongiosa and fibrosa of the different segments (r=0.831–0.874; P=0.002), with strong correlation between SMaA and MMP-13 in BL fibrosa across segments (r=0.808; P<0.001).

Relationship of LV Remodeling to Observed Leaflet Changes
The degree of LV remodeling, as measured by percent changes in EDV, ESV, and EF with TIC, was often predictive of leaflet changes. For instance, decreases in EF with TIC were correlated with reductions in expression of collagen I in the atrialis and fibrosa layers of LAT ML (r=0.973; P<0.001) and greater expression of collagen III in ANT-C ML and BL (r=0.765; P=0.0163). As EDV and ESV increased, SMaA and MMP-13 in the ML fibrosa of ANT-C were increased (SMaA: r=0.921–0.956, P≤0.0261; MMP13: r=0.858–0.861, P≤0.029). LV remodeling also was predictive of changes in leaflet structure. For example, diffusion of collagen in LAT increased with EDV (r=0.911; P=0.00115) and cell density in LAT ML increased with both EDV and ESV (r=0.834–0.835; P≤0.0388). Different leaflets, however, responded in distinct ways to the LV remodeling; some changes in SEPT (ie, MMP-13 in ML fibrosa) were inversely related to EDV and ESV.

Discussion
TIC leaflets demonstrated significant remodeling compared to CTRL, including greater cell density, less delineation...
between leaflet layers, greater collagen and elastic fiber turnover, and evidence of valve cell activation. Compositional differences between TIC and CTRL leaflets were heterogeneous by annular segment and leaflet region with extracellular matrix changes generally greater in the ML than the basal leaflet, consistent with the magnitude of leaflet length changes in these regions. Greater expression of markers of cell activation in TIC suggests an increase in the myofibroblast population; these contractile and synthetic VIC may in part be responsible for these changes in leaflet segment length and composition with TIC. Statistical correlations provided the first in vivo demonstration to our knowledge of direct relationships between the degree of mechanical strain and the magnitudes of phenotypic changes in VIC and valve matrix within individual animals.

**Changes in Matrix Composition Are Heterogeneous**

TIC affected the leaflet regions heterogeneously, with greater compositional and leaflet length changes in the ML than in the BL region. Decreased coaptation could cause the distal ML and free edge to experience less of the compressive forces associated with coaptation, potentially increasing stresses in those regions and directly adjacent regions,1 which could instigate larger compositional changes in the ML than the BL. Increased stress on valves9 and valve cells4 has been shown to cause increased matrix production and valve cell activation, as found in this study. Furthermore, with a decrease in the compressive forces associated with coaptation, leaflet segment lengths should increase, particularly in the distal leaflet, as noted in this study.

In terms of layers, changes in composition between TIC and CTRL largely consisted of changes in the atrialis and fibrosa layers. Both the atrialis and fibrosa normally contain significant amounts of collagen, and given our finding of increased collagen turnover, it is logical for changes in composition to be evident in these layers. Furthermore, leaflet length changes largely correlated with compositional changes in the atrialis and fibrosa, consistent with the role these layers are thought to play in providing leaflet tensile strength.10 It is interesting to note that significant changes in elastic fiber turnover were found in the fibrosa, a layer not dominated by elastic fiber content; these changes may have been induced by increased radial deformation.

The various segments also showed significant heterogeneity in response to TIC. Compared to CTRL, LAT showed changes in valve cell activation, matrix components, and matrix remodeling proteins, such as SMaA, collagen I, MMP-9, and MMP-13, as well as ML thickening, but SEPT did not show these changes. Greater TIC-related changes in matrix composition in LAT compared to SEPT are consistent with greater leaflet length changes in LAT. These results
corroborate previous studies of both computational modeling and animal model experiments. Kunzelman et al., in modeling the stresses of various portion of the MV after annular dilation, found that the increased stress was mostly on the lateral leaflet. Whereas changes in SEPT were less pronounced than in LAT, both the fluoroscopy and immunohistochemical results suggest that SEPT did remodel in TIC. Septal showed increased leaflet length, cell density, and elastin in TIC compared to CTRL. Interestingly, unlike the other segments, SEPT showed a decrease in collagen III. This unique remodeling pattern could imply a shift in the balance of mechanical loads between the various parts of the MV. In another recent study performed by this group, similar results of greater collagen and elastic fiber turnover were found in the septal leaflet when that leaflet was exposed to isolated regurgitation for 12 weeks. Given the mitral regurgitation present in TIC and the results of this previous study, some of the changes observed in SEPT of TIC could be attributable to the regurgitation that is a part of DCM.

In terms of the commissural segments, TIC-induced changes in collagen turnover in the ANT-C resembled LAT with greater collagen I, collagen III, and MMP-13 compared to CTRL. However, neither commissure displayed any alterations in elastic fiber turnover proteins (elastin, MMP-9, and lysyl oxidase), whereas both LAT and SEPT did. Although ANT-C and POST-C appeared to show distinct responses to TIC, further work is needed to clarify the role of the commissural remodeling in TIC.

**Influence of Mitral Regurgitation and LV Remodeling**

Mitral regurgitation imposes altered hemodynamics on all of the mitral valve leaflets and commissures, including altered flow patterns, in addition to the forces secondary to decreased or delayed coaptation, all of which could have contributed to the changes observed in the TIC leaflets. Indeed, previous studies have documented increased collagen content in rat MV under acute increased LV pressure. However, TIC animals displayed global LV and even neurohormonal changes in addition to mitral regurgitation, mimicking the clinical condition of DCM. Therefore, the leaflet changes observed with TIC are likely not solely attributable to mitral regurgitation, but could be secondary to altered forces imposed by changes in mitral annular shape and contractility, or even circulating neurohormones as documented in TIC animals.

The predictive relationships between LV remodeling and leaflet changes observed in this study highlight how DCM
results in alterations in a variety of the normal array of forces that comprise the mechanical environment of the MV. These relationships confirm that the leaflets are integral to LV structure and function. It is also important to note that these predictive relationships were unique to the different leaflets, which is consistent with the heterogeneity of the MV leaflets in relationship to LV structure, function, and response to DCM.

Changes in Phenotype and Matrix Markers Implicate Role of Myofibroblasts

The correlations between amounts and locations of valve cell activation and matrix degradation proteins, along with previous studies demonstrating the capacity of these cells for matrix synthesis and remodeling capabilities,\(^8\)\(^,\)\(^16\) provide strong evidence for the involvement of activated myofibroblasts in the matrix changes observed with TIC. These findings are consistent with the greater expression of myofibroblast markers in TIC leaflets and, more importantly, demonstrate direct relationships between magnitude of matrix remodeling, cell activation, and leaflet strain in individual animals. These results also strengthen evidence for the presumed role of VIC myofibroblasts in multiple valve diseases and remodeling processes.\(^16\) Furthermore, considering the contractile properties of valvular myofibroblasts,\(^8\) which have been shown to modulate leaflet stiffness,\(^4\) these myofibroblast cells may be responsible in part for the heterogeneous TIC-induced changes in valve geometry and strain. We speculate that in diseases in which leaflet motion and composition are altered, the myofibroblast may be a target cell population for treatment strategies.

Implications for Human DCM

The results of this study corroborate findings in human DCM. Chaput et al\(^17\) recently documented leaflet remodeling, namely increased leaflet area, in patients with functional mitral regurgitation, and Grande-Allen et al\(^18\) reported increased DNA, collagen, and glycosaminoglycans in valves from heart failure patients compared to controls. Consistent with those previous findings, this study found greater cell density and collagen in TIC ovine leaflets compared to CTRL. The increase in MMP demonstrated in this study is also consistent with findings of greater expression of MMP in the ventricles of human patients with DCM.\(^19\)

The compositional changes observed in this study could have functional consequences. The greater amount of collagen would be expected to make the leaflets more stiff, as observed in explanted DCM leaflets.\(^20\) Computational studies have shown that such increased stiffness leads to delayed and incomplete coaptation and ultimately mitral regurgitation.\(^21\) Computational modeling has also demonstrated that loss of the well-defined layered structure of the leaflets would increase leaflet bending stresses.\(^22\) Greater elastic fiber turnover suggests less mature elastic fibers, which could lead to less leaflet recoil. Both the changes in stiffness and layered nature of the leaflet could worsen mitral regurgitation and lead to further adverse leaflet remodeling.\(^11\) Indeed, although the study of functional mitral regurgitation by Chaput et al\(^17\) did not examine leaflet composition, they found that remodeling of the leaflet anatomy, specifically the leaflet-to-closure area ratio, significantly correlated with mitral regurgitation severity, after adjusting for LV remodeling, function, and leaflet tethering. Their results are consistent with the speculation that the leaflet remodeling demonstrated in this study would lead to functional impairment. In the future, it will be important to demonstrate these proposed mechanisms for valve tissue dysfunction, perhaps using novel bioengineering approaches.

Limitations

One limitation in this study is the short time course. Clinically, DCM occurs over a period of years, whereas in this model the animals experienced DCM for only 15 days. Another limitation is the variability of immunohistochemistry, which was quantified to be 13.7% within batches. To limit this variability, 2 sections were taken for SEPT and LAT and the results were averaged. Additionally, for a given segment and protein, TIC and CTRL sections were stained in the same batch. Despite these limitations of short time course and variability in immunohistological analysis, significant results were found. Another limitation is that hemodynamic and leaflet length analyses were made comparing pre-TIC and TIC animals, whereas histological analyses compared TIC and CTRL animals. Whereas explanted pre-TIC tissue was not available to compare to explanted TIC tissue, the authors did verify that there were no significant differences between the annular and leaflet radiopaque marker measurements of pre-TIC and CTRL animals. Another limitation was that animals were not randomized to groups. In addition, there were different numbers of animals in the TIC and CTRL groups, resulting in an unbalanced design. These numbers were caused by animal loss from the TIC group, most commonly caused by loss of the animal on anesthetic induction before the second set of marker and hemodynamic studies, because the animals were in florid heart failure. With respect to the lack of randomization, whereas each group displayed body weights and hemodynamics within a normal range, LV end systolic pressure of CTRL was found to be higher than TIC (\(P=0.004\)), whereas the CTRL animals weighed less (\(P=0.033\)); no difference was found between CTRL and pre-TIC with respect to LV end diastolic pressure or EF. The difference in LV end diastolic pressure between groups could be attributable to a number of factors, including level of anesthetic, loading, and adrenergic drive at the time of measurement. However, given that the CTRL group in this study was exclusively used for histological comparisons between valves, and that there was no comparison of absolute differences in tissue dimensions, the authors believe that this difference does not undermine our results.

Although the ovine MV has dynamics very similar to the human MV,\(^23\)\(^,\)\(^24\) there are a number of anatomic differences, including less redundancy in the ovine MV leaflet.\(^25\)\(^,\)\(^26\) TIC may have subtle differences compared to DCM, although studies have shown that the hemodynamics\(^14\) and neurohormonal\(^15\) changes elicited by TIC match those of human DCM. Lastly, the tantalum markers (total mass \(\approx 20\) mg) could have affected leaflet motion. However, studies have shown that even when enough markers are added to overload the ovine
MV (total mass = 184 mg), MV motion does not change significantly. Furthermore, these markers were present in both TIC and CTRL; therefore, they could not explain the differences found between TIC and CTRL. Finally, this study found a large number of correlations between MV structure, composition, and function, but further research will be required to determine causation, delineate the specific role of mitral regurgitation in the observed changes, and propose new therapeutic options.

Conclusion
This study shows that the MV leaflets are intimately and differentially involved in the DCM disease process, with changes in leaflet composition, structure, and valve cell phenotype. These results suggest that the MV leaflets themselves should be considered in DCM treatment strategies. Furthermore, the relationship between leaflet composition and changes in leaflet segment length suggest that changes in the extracellular matrix could be an underlying mechanism for the observed changes in leaflet motion, with the myofibroblast potentially playing an important role. The implicated link between altered leaflet strain and altered composition also reinforces the need to maintain physiological leaflet strains with appropriate annuloplasty design.

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Disclosures
D. Craig Miller is a consultant for Medtronic Heart Valve Division, Inc.

References
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