Dynamic Changes in Matrix Metalloproteinase Activity Within the Human Myocardial Interstitium During Myocardial Arrest and Reperfusion

Francis G. Spinale, MD, PhD; Christine N. Koval, BS; Anne M. Deschamps, PhD; Robert E. Stroud, MS; John S. Ikonomidis, MD, PhD

Background—Past studies have clearly established that matrix metalloproteinases (MMPs) contribute to adverse myocardial remodeling with ischemia and reperfusion. However, these studies measured MMP levels in extracted samples, and therefore whether and to what degree actual changes in interstitial MMP activity occur within the human myocardium in the context of ischemia/reperfusion remained unknown.

Methods and Results—The present study directly quantified MMP interstitial activity within the myocardium of patients undergoing elective cardiac surgery during steady-state conditions, as well as during and following an obligatory period of myocardial arrest and reperfusion achieved by cardiopulmonary bypass. Interstitial MMP activity was continuously monitored using a validated MMP fluorogenic substrate, a microdialysis system placed within the myocardium, and in-line fluorescent detection system. MMP activity, as measured by fluorescent emission, reached a stable steady state level by 10 minutes after deployment of the microdialysis system. During initiation of cardiopulmonary bypass, MMP activity increased by 20% from baseline values (P<0.05), and then rapidly fell with cardiac arrest and longer periods of cardiopulmonary bypass. However, with restoration of myocardial blood flow and separation from cardiopulmonary bypass, MMP interstitial activity increased by over 30% from baseline (P<0.05).

Conclusions—The present study directly demonstrated that MMP proteolytic activity exists within the human myocardial interstitium and is a dynamic process under conditions such as myocardial arrest and reperfusion. (Circulation. 2008;118[suppl 1]:S16–S23.)

Key Words: microdialysis ■ cardiac surgery ■ fluorogenic substrates ■ extracellular matrix

The matrix metalloproteinases (MMPs) are a family of enzymes that are involved in proteolytic processing of interstitial structural proteins, signaling molecules and growth factors.1–4 Through altering interstitial tissue structure and function, expression of MMPs have been shown to be an important proteolytic event in tumor progression, inflammation, and cardiovascular disease.4–6 For example, increased MMP levels within the myocardium have been demonstrated in animal models of ischemia and reperfusion and heart failure.7–14 Using transgenic and pharmacological approaches, modifying MMP expression and activity has been shown to directly affect myocardial structure and function.15–18 Moreover, clinical studies have documented important relationships between blood levels of MMPs and the progression of heart failure.19–21 Although clinical studies have shown an association between MMP levels and disease progression, there have been no studies which have directly demonstrated and quantified interstitial MMP activity within the human myocardium and to what extent interstitial MMP activity is altered as a function of interruption of myocardial blood flow and with reperfusion.

Past studies have quantified relative MMP levels in tissue or blood samples using an ex vivo approach.15–21 Although changes in the relative ex vivo abundance of MMP types is an important consideration with respect to in vivo proteolytic activity, this approach can be problematic for several reasons. First, measuring MMP levels in tissue samples requires extraction techniques which separate the enzyme substrate binding domains and alters interactions with interstitial proteins. Second, MMPs are synthesized in a proenzyme form and require a localized and highly orchestrated set of biochemical events for full activation.1,3,4 Third, MMP activity is also determined by the relative amount, location and interaction of a family of proteins, the tissue inhibitors of MMPs.

From the Division of Cardiothoracic Surgery (C.N.K., A.M.D., R.E.S.), Medical University of South Carolina, Charleston; and Ralph H. Johnson Veteran’s Affairs Medical Center (F.G.S., J.S.I.), Charleston, SC. C.K. and A.D. contributed equally to this study.

Correspondence to Francis G. Spinale, MD, PhD, Cardiothoracic Surgery, Strom Thurmond Research Center, 114 Doughty St, Suite 625, Charleston, SC 29425. E-mail wilburnm@musc.edu

Circulation is available at http://circ.ahajournals.org DOI: 10.1161/CIRCULATIONAHA.108.786640
(TIMPs). Tissue/blood extraction techniques will often result in disassociation of MMP-TIMP complexes that would be present in vivo. In order to avoid the inherent limitations to these ex vivo approaches, the current study used an in situ approach which allowed for measurement of total interstitial MMP activity. This laboratory has reported previously that the placement of a microdialysis membrane within the myocardium allows for continuous sampling of the myocardial interstitial fluid and measurement of local bioactive peptides. In addition, it has been demonstrated that small peptides can be used which change fluorescent characteristics when specifically cleaved by active MMPs. Moreover, using in-line microfluorimetry, and using calibrated algorithms, this laboratory has demonstrated that the fluorescent signal reflects actual MMP activity. Using this microdialysis-fluorometry system, myocardial interstitial MMP activity was continuously recorded within the human myocardium under steady state conditions and after myocardial arrest and reperfusion.

Methods

Patients

This protocol was approved by the Human Subjects Review Committee of the Medical University of South Carolina (HR#9435) and by the affiliated Ralph H. Johnson Veterans Affairs Medical Center Research and Development Committee. Patients undergoing elective coronary artery bypass surgery requiring cardiopulmonary bypass (CPB) provided informed consent to participate in the study (n = 14). The study was conducted at the Ralph H. Johnson Veterans Affairs Medical Center, and because the patient population at this institution is primarily male, this study was conducted in male patients only. The inclusion criteria included: ≥18 and ≤80 years of age; body mass index <40 kg/m²; left ventricular ejection fraction >35%; no heart failure symptoms (NYHA Class I), if diabetic, be under proper control (fasting glucose <350 mg/dL or recent hemoglobin A1c [HgbA1c] <9%); if hypertensive, be on a stable medical regimen with no significant changes over the past 30 days. The mean age for the 14 male subjects enrolled in this study was 65 ± 3 years with a left ventricular ejection fraction of 63 ± 2%.

Operative Procedure

The coronary revascularization procedure using CPB followed standard operative protocols and has been described in greater detail previously. Standard induction and maintenance of anesthesia was accomplished with a combination of sufentanil, midazolam and isoflurane. CPB was maintained at a cardiac index of 2.0 to 2.4 l/min/m² and initial cardioparlegic arrest was accomplished with antegrade normothermic administration of 200 mL of a solution of D₂/O2NaCl containing 29 mL of tromethamine buffer, 34 mL of adenosine citrate phosphate dextrose and 60 mEq of KCL (120 mEq/L) in a 4:1 blood:crystalloid mixture to produce cardiac arrest. This was followed immediately with antegrade administration of 1000 mL of hypothermic cardioparlegic solution. At the termination of CPB, heparin was neutralized with protamine in a 1:1 ratio. The microdialysis probe was placed as described below, immediately after the sternotomy and pericardial incision allowing for full visualization of the left ventricular free wall. The microdialysis probe was removed after separation from CPB, removal of all CPB cannulae, and before sternotomy closure.

Microdialysis Instrumentation and MMP Activity Measurements

A sterile microdialysis probe containing a 4 mm long membrane (20 kDa, outer diameter of probe shaft 0.77 mm; CMA/Microdialysis) was placed into the midmyocardium of the beating left ventricle and directed toward the left anterior descending coronary artery (LAD) parallel to the diagonal branches of the LAD. The probe was positioned using needle guidance and maintained in place using a 4 to 0 Prolene suture. The probe was placed in a normally perfused region of the myocardium (based on angiographic analysis) devoid of large coronary vessels. We have placed this microdialysis probe in patients undergoing cardiac surgery previously in order to measure local endothelin concentrations. Moreover, we have demonstrated that this surgical approach for placement of the microdialysis probe was not associated with alterations in blood flow or extravasation of red blood cells, did not change local bioactive peptide levels, and was not associated with an acute inflammatory response. Both the inflow and outflow ports of the microdialysis probe were connected to sterile tubing (PEEK, 0.12 mm ID) and then passed from the operating field. Maintaining sterile technique at all times, the inflow of the microdialysis probe was connected to a computer-controlled microinfusion syringe pump (Bioanalytical Systems) containing sterile MMP fluorogenic substrate (Anaspec #27074) that is cleaved by all active MMPs with equivalent kinetics. This MMP fluorogenic peptide will only yield a detectable UV emission when proteolytically processed at a specific amide bond sequence (Figure 1). Since we have demonstrated that the interstitial space surrounding the microdialysis probe is a closed compartment system, this MMP fluorogenic substrate will equilibrate with the interstitial space, and therefore the microdialysate fluorescence will reflect MMP activity. This quenched MMP fluorogenic substrate will equilibrate with the interstitial space and result in disassociation of MMP-TIMP complexes that would otherwise yield a detectable UV emission occurring at the site of the microdialysis probe to be detected as a change in fluorescence emission, was approximately 4 minutes. The infusion solution used in the microdialysis system contained an MMP fluorogenic substrate (Anaspec #27074) that is cleaved by all active MMPs with equivalent kinetics. This MMP fluorogenic peptide will only yield a detectable UV emission when proteolytically processed at a specific amide bond sequence (Figure 1). Since we have demonstrated that the interstitial space surrounding the microdialysis probe is a closed compartment system, this MMP fluorogenic substrate can be achieved within approximately 5 minutes. Before the patient microdialysis studies, a series of critical validation procedures were performed for the combined use of the MMP substrate and the microdialysis system. We first used an in vitro microdialysis model, where a recombinant active MMP construct (MMP-2/9 BIOMOL, SE-237, SE-244) was present in the surrounding fluid compartment. The entire microdialysis system was protected from ambient light and the dialysate collected into chilled amber tubes and immediately processed for fluorimetry (280/360 nm). A step-wise increase in MMP activation of the fluorogenic substrate was observed and this calibration curve could be linearized using regression analysis (Figure 1). When the MMP substrate/MMP catalytic reaction was recorded in the presence of increasing concentrations of an MMP inhibitor (BB94, British Biotech), fluorescence emission was eliminated (Figure 1). The specificity of this MMP fluorogenic substrate was further validated through incubation with other proteases such as a disintegrin and metalloproteinase-17 (ADAM-17) and the serine protease, plasmin (Figure 2). Fluorescence emission was absent when incubated with these other proteases, but could be quickly restored with coinucbation of the MMP catalytic domain. In previously performed in vivo animal experiments, we determined that optimal response was achieved with a 60 μmol/L MMP substrate concentra-
equilibration period before data collection. After this equilibration period, fluorescent emission was continuously recorded under steady-state conditions, during cardioplegic arrest and CPB, and for up to 20 minutes after separation from CPB. The interstitial fluid, following passage through the detection cell, was collected in chilled 0.5 mL tubes and subjected to cytokine measurements.

**Plasma MMP Profiling and Interstitial Cytokine Assay**

Blood samples (5 mL) were obtained immediately after placement of the microdialysis probe and again immediately after removal of the microdialysis probe. Plasma from these samples was then submitted to enzyme linked multiplex suspension array (Human Fluorokine MAP MMP Kit, R&D Systems, LMP000) in order to measure representative subtypes from each class of MMPs which included the gelatinases (MMP-2 and MMP-9), the stromelysins/matrilysins (MMP-3/MMP-7) and the collagenases (MMP-8). The relative fluorescence obtained for each distinct MMP (Bio-Plex 200, BioRad Laboratories) was converted to an absolute concentration using standards that were included in each assay. Differences in hemodilution effects were taken into account by normalizing the computed MMP values by hematocrit.10,22 The interstitial fluid (20 μL) collected during the study intervals was subjected to enzyme linked multiplex suspension array (Human Fluorokine MAP Cytokine Kit, R&D Systems, LMH000) in order to measure interleukin-6 (IL-6), tumor necrosis factor (TNF) concentrations (sensitivity of assay 1 pg/mL). These cytokines were chosen for several reasons. First, the molecular weight of these cytokines would allow for rapid traversal and equilibration with respect to the microdialysis membrane.27-28 Second, these cytokines have been measured using a microdialysis approach and demonstrated a high fidelity.27-28 Third, these cytokines would be indicative of an acute inflammatory response.

**Data Analysis**

The continuous fluorescence emission values were digitized and a running real-time average was obtained coincident with clinically relevant time points. The baseline, normalized fluorescence emission was subjected to analysis of variance (ANOVA) followed by pairwise tests of individual group means using Bonferroni adjusted probabilities. Potential relationships between changes in blood glucose and white blood cell counts were performed using a correlation analysis. For the MMP plasma profiles, pair-wise comparisons were performed using a t statistic. All statistical procedures were performed using STATA statistical software (STATA Intercooled v. 8.0). Results are presented as mean±SEM. P<0.05 values were considered to be statistically significant.

**Statement of Responsibility**

The authors had full access to and take full responsibility for the integrity of the data. All authors have read and agree to the manuscript as written.

**Results**

The total duration of CPB was 73±4 minutes, the duration of myocardial arrest (aortic cross clamp time) was 61±4 minutes, and an average of 3 coronary grafts were placed. Cardiac output was 5.2±0.5 L/min at baseline and was similar immediately after separation from CPB (5.9±0.4 L/min). The
placement of the microdialysis probe was not associated with any adverse events, and all patients were successfully extubated within 12 hours and discharged from the intensive care unit within 24 hours after CPB. Baseline blood glucose levels were 150 ± 22 mg/dL and were not significantly different at 12 hours post-CPB (124 ± 10 mg/dL). The total white blood cell count was 7.4 ± 0.6 K/mm³ at baseline and was significantly increased at 12 hours post-CPB (10.3 ± 0.7 K/mm³, P < 0.05).

A representative continuous readout of interstitial fluorescence emission, reflective of interstitial MMP activity, is shown for a single patient in Figure 3A. The summary of these fluorescent measurements for all patients, coincident with specific time points of this study, is shown in Figure 3B. Fluorescence emission within the myocardial interstitial samples increased from steady-state, baseline values with the institution of CPB and interruption of myocardial blood flow (aortic-cross-clamp placement), but fell to within baseline values with longer periods of myocardial arrest. With myocardial reperfusion and separation from CPB, fluorescence emission increased from myocardial arrest and from baseline. Using the in vitro calibration curve (Figure 1) and the running average fluorescence emission values obtained both at the midpoint of the CPB interval and at the final post-CPB time point (just before probe removal), actual myocardial interstitial MMP activity was computed and is summarized in Figure 4. MMP activity increased by approximately 4-fold from the period of myocardial arrest to reperfusion. There were no significant relationships observed between absolute values or relative changes in blood glucose (r = 0.19, P = 0.51) or white blood cell counts (r = −0.35, P = 0.25) to interstitial MMP activity.

A summary of baseline plasma MMP levels for all patients are shown in the Table and are consistent with reference control values reported previously. After separation from CPB and microdialysis probe removal, plasma MMP-9 and MMP-7 levels increased significantly from baseline values. Baseline interstitial fluid concentrations of IL-6 were 1.81 ± 0.66 pg/mL and remained unchanged at the midpoint of CPB 2.54 ± 1.05 pg/mL, as well as at separation from CPB.
Clinical and basic studies have implicated changes in MMP activity in myocardial remodeling and dysfunction which can occur after periods of ischemia and reperfusion. However, MMP activity within the myocardial interstitium is regulated by a complex number of factors such as abundance, activation state, and the presence of endogenous inhibitors. Thus, whether and to what degree MMP activity is directly altered within the human myocardial interstitium during a period of myocardial arrest, with a cessation of blood flow, followed by reperfusion, remained unknown. Accordingly, the present study developed, validated and then used a method to directly measure total MMP activity within the human myocardial interstitium during and after myocardial arrest and reperfusion attendant to cardiac surgery. Through the combined use of a fluorogenic substrate and microdialysis techniques, the present study demonstrated that a continuous fluorescent signal could be detected from interstitial fluid samples under hemodynamically stable, steady-state conditions. These results indicate that an ambient level of MMP proteolytic activity exists within the human myocardial interstitium. With the cessation of coronary blood flow and myocardial arrest, interstitial MMP activity transiently increased and then fell to within steady-state levels. However with reperfusion, interstitial MMP activity surged above ambient, baseline levels. Thus, this study for the first time demonstrated that MMP activity exists within the human myocardial interstitium and changes in a dynamic fashion with changes in myocardial perfusion.

In general terms, MMPs are synthesized as inactive zymogens and are secreted into the extracellular space as proenzymes (proMMPs), or are inserted into the membrane as fully active enzymes. The secreted proMMPs remain quiescent until the propeptide domain is cleaved yielding a proteolytically competent enzyme. The cleavage of the propeptide domain can be accomplished through several diverse routes which include serine proteases, other activated soluble MMPs, or the membrane bound MMPs. After proteolysis...
of targeted substrates, active MMPs can undergo autocatalytic degradation to an inactive form as well as form complexes with tissue inhibitors of MMPs (TIMPs). TIMPs will bind to critical domains on MMPs and therefore constitute an important determinant of overall MMP activity. Accordingly, net MMP proteolytic activity within the interstitium is dependent on the summation of a number of transcriptional, translational and post-translational events. The majority of past studies that have examined MMPs within the myocardium have used detergent extraction and electrophoretic separation techniques on harvested myocardial samples. Using this in vitro approach, MMP interactions with substrates and TIMPs, MMP activational states, as well as spatial location within the myocardium, are destroyed and as a consequence, any conclusions regarding MMP activity within the intact myocardial interstitium based on these studies remained speculative. Thus, whether and to what degree any actual MMP proteolytic activity existed within the human myocardial interstitium under ambient physiological conditions remained unknown. Moreover, whether the changes in MMP transcriptional/translational/post-translational events which have been identified in animal models of ischemia-reperfusion, could be translated into in vivo interstitial MMP activity, particularly within the human myocardium, also remained to be established. The present study demonstrated that dynamic changes in MMP interstitial activity occurred within the human myocardium. However, the underlying mechanistic cause(s) for these changes are likely to be multifactorial. For example, interstitial MMP activity initially increased from baseline with the onset of CPB, which may have been due to changes in mechanical factors such as systemic hemodynamics and coronary flow patterns as well as biological factors such as hemodilution and the induction of a systemic inflammatory response. With cardioplegic arrest, interstitial MMP activity sharply fell which was likely due to hypothermia and hyperkalemia, both of which would directly affect enzyme kinetics. With myocardial reperfusion of warm, oxygenated blood and induction of myocardial metabolism, a significant increase in MMP activity occurred over and above that observed before myocardial arrest. Contributory factors for this rapid surge in interstitial MMP activity likely included the localized effects of ischemia-reperfusion as well as the abrupt introduction of warm blood perfusate which contained MMPs. Future studies which examine MMP interstitial activity within the myocardial compartment as well as in other tissue compartments, such as peripheral muscle, during and after CPB may provide some insight into complex systems responsible for evoking the changes in myocardial MMP activity. The present study provides the foundation for these future studies, as well as directly addressed a critical gap in our current understanding of MMP biology within the human myocardium by establishing that MMP proteolytic activity is a continuous process within the interstitium and rapidly changed as a function of myocardial arrest followed by reperfusion.

Past clinical studies regarding MMP measurements have been performed directly on samples obtained from the remodeling/remodeled myocardium. For example, it has been reported previously that in patients with end-stage cardiomyopathy, certain MMP types increased significantly without a concomitant increase in TIMP levels, suggestive of increased MMP proteolytic potential. However, repeated myocardial sampling can be problematic and therefore constructing an MMP temporal profile within the myocardium has not been performed. Accordingly, high sensitivity assays have been developed in order to measure blood concentrations of MMPs in patients which would be amenable to repeated sampling. For example, this approach has been used in order to serially...
measure changes in plasma MMPs in patients after myocardial infarction/ischemia or cardiac surgery. However, blood samples are routinely obtained from the systemic vasculature and therefore MMP concentrations from these samples reflect spillover from multiple cellular sources and tissue compartments. In addition, whether the spillover of MMPs into the plasma is directly proportional to localized MMP content within the interstitium, and the kinetics of MMP egress into the vascular compartment remain unclear. Moreover, MMPs within the blood stream are tightly complexed to high molecular weight proteins as well as by TIMPs, and therefore direct measurement of MMP plasma activity is problematic. Thus, although relative levels of MMPs within the plasma reflect spillover from local tissue compartments and can provide insight into what MMP types are being induced, these plasma measurements may not be reflective of net MMP proteolytic activity. Nevertheless, the present study measured plasma concentrations of several MMP types before and immediately after myocardial arrest and reperfusion. Differential changes in MMP plasma levels were observed after myocardial reperfusion and separation from CPB. Specifically, the present study identified a robust increase in systemic plasma MMP-9 levels after separation from CPB, whereas plasma MMP-2 levels remained unchanged at this early time point. In addition, plasma MMP-7 and MMP-3 levels increased from baseline levels at this time point. An important source of MMP-9 as well as MMP-7 are inflammatory cells such as the neutrophil and macrophage. The emergence of these MMP types within the systemic vasculature is concordant with the increased myocardial interstitial MMP activity observed at this time point. However, because CPB causes a systemic inflammatory response, then it remains speculative as to what magnitude MMP-9 and MMP-7 contributed to the surge in myocardial interstitial MMP activation after myocardial arrest and reperfusion. This is further confounded by the fact that plasma MMP levels reflect spillover of soluble MMP types, and therefore to what degree membrane-type MMPs may have contributed to the local myocardial interstitial MMP proteolytic signal cannot be determined. This may be of particular relevance because in animal models of ischemia-reperfusion, changes in membrane-type MMPs, such as MT1-MMP, have been reported and likely contributed to overall MMP activity within the myocardial interstitium.

The present study used a small peptide with a quenched fluorescent moiety which when cleaved at a specific site, would yield a detectable fluorescent signal. Previously performed experiments, as well as validation experiments performed in the present study, demonstrated that this quenched fluorescent peptide would specifically yield fluorescence emission when cleaved by MMPs. Thus, we infused this peptide into the interstitial space of the myocardium as “bait” for active MMPs. The active catalytic domain of all MMP types will interact with the amino acid sequence contained within this peptide and yield a fluorescent signal. Thus, changes in fluorescence emission obtained from samples collected from the interstitium would be directly reflective of changes in overall MMP activity. This laboratory has recently demonstrated that MMP substrates with a more specific amino acid sequence, and thereby imparting greater MMP specificity, can be successfully used with this microdialysis system. Thus, future studies which use different MMP substrates coupled to this microdialysis approach would allow for identification of specific MMP types activated within the human myocardium.

In addition to identifying the presence and activation of MMPs within the human myocardial interstitium, the results of the present study set the stage for future mechanistic studies. Specifically, in past in vitro studies, it has been demonstrated that biologically active signaling molecules and oxidative stress can directly influence MMP induction/activation. The present study demonstrated the feasibility of directly measuring MMP activity within the interstitium as well as performing high sensitivity cytokine assays on the microdialysate. These initial measurements demonstrated that IL-6 levels could be detected within the myocardial interstitium, which remained unchanged during CPB and myocardial arrest with reperfusion. The significance of this observation is 2-fold. First, stable IL-6 concentrations within the interstitial fluid surrounding the microdialysis probe suggests that a localized inflammatory response was not evoked by probe placement in and of itself. Second, the stable interstitial IL-6 levels would suggest that this specific cytokine may not play a significant role in the early induction of myocardial interstitial MMP activation which occurred after myocardial arrest and reperfusion. It must also be recognized that other approaches are possible to provide an actual index of MMP interstitial activity. For example, noninvasive imaging methods which use a radiolabeled MMP substrate have been reported in animals. However, these imaging methods have not been applied to the human myocardium and would not provide for continuous monitoring of interstitial MMP activity. Finally, although the present study demonstrated that MMP activity can be continuously monitored during a period of myocardial arrest and reperfusion, the potential diagnostic/prognostic applications of this measurement approach are yet to be established. Nevertheless, through continuous interstitial interrogation using microdialysis, the present study demonstrated that MMP is a continuous and dynamic process within the human myocardium.

Sources of Funding
This study was supported by NIH grants HL59165, PO1 HL48788-08 and a Merit Award from the Veterans’ Affairs Health Administration.

Disclosures
None.

References


Dynamic Changes in Matrix Metalloproteinase Activity Within the Human Myocardial Interstitium During Myocardial Arrest and Reperfusion
Francis G. Spinale, Christine N. Koval, Anne M. Deschamps, Robert E. Stroud and John S. Ikonomidis

Circulation. 2008;118:S16-S23
doi: 10.1161/CIRCULATIONAHA.108.786640

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circ.ahajournals.org/content/118/14_suppl_1/S16

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in Circulation can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the Permissions and Rights Question and Answer document.

Reprints: Information about reprints can be found online at:
http://www.lww.com/reprints

Subscriptions: Information about subscribing to Circulation is online at:
http://circ.ahajournals.org/subscriptions/