Risk Stratification, Systematic Classification, and Anticipatory Management Strategies for Stent Fracture After Percutaneous Pulmonary Valve Implantation

Johannes Nordmeyer, AS; Sachin Khambadkone, MD; Louise Coats, MRCP; Silvia Schievano, MEng; Philipp Lurz, AS; Giovanni Parenzan, MA; Andrew M. Taylor, MD, MRCP, FRCR; James E. Lock, MD; Philipp Bonhoeffer, MD

Background—We analyzed the incidence, risk factors and treatment options for stent fracture after percutaneous pulmonary valve (PPV) implantation (PPVI).

Methods and Results—After PPVI, 123 patients had chest x-ray in anteroposterior and lateral projection, echocardiography, and clinical evaluation during structured follow-up. Of these 123 patients, 26 (21.1%) developed stent fracture 0 to 843 days after PPVI (stent fracture–free survival at 1 year, 85.1%; at 2 years, 74.5%; and at 3 years, 69.2%). Stent fracture was classified as type I: no loss of stent integrity (n = 17); type II: loss of integrity with restenosis on echocardiography (n = 8); and type III: separation of fragments or embolization (n = 1). In a multivariate Cox regression, we analyzed various factors, of which 3 were associated with a higher risk of stent fracture: implantation into “native” right ventricular outflow tract (P = 0.04), no calcification along the right ventricular outflow tract (judged with fluoroscopy, P = 0.02), recoil of PPV (qualitatively, PPV diameter in frontal or lateral plane with fully inflated balloon > diameter after balloon deflation, P = 0.03). Substernal PPV location, high-pressure post-PPVI dilatation of PPV, pre-PPVI right ventricular outflow tract gradients, and other indicators of PPV compression or asymmetry did not pose increased risk. Patients with type I fracture remain under follow-up. Patients with type II fracture had 2nd PPVI or are awaiting such procedure, and 1 patient with type III fracture required surgical explantation.

Conclusion—Stent fracture after PPVI can be managed effectively by risk stratification, systematic classification, and anticipatory management strategies. Serial x-ray and echocardiography are recommended for surveillance. (Circulation. 2007;115:1392-1397.)

Key Words: catheterization ■ echocardiography ■ heart defects, congenital ■ pulmonary valve

Right ventricular outflow tract (RVOT) dysfunction after repair of congenital heart disease has been conventionally treated with insertion or replacement of valved conduits. Percutaneous techniques such as balloon dilatation or stents provide hemodynamic relief from restenosis to prolong conduit life. Percutaneous pulmonary valve (PPV) implantation (PPVI) provides excellent relief from severe regurgitation and relief from stenosis without the risk of regurgitation in the short to medium term.

Clinical Perspective p 1397

In September 2000, we performed the first PPVI and during the study period 123 patients have been treated with this approach. The valved stents were implanted in patients with RVOT obstruction, with or without pulmonary regurgitation, that occurred as a late consequence of previous surgery. In the vast majority, the valves were implanted into dysfunctional conduits that connected the right ventricle to the pulmonary artery. Before this, stenotic conduits have been treated by bare stent implantation by our team and others, whereas regurgitation often required reoperation. Complications of stenting, such as stent fracture, are well known with a reported incidence of up to 43%.

With the introduction of the novel treatment of PPVI, which has its basis in endovascular stenting, we set out to establish risk factors for stent fracture in our population and to devise management strategies.

Methods

Patients

We retrospectively reviewed 123 consecutive patients who underwent PPVI between September 2000 and May 2006 at Hôpital...
Stent fracture was detected in 26 of 123 patients (21.1%) with the highest incidence in the first 400 days (21 of 26). The probability of stent fracture free-survival was 85.1% at 1 year, 74.5% at 2 years, and 69.2% at 3 years (Figure 2A).

### Risk Stratification

Angiograms of the PPVI procedure or chest x-rays performed after the procedure were reviewed. Independent variables analyzed for association with risk of stent fracture were morphological characteristics of RVOT (type a: “native,” any part of circumference formed by native tissue; type b: homograft or other valved or nonvalved conduit), presence of preexisting stent in RVOT, substernal location of the PPV, post-PPVI dilatation procedure with high-pressure balloon to relieve residual stenosis (16 to 22 mm, inflated to 8 to 12 atm; Mullins, NuMed), recoil of PPV (qualitatively, PPV diameter in frontal or lateral plane with fully inflated balloon > diameter after balloon deflation), RVOT calcification (circumferential, partial, or no calcifications along the RVOT, judged with fluoroscopy), and compression/asymmetry of PPV (assessed as ratio of anteroposterior and lateral PPV diameters at proximal, mid, and distal site). The PPV dimensions were measured (Medcon TCS Symphony image management) after calibration with the markers on Multitrack angiographic catheters (NuMed). RVOT gradients pre-PPVI (group I: RVOT gradient ≥30 mm Hg; group II: RVOT gradient <30 mm Hg) and changes in RVOT gradients post-PPVI were analyzed to assess the influence of hemodynamic values on the probability of stent fractures.

### Statistics

Data are expressed as means±SEM unless otherwise specified. Last follow-up was defined as last clinical contact or explantation. Factors for stratification were analyzed with multivariate Cox regression. Survival curves were obtained by Kaplan-Meier plots, and log-rank tests were performed to compare the probabilities for stent fracture–free survival. Student t test was used to evaluate differences in the initial decrease of RVOT gradients between patients with and without stent fractures. The post-PPVI echocardiogram (before stent fracture) and the first echocardiogram after detection of stent fractures were compared with Student paired t test. P<0.05 was considered significant. Statistical analysis was performed on SPSS 13.0 (SPSS Inc, Chicago, Ill) and GraphPad InStat 3 (Graphpad Software, San Diego, Calif).

The authors had full access to and take full responsibility for the integrity of the data. All authors have read and agree to the manuscript as written.

### Results

One-hundred-twenty-three patients (median age: 17.9±1.0 years, Table 1) had PPVI procedure between September 2000 and May 2006 with a mean follow-up of 13.0±1.0 months. The most prevalent RVOT type was homograft conduit (100 of 123 patients) (Table 1).

### Incidence of Stent Fractures in Patients With PPV

Stent fracture was detected in 26 of 123 patients (21.1%) with the highest incidence in the first 400 days (21 of 26). The probability of stent fracture free-survival was 85.1% at 1 year, 74.5% at 2 years, and 69.2% at 3 years (Figure 2A).

<table>
<thead>
<tr>
<th>Variable</th>
<th>No.</th>
<th>Median±SEM, or %</th>
</tr>
</thead>
<tbody>
<tr>
<td>Patients who underwent PPVI during study period, n</td>
<td>123</td>
<td></td>
</tr>
<tr>
<td>Age at PPVI, years</td>
<td>17.9±1.0</td>
<td></td>
</tr>
<tr>
<td>Sex, % female</td>
<td>43.9</td>
<td></td>
</tr>
<tr>
<td>Principal diagnosis, n</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pulmonary atresia with VSD</td>
<td>37</td>
<td></td>
</tr>
<tr>
<td>Tetralogy of Fallot</td>
<td>34</td>
<td></td>
</tr>
<tr>
<td>TGA, pulmonary stenosis, VSD</td>
<td>14</td>
<td></td>
</tr>
<tr>
<td>Truncus arteriosus</td>
<td>13</td>
<td></td>
</tr>
<tr>
<td>Aortic valve disease (Ross procedure)</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>Absent pulmonary valve syndrome</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Others</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>Pre-PPVI gradient across RVOT, n</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Group I: ≥30 mm Hg, invasive measurement</td>
<td>73</td>
<td></td>
</tr>
<tr>
<td>Group II: &lt;30 mm Hg, invasive measurement</td>
<td>50</td>
<td></td>
</tr>
<tr>
<td>Type of RVOT, n</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Homograft conduit</td>
<td>100</td>
<td></td>
</tr>
<tr>
<td>Homograft conduit+patch</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>Hancock conduit</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>Native outflow tract</td>
<td>5</td>
<td></td>
</tr>
<tr>
<td>Carpenter conduit</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>Other</td>
<td>6</td>
<td></td>
</tr>
</tbody>
</table>

VSD indicates ventricular septal defect; TGA, transposition of the great arteries.
At initial presentation, 20 of 26 patients had type I, 5 of 26 had type II, and 1 of 26 had type III stent fracture. Of these 26 patients, 6 experienced clinical consequences. The patient with type III stent fracture had stent embolization into the right pulmonary artery, which required surgical explantation of the PPV. The diagnosis was made 2 days after the onset of symptoms and confirmed by x-ray. All patients who initially presented with type II stent fracture had second PPVI for relief of restenosis (movies I and II, online-only data supplement). Of the 20 patients with type I fracture, 85% (17 of 20) are under medical follow-up with serial chest x-ray and echocardiography for surveillance. In 3 of 20 patients, progression to type II fracture occurred; 1 patient had second PPVI and 2 patients are awaiting second PPVI. Overall probability of freedom from type II/III stent fracture was 96.3% at 1 year, 92.5% at 2 years, and 86.5% at 3 years (Figure 2B).

Hemodynamic Analysis
RVOT velocities and tricuspid regurgitation jet velocities measured by echocardiography showed no difference before and after stent fracture (RVOT, $3.0\pm0.2$ versus $3.2\pm0.2$ m/s, $P=0.06$; tricuspid regurgitation jet velocity, $3.3\pm0.2$ versus $3.6\pm0.2$ m/s, $P=0.07$) (Figure 3A and 3B), although individual patients showed increasing velocities (Figure 3A and 3B).

Risk Factors for Stent Fracture
In 97 of 123 patients, the original angiograms of PPVI procedure or chest x-rays performed after the procedure were available for review. In a multivariate Cox regression analysis (Table 2), 3 factors were associated with higher risk of stent fracture: PPVI into “native” RVOT ($B=1.8$, $P=0.04$), noncalcified RVOT ($B=-0.7$, $P=0.02$; log-rank test, $P<0.001$) (Figure 4A), and recoil of PPV during balloon deflation ($B=1.4$, $P=0.03$). Presence of preexisting stent in RVOT ($B=-0.3$, $P=0.69$), subternal PPV location ($B=0.6$, $P=0.35$), post-PPVI dilatation procedure with high-pressure balloon ($B=-0.1$, $P=0.86$; log-rank test, $P=0.97$) (Figure 4B), other indicators for PPV compression or asymmetry [anteroposterior-to-lateral PPV diameter ratios at proximal site ($B=3.7$, $P=0.07$), mid-site ($B=0.01$, $P=1.00$),

![Figure 2](image1.png)

**Figure 2.** A, The probability of stent fracture–free survival was 85.1% at 1 year, 74.5% at 2 years, and 69.2% at 3 years. B, The overall probability for type II/III stent fracture–free survival was 96.3% at 1 year, 92.5% at 2 years, and 86.5% at 3 years.

![Figure 3](image2.png)

**Figure 3.** Overall, echocardiographic measurements of (A) RVOT velocities ($P=0.06$) and (B) TR-jet velocities ($P=0.07$) did not change after stent fracture. TR indicates tricuspid regurgitation.
TABLE 2. Results of Multivariable Cox Regression Analysis

<table>
<thead>
<tr>
<th></th>
<th>Multivariable Cox Regression</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>B</td>
</tr>
<tr>
<td>Outflow tract type</td>
<td>1.8*</td>
</tr>
<tr>
<td>Calcification along RVOT</td>
<td>−0.7*</td>
</tr>
<tr>
<td>Recoil of PPV</td>
<td>1.4*</td>
</tr>
<tr>
<td>Presence of preexisting RVOT stent</td>
<td>−0.3</td>
</tr>
<tr>
<td>Substernal stent location</td>
<td>0.6</td>
</tr>
<tr>
<td>Postdilatation with high pressure balloon</td>
<td>−0.1</td>
</tr>
<tr>
<td>AP-to-lateral stent diameter ratio proximal PPV</td>
<td>3.7</td>
</tr>
<tr>
<td>AP-to-lateral stent diameter ratio mid-PPV</td>
<td>0.01</td>
</tr>
<tr>
<td>AP-to-lateral stent diameter ratio distal PPV</td>
<td>−2.2</td>
</tr>
<tr>
<td>RVOT gradient pre-PPVI ≥ 30 mm Hg</td>
<td>0.02</td>
</tr>
</tbody>
</table>

AP indicates anteroposterior. A positive B value indicates a variable associated with shorter freedom from stent fracture and vice versa.

*Statistically significant.

and distal site (B = −2.2, P = 0.41), and significant RVOT gradient pre-PPVI (B = 0.02, P = 0.97) did not pose increased risk. Changes in RVOT gradients immediately after PPVI, measured by catheterization, were not significantly different in patients with and without stent fractures (16.9 ± 2.1 versus 18.9 ± 4.5 mm Hg, P = 0.63).

Discussion

Right ventricular dysfunction after repair of congenital heart disease could result from myocardial injury during surgical repair, residual or recurrent lesions, restenosis caused by patient growth or regurgitation from absence or valve degeneration in the RVOT, and the long-term consequences of all those factors. Wide experience exists in the amelioration of obstruction in right ventricle to pulmonary artery conduits with endovascular stenting. Although this stenting is successful in dealing with stenosis in the short term, potential volume overload from regurgitation and subsequent pressure overload from recurrent stenosis may further contribute to right ventricular injury. PPVI provides the advantage of a stent with an effective valve, which can eliminate the risk of chronic volume overload, but also, in principle, remains prone to all complications and consequences of endovascular stenting. A high incidence of stent fracture has been described in right ventricle to pulmonary artery conduits just as in other endovascular stents.6–11

Peng et al reported stent fracture in 56 of 126 patients (43%) who underwent cardiac catheterization before conduit replacement surgery.8 They describe the potential for underestimation of stent fracture, as minor grades may be clinically silent, difficult to detect by plain radiography, or not detected at surgery if the conduit excision was en masse without dissection into it. Their cohort had 2 different types of balloon-expandable stainless steel stents: the Palmaz-Schatz and the Palmaz-Schatz Genesis.8 Nearly 90% of fractured stents had substernal location, which was identified as an important risk factor for fracture.8

The stent used for PPVI was specifically designed for applications in congenital heart disease, particularly for use over a large range of diameters. We chose the platinum-iridium stent because of its crimpability, limited shortening during deployment, and the belief that it was the most fracture-resistant stent available. Other stents routinely used were designed for periph-

Figure 4. A, The degree of calcification in the RVOT is inversely correlated to the risk of stent fractures (P < 0.001). B, Post-PPVI dilatation procedure with high-pressure balloons did not pose higher risk for stent fractures (P = 0.97).
eral vascular applications, and shortcomings have included sharp
edges that lead to balloon rupture, excessive shortening, and
fractures when implanted into the RVOT.8,12

For PPV, the detection accuracy of chest x-ray surveillance
compared well to fluoroscopy in a small sample of patients
because the PPV stent material (platinum-iridium) is very
radio-opaque. However, displacement of stent components can
be missed with plain radiography. Fluoroscopy has therefore an
added benefit in facilitating the grading of stent fractures.

Of the 123 patients, 21.1% (26 of 123) developed stent
fracture during follow-up, which represents the most common
early complication after PPVI. We identified 3 variables that
pose high risk: implantation of PPV into native RVOTs, non-
calcified RVOTs, and presence of PPV recoil during balloon
deflation. All these factors might implicate higher cyclic com-
pressive stresses on the PPV. In our analysis, substernal stent
location or asymmetry of the PPV did not pose higher risk on
multivariate analysis. This is in contrast to findings in the bare
metal stent population, where both mechanisms contributed to
stent fractures.8 Our analysis might be underpowered, because
the more robust multivariate analysis might be too rigorous to
detect statistical significance in a relatively small population.
Also, we believe that not all substernal calcified conduits may be
subject to cyclic compressive stress. Some conduits that are
circumferentially calcified and adherent to sternum lack mobility
and deformation during the cardiac cycle. This situation is often
detected during angiography, where, although the cardiac cham-
bers move during the cardiac cycle, the conduit often remains
rigidly immobile behind the sternum. This immobility may,
however, contribute to the risk of residual stenosis caused by
failure to expand the stent to its intended dimension.

Importantly, higher grades of stent fracture are associated
with restenosis, which can also be seen in other modes of early

<table>
<thead>
<tr>
<th>Age at PPVI, y</th>
<th>Sex</th>
<th>Diagnosis</th>
<th>RVOT Type</th>
<th>Initial RVOT Lesion</th>
<th>Indication for Reintervention</th>
</tr>
</thead>
<tbody>
<tr>
<td>12.7</td>
<td>Male</td>
<td>Pulmonary atresia/VSD</td>
<td>18-mm Carpenter-Edwards conduit</td>
<td>Stenosis</td>
<td>Outgrowth (explantation)</td>
</tr>
<tr>
<td>10.8</td>
<td>Female</td>
<td>TGA/pulmonary stenosis/VSD</td>
<td>Homograft</td>
<td>Mixed</td>
<td>Residual stenosis caused by muscle bundle in RVOT (explantation)</td>
</tr>
<tr>
<td>15.4</td>
<td>Male</td>
<td>Pulmonary atresia/VSD</td>
<td>18-mm Homograft</td>
<td>Mixed</td>
<td>Residual stenosis caused by Hammock effect (second PPVI)</td>
</tr>
<tr>
<td>10.8</td>
<td>Male</td>
<td>Tetralogy of Fallot</td>
<td>18-mm Hancock conduit</td>
<td>Stenosis</td>
<td>Residual stenosis → stent fracture secondary to balloon dilatation</td>
</tr>
<tr>
<td>18.0</td>
<td>Male</td>
<td>Aortic valve disease (Ross procedure)</td>
<td>20-mm Homograft</td>
<td>Stenosis</td>
<td>Hammock effect → stent fracture secondary to balloon dilatation</td>
</tr>
<tr>
<td>25.7</td>
<td>Female</td>
<td>Tetralogy of Fallot</td>
<td>22-mm Homograft</td>
<td>Regurgitation</td>
<td>Hammock effect → stent fracture secondary to second PPVI</td>
</tr>
<tr>
<td>19.9</td>
<td>Male</td>
<td>Aortic valve disease (Ross procedure)</td>
<td>Homograft</td>
<td>Mixed</td>
<td>Residual stenosis → stent fracture secondary to balloon dilatation</td>
</tr>
</tbody>
</table>

VSD indicates ventricular septal defect.

Figure 5. A, Lateral chest x-ray depicts multiple stent fractures, but the degree of displacement cannot be judged with still frame. B and C, Frozen images of lateral projection during fluoroscopy delineate proximal flailing of stent components into the stent lumen (arrows).
PPVI failure. This restenosis leads to significantly shorter freedom from catheter reintervention, which underscores the need for continued surveillance. If stent fracture is diagnosed at an early stage and reintervention is warranted, repeat PPVI prolongs the lifespan of the conduit and provides a reasonable alternative to surgery, thus reducing surgical explantation. A similar strategy can be found in other studies in which patients with stent fracture received additional stents to restore stent patency and enhance integrity. In our experience, successful treatment of clinical consequences of stent fracture and freedom from reoperation justify continuous surveillance.

Limitations
Although all chest x-rays from our institution were reviewed by members of our team (J.N., S.K., L.C., P.L.) and underwent quality control, a relatively large proportion of the study population (approximately 40%) was followed-up by other specialized centers as per the recommended protocol. For these patients, image resolution and less diligent interpretation could have affected the quality of reporting. Three patients were lost to follow-up. Fluoroscopy was not performed in all patients because it was not part of the ethically approved study protocol, but fluoroscopy may influence the classification of stent fractures. The assessment of stent recoil was subjective and may reflect bias. Long-term follow-up will provide further data on late incidence of stent fractures.

Conclusion
Stent fractures occur after PPVI, but they can be managed effectively by risk stratification, systematic classification, and anticipatory management strategies. Serial x-ray and echocardiography are recommended for surveillance. Detection of stent fractures at an early stage could avert serious sequelae and prolong conduit lifespan. As more stent-based applications are introduced to clinical practice, stent fracture is likely to become a frequent clinical event that requires surveillance and early intervention.

Sources of Funding
This study was supported by the British Heart Foundation (RG/03/006).

Disclosures
Dr Khambadkone, Dr Coates, and Dr Bonhoeffer have received honoraria from Medtronic Inc. Dr Khambadkone, Dr Taylor, and Dr Bonhoeffer are consultants/advisory board members of Medtronic Inc. Dr Coates has received a British Heart Foundation Junior Fellowship Grant. Dr Bonhoeffer has an ownership interest in the Melody Valve (Medtronic Inc) and has received a British Heart Foundation Program Grant. The remaining authors report no conflicts.

References

CLINICAL PERSPECTIVE
As more stent-based applications are introduced to clinical practice, stent fracture is likely to become a frequent clinical event that will require surveillance and early intervention. We show that stent fracture is a common complication after percutaneous pulmonary valve implantation (PPVI) with an incidence up to 21.1%. On the basis of chest x-ray and echocardiographic analysis, we could stratify stent fracture into 3 types: type I, no loss of stent integrity; type II, loss of stent integrity with restenosis on echocardiography; and type III, separation of fragments or embolization. Importantly, higher grades of stent fracture (types II and III) were associated with restenosis, which led to significantly shorter freedom from catheter reintervention. Moreover, in 3 patients, progression from type I to type II occurred. This finding underscores the need for continuous surveillance with x-ray and echocardiography. To identify patients at higher risk for stent fracture, a multivariate Cox regression analysis was performed, which revealed 3 significant factors: implantation into “native” right ventricular outflow tract, no calcification along the right ventricular outflow tract (judged with fluoroscopy), and recoil of percutaneous pulmonary valve (qualitatively). Type I stent fracture did not require intervention but did require medical follow-up. However, patients with type II fracture had second percutaneous pulmonary valve implantation or were awaiting such procedure, and the isolated type III required surgical explantation. Detection of stent fracture at an early stage could avoid serious sequelae and prolong conduit lifespan. Stent fracture can be managed effectively by risk stratification, systematic classification, and anticipatory management strategies.
Risk Stratification, Systematic Classification, and Anticipatory Management Strategies for Stent Fracture After Percutaneous Pulmonary Valve Implantation
Johannes Nordmeyer, Sachin Khambadkone, Louise Coats, Silvia Schievano, Philipp Lurz, Giovanni Parenzan, Andrew M. Taylor, James E. Lock and Philipp Bonhoeffer

*Circulation.* 2007;115:1392-1397; originally published online March 5, 2007; doi: 10.1161/CIRCULATIONAHA.106.674259

*Circulation* is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 2007 American Heart Association, Inc. All rights reserved.
Print ISSN: 0009-7322. Online ISSN: 1524-4539

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circ.ahajournals.org/content/115/11/1392

Data Supplement (unedited) at:
http://circ.ahajournals.org/content/suppl/2007/03/12/CIRCULATIONAHA.106.674259.DC1

**Permissions:** Requests for permissions to reproduce figures, tables, or portions of articles originally published in *Circulation* can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the Permissions and Rights Question and Answer document.

**Reprints:** Information about reprints can be found online at:
http://www.lww.com/reprints

**Subscriptions:** Information about subscribing to *Circulation* is online at:
http://circ.ahajournals.org//subscriptions/