Evidence for Multiple Mechanisms in Human Ventricular Fibrillation

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Background—The mechanisms that sustain ventricular fibrillation (VF) in the human heart remain unclear. Experimental models have demonstrated either a periodic source (mother rotor) or multiple wavelets as the mechanism underlying VF. The aim of this study was to map electrical activity from the entire ventricular epicardium of human hearts to establish the relative roles of these mechanisms in sustaining early human VF.

Methods and Results—In 10 patients undergoing cardiac surgery, VF was induced by burst pacing, and 20 to 40 seconds of epicardial activity was sampled (1 kHz) with a sock containing 256 unipolar contact electrodes connected to a UnEmap system. Signals were interpolated from the electrode sites to a fine regular grid (100×100 points), and dominant frequencies (DFs) were calculated with a fast Fourier transform with a moving 4096-ms window (10-ms increments). Epicardial phase was calculated at each grid point with the Hilbert transform, and phase singularities and activation wavefronts were identified at 10-ms intervals. Early human VF was sustained by large coherent wavefronts punctuated by periods of disorganized wavelet behavior. The initial fitted DF intercept was $5.11 \pm 0.25$ (mean±SE) Hz ($P<0.0001$), and DF increased at a rate of $0.018\pm0.005$ Hz/s ($P<0.01$) during VF, whereas combinations of homogeneous, heterogeneous, static, and mobile DF domains were observed for each of the patients. Epicardial reentry was present in all fibrillating hearts, typically with low numbers of phase singularities. In some cases, persistent phase singularities interacted with multiple complex wavelets; in other cases, VF was driven at times by a single reentrant wave that swept the entire epicardium for several cycles.

Conclusions—Our data support both the mother rotor and multiple wavelet mechanisms of VF, which do not appear to be mutually exclusive in the human heart. (Circulation. 2006;114:536-542.)

Key Words: arrhythmia ■ electrophysiology ■ fibrillation ■ mapping ■ reentry

Several mechanisms have been shown to underlie the complex activation patterns of ventricular fibrillation (VF). The multiple wavelet mechanism, originally proposed by Moe to explain atrial fibrillation, implies that VF is sustained by multiple circulating unstable wavelets perpetuated by a sequence of wavebreak and self-regenerating reentry. Recent experimental studies indicate that this mechanism can sustain VF, particularly in tissue in which the action potential duration restitution curve has a steep slope. A second mechanism, the “mother rotor” hypothesis, proposes that VF is maintained by a single rapid periodic source of excitation that is unable to sustain uniform 1:1 conduction through the myocardium. Instead, the mother rotor produces fibrillatory conduction with intermittent conduction block, generating multiple irregular activation patterns. A hallmark of this mechanism is a stable “domain” structure in which each domain is characterized by activity at a particular dominant frequency (DF). Although both mechanisms have been demonstrated in various experimental models, their relative roles in human VF have not been established.

Editorial p 530
Clinical Perspective p 542

Mapping of VF in the intact human heart is difficult for both technical and ethical reasons, and there are few reports in the literature. A recent study in cardiac patients on cardiopulmonary bypass mapped activation wavefronts during VF over a roughly 4.5×4.5-cm region on the anterior left ventricular epicardium. Only occasional reentry was observed, with overall appearances suggestive of large wavefronts with significant organization. The authors concluded that their observations were consistent with a fairly stable mother rotor outside the mapped region or with a few constantly changing reentrant pathways and that global map-
The studies were performed after cannulation for cardiopulmonary bypass but before the beginning of bypass in 7 patients and after the beginning of bypass in 3 patients. Similar to our previous studies, an epicardial sock with 256 electrodes (interelectrode spacing, 10 mm) was fitted over the left and right ventricles (Figure 1). Unipolar epicardial electrograms were sampled at 1 kHz with the UnEmap system (Uniservices Ltd, New Zealand) with the reference channel connected to the chest retractors. VF was induced with 50-Hz burst pacing, and continuous recordings were made during the first 20 to 40 seconds of VF. A typical electrogram is illustrated in Figure 1b.

Before the experiments, the electrode sock was placed over a phantom heart model, and the 3D locations of the epicardial electrodes were digitized (Figure 1c). For analysis purposes, the electrode coordinates were projected onto a cone-shaped surface surrounding the ventricles and then down onto a circular 2D polar plot. Delaunay triangulation was used to connect the neighboring electrodes of the polar plot (Figure 1d). With this triangular mesh, the electrode potentials were linearly interpolated from the electrodes onto a fine regular grid (100×100 grid points; see Figure 1e).

Signal Preprocessing
A small number of the raw electrograms near the stimulus electrodes had a characteristic exponential settling period of ~10 seconds immediately after the burst pacing stimulus. To remove this effect and other slow variations (such as respiratory artifact) present in many of the signals, we applied the following preprocessing stage across all the signals. For each electrode, we fitted a model with a

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**Table 1: Patient Characteristics**

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<th>RCA</th>
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CAD indicates coronary artery disease; AVD, aortic valve disease; LAD, left anterior descending artery; LCx, left circumflex artery; RCA, right coronary artery; EF, ejection fraction; MI, myocardial infarction; LMS, left main stem; N, no hemodynamically significant stenosis (ie, <50% narrowing); Mild, 50% to 70% stenosis; Mod, moderate (70% to 90%) stenosis; S, severe (>90%) stenosis; ACEI, angiotensin-converting enzyme inhibitor; On, during cardiopulmonary bypass; Off, before cardiopulmonary bypass; LVDd, left ventricular diastolic dimension; LVDs, left ventricular systolic dimension; LVPWd, left ventricular posterior wall diastolic dimension; and IVSd, intraventricular septum diastolic dimension.
constant offset (signal mean), an exponential term, and a sinusoidal term (with a period of 4 seconds) to account for the respiration artifact. We then subtracted this fitted signal from the raw signal. One of the consequences of this step was that the mean of each preprocessed signal was very close to zero.

**DF Analysis**

DFs were computed for each electrode signal using the fast Fourier transform with a rectangular window size of 4096 ms. DF was calculated as the frequency of the dominant peak in the power spectrum. This provided a frequency resolution of \(\approx 0.24 \text{ Hz}\). We used the spectrogram to represent each signal in the time-frequency domain. The temporal evolution of mean DF was determined with a window shift increment of 10 ms.

**Selection of Electrograms**

A proportion of the signals had poor signal-to-noise ratios, which were typically due to poor electrical contact with the ventricular tissue. We used the fast Fourier transform data to reject these signals because the main source of noise was a combination of baseline movement and electrical interference. Only signals with a DF within the range of 1.5 to 45 Hz were selected for further analysis, beginning with the signal interpolation procedure. As a result, the mean \(\pm SD\) number of viable electrodes was 171 \(\pm 41\) (\(n = 10\); range, 115 to 246 electrodes; see Data Supplement Figure I).

**Activation Times, Phase, Phase Singularities, and Wavefronts**

Activation times were computed from the electrograms using the minimum \(dV/dt\), which varied in magnitude within and between hearts. The median value across all activations for each heart was between 0.21 and 0.46 mV/s, whereas 80% of all activations across all 10 hearts had minimum \(dV/dt\) between \(-1.0\) and \(-0.05\) mV/s. We assumed a minimum refractory period of 100 ms, so after an activation time, the subsequent activation for the same electrogram was assumed to occur between 100 and 300 ms later. Activation wavefronts correspond to spatial isochrones of activation time.

Wavefronts generally involved large areas of the epicardial surface in each of the recordings. Figure 3 shows a typical example of this coherent activity propagating across the ventricular epicardium from left to right. This wavefront involved observed across the ventricular epicardium during VF. Animated epicardial wavefronts during the entire VF recordings for each of the patients are shown in Data Supplement Movies I through X.
almost the entire epicardial surface. Data Supplement Movies I through X show the wavefronts for each of the patients.

**Overall DF**

The mean DF for each recording increased over time during early VF, as illustrated in Figure 4. At the onset of VF, the fitted global mean $\pm$ SE DF intercept was $5.11 \pm 0.25$ Hz ($P<0.0001$). During early VF, the mean DF significantly increased at a rate of $0.018 \pm 0.005$ Hz/s ($P<0.01$). There was no statistically significant effect of pathology on either the initial DF or the rate of change of DF.

**DF Maps**

Within the context of gradually increasing DF, we observed a rich variety in the spatial distribution of DF. There were 3 broad types of behavior: homogeneous-static, in which DF was spatially homogeneous and the pattern showed little change during the entire VF recording; heterogeneous-mobile, in which DF was spatially heterogeneous and the patterns of DF varied over time; and heterogeneous-static, in which DF was spatially heterogeneous but this pattern showed little change over time. Figure 5 shows examples of each type of behavior taken from 3 different patients.

In 6 patients, we observed a heterogeneous-static DF domain structure during the entire VF recording, whereas 2 patients maintained a homogeneous-static behavior during the entire VF recording. DF mobility was observed for brief periods for the remaining 2 patients. Data Supplement Movies I through X show the evolution of DF for each of the patients.

**Epicardial Reentry**

We observed epicardial reentry in all of the recordings, with a varying number of PSs. A very clear example of reentry is shown in Figure 6, with simultaneous snapshots of voltage (top row), phase (middle row), and PS and wavefront trajectories (lower row). Bands of equal phase can be seen to converge at a PS. Electrode traces from 4 electrodes surrounding this point are also shown in Figure 6; the arrows indicate the sequence of reentrant activation.

**VF Mechanisms**

The most striking finding of this study was that our observations were consistent with the idea that a single episode of human VF could be sustained by multiple mechanisms. Figure 7 illustrates this phenomenon for 1 recording. The first column shows a snapshot in which VF was sustained by a single epicardial PS. This PS supported 5 cycles of counterclockwise reentry, and during this activity the DF map was heterogeneous-static. This period of coherent activity then degenerated. Initially, the degenerate epicardial activity was characterized by epicardial breakthroughs, as shown in the second column of Figure 7, and later it was characterized by complex patterns of wavebreak and reentry, as shown in the third column of Figure 7. This period of complex activity was associated with a heterogeneous-mobile pattern of DF. A clockwise reentrant wave then became established on the RV epicardium (fourth column of Figure 7), heralding a return to more coherent activity, which lasted for $\approx 20$ cycles of reentry.

Multiple periods of organized epicardial reentry, epicardial breakthrough, and/or complex wavebreak activity were observed at various stages during early VF for each patient, but there was no apparent repeatability in the combinations of these behaviors within or between the fibrillating hearts.

Even during complex reentrant activity, some PSs appeared more persistent than others, as illustrated in Figure 8 for 3 different hearts. Figure 8a shows a PS that persisted on the LV epicardium of 1 heart for $\approx 5$ seconds spanning 30 cycles. Figure 8b shows a PS that persisted on the anterior epicardium of another patient for $\approx 5$ seconds spanning 20 cycles. This fewer number of cycles over the same time period is consistent with the lower mean DF, as illustrated in Figure 4 (compare traces for h028 against h032). Figure 8c illustrates a rapidly mobile PS as it moved from the left to right ventricular epicardium over 9 cycles in 2 seconds. In each case, the persistent PS interacted with several other short-lived PSs and wavefronts. As demonstrated in Data Supplement Movies I through X, persistent epicardial rotors (PSs) were present in all hearts regardless of pathology, and approximately equal numbers of these persistent
rotors were stationary (such as that illustrated in Figure 6) and mobile (such as that in Figure 8c). Over all patients, we typically observed low numbers of epicardial PSs, as illustrated in Figure 8d, with 0 epicardial PS present for \( \approx 4\% \) of the time, just 1 PS present for 4% of the time, \( \leq 5 \) PSs for 43% of the time, and \( \leq 10 \) PSs for 84% of the time.

**Discussion**

This study mapped the entire ventricular epicardium during early human VF. We found that VF was sustained predominantly by reentry. During a single episode of VF, we observed that activity was at times driven by a single epicardial reentrant source, whereas at other times, multiple reentrant sources sustained the fibrillatory activity. We conclude that there is evidence for both mechanisms of VF in the human heart and that these mechanisms are not mutually exclusive.

**Size of Activation Waves**

In a previous study of VF in the human heart, Nanthakumar et al.\(^5\) showed repeatable large wavefronts on a portion of the anterior ventricular epicardium. Our findings are consistent with this observation (Figure 3) and extend this idea to the entire human ventricular epicardium. This finding, together with other studies that measured activity on the human ventricular endocardium,\(^15\) indicates that human VF is characterized by activation wavefronts that tend to be large and coherent.

**Dominant Frequency**

The mean DF increased during VF in all patients (Figure 4). Studies of the body surface ECG during the initial stages of spontaneous human VF have reported comparable findings.\(^16\) This is consistent with the interpretation that the burst pacing–induced fibrillation in the present study is similar to...
Measurements were limited to the epicardium only, so we are not able to locate reentrant sources on the endocardial surface or within the ventricular wall. Second, our measurements were made during cardiac surgery; therefore, we were not able to assess independently the impact of anesthesia, cannulation, or other aspects of the surgical procedure. Although we did not include signals from electrodes with poor electrical contact in our analysis, some of the voltage and phase maps showed transient features that could be artifact arising from movement of the heart. Third, as in another study of human VF, the patients in this study were on a variety of drug regimens. Although these drugs may influence the VF mechanism, it should be noted that these drug regimens are typical for patients at risk of spontaneous VF. Fourth, the initiation of VF in this study was by burst pacing and thus may not correspond exactly to spontaneous VF.

The other important limitation in this study was the spatial resolution of the electrodes. Experimental studies of VF mechanisms in animal hearts typically use voltage-sensitive fluorescent dyes to map electrical activity across thousands of pixels. It is not appropriate to use such dyes for mapping the human heart because of their toxicity and the fact that electromechanical uncoupling agents are typically required. We fitted an electrode sock over the entire ventricular epicardium, and the array of contact electrodes were spaced \( \approx 10 \text{ mm} \) apart. This large spatial resolution could have resulted in an underestimate of the complexity of activity during human VF. However, the study of Nanthakumar et al\(^6\) used an electrode plaque with a spacing of 2 mm. Both our results and those of Nanthakumar et al support the idea of coherent epicardial activity observed in this study (eg, Figure 6) are truly representative.

Reentrant Sources

In each patient, we observed periods when the configuration of reentry was stable over several cycles (see Data Supplement Movies I through X). These periods of stability were punctuated by periods of more complex activity, as illustrated in Figure 7. From this, we could speculate that the engine of VF in the human heart is a relatively small number of quasi-static reentrant sources, which periodically break down into multiple wavelets. However, a more detailed analysis is required to firmly establish this notion.

The 2 periods of stability illustrated in Figure 7 show PSs of opposite chirality located in the lateral right ventricular epicardium and suggest that in this case an anatomic obstacle may be acting to pin the reentrant source. However, the data shown in Figure 8 are from different patients and indicate that a persistent PS also could be mobile.

Study Limitations

There are 5 main limitations to this analysis. First, our measurements were limited to the epicardium only, so we were not able to locate reentrant sources on the endocardial surface or within the ventricular wall. Second, our measurements were made during cardiac surgery; therefore, we were not able to assess independently the impact of anesthesia, cannulation, or other aspects of the surgical procedure. Although we did not include signals from electrodes with poor electrical contact in our analysis, some of the voltage and phase maps showed transient features that could be artifact arising from movement of the heart. Third, as in another study of human VF, the patients in this study were on a variety of drug regimens. Although these drugs may influence the VF mechanism, it should be noted that these drug regimens are typical for patients at risk of spontaneous VF. Fourth, the initiation of VF in this study was by burst pacing and thus may not correspond exactly to spontaneous VF.

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Mechanisms Sustaining Human VF

The mechanisms that sustain VF remain controversial. Some experimental studies support the idea of a single periodic source, yet others support the idea of multiple interacting wavelets.\(^3,17,21\) Our findings from the intact, in situ human heart indicate that both mechanisms exist and are not mutually exclusive during human VF. We observed periods of VF consistent with each mechanism; an example of each is shown in Figure 7. Our approach enabled us to measure activity only on the epicardial surface; as already noted, we...
could not observe activity within the ventricular wall or septum. Hence, we could not exclude the possibility of a persistent mother rotor concealed within these regions.

It was not possible in this study to identify unequivocal transitions from mother rotor to multiple wavelets. Nevertheless, the observations from this study strongly suggest that these transitions do occur. Neither a single persistent mother rotor nor a purely multiple wavelet mechanism are wholly consistent with our observations. We observed mobile DF maps, which are not consistent with a stable mother rotor, and we observed a relatively small number of stable epicardial PSs, which are not consistent with the large incidence of transient wavebreak observed during multiple wavelet VF. Instead, our observations are consistent with a small number of mobile or stationary reentrant sources that intermittently break up into multiple sources and then coalesce again into a small number of reentrant sources. There are possible links between this observation and modeling studies that show intermittent organization of reentry.

Further studies are needed to elucidate these findings in more detail and to determine the conditions that modulate this behavior. These include increasing or decreasing mobility of reentrant sources and increasing or decreasing breakup and stability of rotors. This further work would have clinically important implications in providing a step toward defining targets accessible to therapeutic intervention.

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Disclosures
None.

References

CLINICAL PERSPECTIVE
The design of therapies to prevent and terminate ventricular fibrillation (VF) is limited by the lack of precise understanding of VF mechanisms in humans. VF has been studied extensively in animal models from which 2 major mechanisms are favored. One postulates that multiple self-sustaining reentry wavelets circulating through the ventricles maintain VF. A more recent suggestion is that a large single “mother rotor” exists and generates waves that break up as they propagate across the ventricles, thus creating the disorganized appearance. Detailed mapping observations in humans are limited. We recorded detailed epicardial maps of VF during 20 to 40 seconds of VF induced at the time of cardiac surgery. The findings suggest that both mechanisms occur in humans and may be present simultaneously. Because different therapeutic strategies have been proposed for each mechanism, including altering various combinations of refractoriness, and the restitution properties of action potential duration or conduction velocity, the coexistence of both mechanisms is likely to have considerable impact on any potential pharmacological approach to the prevention of VF.
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