Foxo Transcription Factors Blunt Cardiac Hypertrophy by Inhibiting Calcineurin Signaling

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Background—Cellular hypertrophy requires coordinated regulation of progrowth and antigrowth mechanisms. In cultured neonatal cardiomyocytes, Foxo transcription factors trigger an atrophy-related gene program that counters hypertrophic growth. However, downstream molecular events are not yet well defined.

Methods and Results—Here, we report that expression of either Foxo1 or Foxo3 in cardiomyocytes attenuates calcineurin phosphatase activity and inhibits agonist-induced hypertrophic growth. Consistent with these results, Foxo proteins decrease calcineurin phosphatase activity and repress both basal and hypertrophic agonist-induced expression of MCIP1.4, a direct downstream target of the calcineurin/NFAT pathway. Furthermore, hearts from Foxo3-null mice exhibit increased MCIP1.4 abundance and a hypertrophic phenotype with normal systolic function at baseline. Together, these results suggest that Foxo proteins repress cardiac growth at least in part through inhibition of the calcineurin/NFAT pathway. Given that hypertrophic growth of the heart occurs in multiple contexts, our findings also suggest that certain hypertrophic signals are capable of overriding the antigrowth program induced by Foxo. Consistent with this, multiple hypertrophic agonists triggered inactivation of Foxo proteins in cardiomyocytes through a mechanism requiring the PI3K/Akt pathway. In addition, both Foxo1 and Foxo3 are phosphorylated and consequently inactivated in hearts undergoing hypertrophic growth induced by hemodynamic stress.

Conclusions—This study suggests that inhibition of the calcineurin/NFAT signaling cascade by Foxo and release of this repressive action by the PI3K/Akt pathway are important mechanisms whereby Foxo factors govern cell growth in the heart. (Circulation. 2006;114:1159-1168.)

Key Words: angiotensin ■ calcineurin ■ hypertrophy

In response to stress from neurohumoral activation, hypertension, or other myocardial injury, the heart initially compensates with an adaptive hypertrophic increase in mass. The resulting growth and remodeling response alters the balance between protein synthesis and protein degradation. In skeletal muscle, activation of progrowth signaling pathways is accompanied by deactivation of pathways that promote proteolysis. Prominent among the atrophy-inducing pathways are those governed by Forkhead box transcription factors, O subfamily (Foxo).

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Foxo transcription factors regulate key physiological functions, including responses to stress, cell-cycle progression, protein degradation, and apoptosis.1,2 There are 4 mammalian Foxo genes: Foxo1 (FKHR), Foxo3 (FKHRL1), Foxo4 (AFX), and Foxo6. The transcriptional activities of Foxo proteins are governed by posttranslational modifications such as phosphorylation and acetylation. With respect to myocyte growth and remodeling, Foxo proteins induce ubiquitin ligases and promote proteolysis in skeletal muscle.3,4 In heart, a number of signaling cascades involving transcription factors, kinases, and G-protein–coupled receptors are implicated in the regulation of muscle growth (see reviews5–7). Among these, the calcineurin/nuclear factor of activated T cells (NFAT) pathway has been shown to be a key signaling cascade that promotes cardiac hypertrophy.8 It has been reported recently that calcineurin is a target for ubiquitin-mediated proteolysis via the E3 ubiquitin ligase atrogin-1.9 Atrogin-1 expression is under the control of Foxo transcription factors.3,4 Atrogin-1 expression suppresses cardiac hypertrophy9 and is upregulated in and required for skeletal muscle atrophy.10,11 Thus far, the direct

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effect of Foxo factors on calcineurin/NFAT signaling has not been explored.

Here, we demonstrate that overexpression of either Foxo1 or Foxo3 decreases calcineurin phosphatase activity and reduces the basal and agonist-induced expression of the modulatory calcineurin interacting protein, exon 4 isoform (MCIP1.4), a direct target of the calcineurin/NFAT pathway.12,13 In addition, Foxo proteins inhibit agonist-induced MCIP1.4 expression and hypertrophic growth in cardiomyocytes. This inhibition occurs at the transcriptional level and therefore is consistent with the finding that Foxo proteins downregulate calcineurin/NFAT signaling. Moreover, hearts from Foxo3-null mice have elevated levels of MCIP1.4 and manifest a hypertrophic phenotype, both of which are consistent with enhanced calcineurin activity. Given that hypertrophic growth of the heart occurs in multiple contexts, our findings also suggest that certain hypertrophic signals are capable of overriding the antigrowth program induced by Foxo. Consistent with this, we find that multiple progrowth triggers inactivate Foxo proteins in cardiac myocytes through a mechanism requiring the PI3K/Akt pathway. Together, these results suggest that inhibition of the calcineurin/NFAT signaling cascade by Foxo and release of this inhibition by the PI3K/Akt pathway are major mechanisms whereby Foxo factors govern cell growth in the heart.

Methods

Primary Cardiac Cell Preparation and Adenovirus Infection

Neonatal rat ventricular myocytes were isolated from the ventricles of Sprague-Dawley rats on postnatal day 1 to 2. Cells were preplated (2 hours) to enrich for cardiac myocytes, plated at a density of 1200 cells/mm², and cultivated for 24 hours in Dulbecco’s modified Eagle’s medium (DMEM/M199 (3:1) containing 5% FBS, 10% horse serum, and 100 μmol/L bromodeoxyuridine (Brdu; Sigma). At 24 hours after plating, the culture media was replaced with serum-free DMEM/M199. As assessed by immunohistochemistry with a monoclonal antibody against sarcomeric α-actinin, ≥95% of the cells were cardiac myocytes at harvest.

Neonatal rat cardiac fibroblasts were prepared by 2 to 3 passages of cells adhering to the Petri dish during the preplating procedure. Cells were maintained in DMEM/M199 containing 10% FBS without Brdu.

For adenovirus-mediated protein overexpression, at 24 hours after plating, cells were incubated for 2 hours with adenovirus at a multiplicity of infection of 10 to 50 plaque-forming units per cell; then, the virus was removed, and cells were cultured for an additional 24 to 48 hours in fresh serum-free DMEM/M199. Under these conditions, infection efficiency routinely exceeded 90%.

Thoracic Aortic Banding

Male C57BL6 mice (6 to 8 weeks old) were subjected to thoracic aortic constriction. At 3 weeks, when the hypertrophic response reaches steady state,14 the integrity of aortic banding was confirmed by inspection of the surgical constriction and by visualization of marked differences in caliber of the right and left carotid arteries. In some animals, transstenotic pressures were measured as described.14

Frox3-Null Mice

Foxo3-null mice were generated as previously described.15 Foxo3+/− animals were backcrossed 6 times to FVB/n females, and the progeny of these matings were intercrossed with littermates to generate the experimental cohort.

Statistical Analysis

Data are expressed as mean±SEM. Unless otherwise specified, triplicate or quadruplicate samples were used, and each experiment was repeated at least twice. Statistical significance was analyzed with a Student unpaired t test or 1-way ANOVA, followed by Bonferroni correction for post hoc pairwise multiple comparisons. Values of P<0.05 were considered significant.

An expanded Methods section is provided in the online Data Supplement.

The authors had full access to the data and take full responsibility for their integrity. All authors have read and agree to the manuscript as written.

Results

Overexpression of Foxo1 Decreases Calcineurin Activity and MCIP1.4 Expression

To investigate the effects of Foxo transcription factors on the calcineurin/NFAT signaling cascade, we infected neonatal cardiomyocytes with adenovirus expressing Foxo1 or Foxo3. Relative to green fluorescent protein (GFP)–infected control cells, cells expressing constitutively active Foxo1 (caFoxo1) or caFoxo3 showed a significant decrease in endogenous calcineurin phosphatase activity (Figure 1A). A decrease in calcineurin activity should diminish expression of downstream targets of the calcineurin/NFAT pathway. Therefore, we examined expression of the exon 4 isoform of MCIP1.4, a direct target of NFAT. In cells overexpressing either Foxo1 or Foxo3, there was a marked decrease in the abundance of MCIP1.4 protein (Figure 1B and 1C). MCIP1.4 mRNA levels, quantified by real-time reverse-transcription polymerase chain reaction (RT-PCR), also were reduced significantly (Figure 1D). In contrast, overexpression of either Foxo1 or Foxo3 did not affect the abundance of MCIP1.1, a splice variant that is not regulated by calcineurin/NFAT.

The proximal MCIP1.4 promoter region contains multiple NFAT-responsive elements (Figure 1E).13 Further studies explored the effect of Foxo proteins on the activity of the MCIP1.4 promoter, revealing that overexpression of caFoxo1 markedly decreased MCIP1.4 promoter activity (Figure 1F). Together, these findings suggest that Foxo factors decrease calcineurin/NFAT signaling in cardiac myocytes.

It has been reported that the E3-ubiquitin ligase atrogin-1, the expression of which is driven by Foxo factors, directly interacts with calcineurin and promotes its proteasomal degradation.9 Semiquantitative RT-PCR showed that overexpression of caFoxo1 led to elevated levels of atrogin-1 in cardiomyocytes (Figure 1G), demonstrating that Foxo1 induces the “atrogene program” in cardiomyocytes, as shown recently for Foxo3.16

Overexpression of Foxo Inhibits Angiotensin II–Induced Hypertrophic Growth

Activation of the calcineurin/NFAT pathway is sufficient to induce hypertrophic growth of the heart,9 and inhibition of calcineurin prevents hypertrophic growth in response to multiple stimuli.5 Given that Foxo1 inhibits calcineurin activity, we hypothesized that Foxo1 overexpression would blunt hypertrophic growth of cardiomyocytes. Indeed, in cardiomyocytes overexpressing GFP, angiotensin (Ang) II (100
nmol/L) provoked significant increases in both protein synthesis and cell size, but not in cells overexpressing Foxo1 or caFoxo1 (Figure 2A through 2C). Thus, activated Foxo1 opposes cell growth. We also examined the effect of increased Foxo1 activity on the expression of the β-myosin heavy chain (β-MHC) gene, the expression of which is often induced in pathological hypertrophy and requires calcineurin activity. PCR analysis revealed that overexpression of caFoxo1 blocked both basal and Ang II–induced β-MHC expression (Figure 2D). The marked decreases in the levels of β-MHC and MCIP1.4 transcript in Foxo1-expressing cells were not due to potential proapoptotic effects of Foxo1 because Western blot analysis revealed no increase in cleavage of caspase 3 by Foxo1 (Figure 2E) and there was no loss of total cell number.

Because an increase in calcineurin activity has been observed with agonist-induced hypertrophy in cardiomyocytes, we next examined the effects of Foxo1 on calcineurin

Figure 1. Activation of Foxo1 inhibits endogenous calcineurin activity. Myocytes were infected with adenovirus as indicated. A, At 48 hours after infection, cells were harvested and calcineurin phosphatase activity was measured. B and C, Western blots and densitometric analysis of calcineurin, MCIP1.1, and MCIP1.4 in whole-cell lysates harvested 48 hours after infection. D, mRNA levels of atrogin-1 and GAPDH were detected by RT-PCR 24 hours after infection. E, Schematic of the MCIP1.4-luciferase construct. F, Myocytes were coinfected with adenovirus encoding MCIP1.4-luc plus GFP or caFoxo1-GFP and processed for luciferase activity. G, Cells were infected with adenovirus (48 hours), and MCIP1.4 and GAPDH mRNA levels were determined by real-time PCR. Data are mean±SEM (n=6 to 8). *P≤0.05; **P≤0.01; ***P≤0.001.

Figure 2. Foxo1 activity inhibits Ang-II–induced hypertrophic growth in cardiomyocytes. A, Myocytes were cultured and infected with adenovirus and treated with Ang II (48 hours). Cells were then assayed for [³H]leucine incorporation normalized to cellular DNA content. B, Representative fields of cardiomyocytes stained with an α-actinin antibody. C, Quantification of cell cross-sectional area from experiments shown in B. Sixty-five to 75 randomly selected cells from each group were measured. D, β-MHC mRNA levels were measured by real-time PCR. E, Western blots of caspase 3 in whole-cell lysates harvested from myocytes 48 hours after adenovirus infection (A, D, n=8; C, n=65 to 75). *P≤0.05. ***P≤0.001 vs untreated control; ††P≤0.01, †††P≤0.001 vs respective GFP control group.
activation triggered by insulin-like growth factor (IGF)-1 or Ang II. Western blot analysis showed that in cells overexpressing GFP, IGF-1 (10 nmol/L) induced a slight increase in calcineurin protein abundance and a robust increase in the level of MCIP1.4 protein, suggesting that calcineurin activity was elevated (Figure 3A and 3B). However, in cells overexpressing caFoxo1, agonist-triggered increases in calcineurin and MCIP1.4 abundance were both abolished (Figure 3C). Consistent with our previous experiments (Figure 1), forced expression of caFoxo1 also diminished the basal expression of MCIP1.4, indicating diminished tonic activation of calcineurin.

Cardiofibroblasts contribute through paracrine mechanisms to the effects of Ang II on myocyte growth; hence, they may respond to changes in Foxo activity. To test this, we examined the effects of Foxo1 overexpression on Ang II–induced Erk activation in cultured neonatal cardiofibroblasts because the Erk signaling pathway is important for Ang II paracrine effects.20,21 Western blot analyses showed that overexpression of Foxo1 did not alter Ang II–induced Erk activation (Figure I in the online Data Supplement), indicating that Foxo does not antagonize this step in Ang II activation of fibroblasts. This finding suggests that inhibition of cardiac hypertrophy by Foxo is a direct effect on intracellular myocyte signaling rather than an alteration of paracrine mechanisms.

Figure 3. Activation of Foxo1 blunts agonist-induced MCIP1.4 expression. Serum-starved myocytes were infected and treated with IGF-1 (A, B) or Ang II (C, D), and the protein levels of calcineurin and MCIP1 were analyzed (n=6). *P<0.05 vs untreated control; ††P<0.01 vs respective GFP control group.

Figure 4. Foxo3-null mice are hypertrophic. A and B, Western blot analysis of MCIP1.4 protein levels in extracts from sham-operated or TAB LVs from Foxo3–knockout (ko) or wild-type (wt) mice (n=6 to 8). **P<0.01 vs sham-operated; †P<0.05 vs wt sham group. C, Heart weight/body weight (HW/BW; left) and heart weight/tibia length (HW/T; right) ratios of control, sham-operated, or TAB mice 3 weeks after surgery. Male Foxo3-null mice and wild-type littermates were studied at 12 weeks.

Foxo3-Null Hearts Have Elevated MCIP1.4 Levels and Are Hypertrophic

These findings demonstrate that an increase in either Foxo1 or Foxo3 activity inhibits the growth of cardiomyocytes in culture by suppressing the calcineurin/NFAT signaling cascade. To investigate whether a decrease in Foxo function increases calcineurin/NFAT signaling and enhances myocardial growth in vivo, we studied mice with targeted deletion of the Foxo3 gene (targeted deletion of Foxo1 is embryonic lethal15). Western blot analysis demonstrated that MCIP1.4 protein abundance was elevated in hearts from Foxo3-null mice at 12 weeks of age (Figure 4A and 4B), suggesting increased calcineurin activation, presumably from removal of
tonic repression by Foxo. Furthermore, relative to wild-type littersmates, Foxo3-null mice displayed a highly reproducible \( \approx 10\% \) increase in heart mass \((P<0.01)\), measured as heart weight normalized to either body weight or tibia length (Figure 4C). These increases could not be attributed to differences in body size because body weight (wild type, 29.5 ± 0.4 g; knockout, 30.9 ± 0.6 g) and tibia length (wild type, 17.4 ± 0.1 mm; knockout, 17.5 ± 0.1 mm) were similar \((P>0.05)\) between wild-type and Foxo3-null littersmates.

RNA analyses revealed no discernable changes in atrial natriuretic factor and \( \beta \)-MHC expression between wild-type and Foxo3-null hearts (data not shown), and systolic function in Foxo3-null mice was normal as assessed by echocardiography\(^{22}\) (Table I in the online Data Supplement). Together, these results support the notion that loss of Foxo function enhances calcineurin signaling and cardiac growth.

To examine the function of Foxo proteins during hypertrophic growth in vivo, we assessed the growth response of Foxo3-null mice to thoracic aortic banding (TAB). Interestingly, pressure stress induced by TAB triggered similar degrees of hypertrophic growth in Foxo3-null mice relative to wild-type littersmates (Figure 4C), and TAB-induced increases in MCIP1.4 abundance were not altered by loss of Foxo3 (Figure 4A and 4B). As expected, TAB induced robust increases in cardiac mass without evidence of left- or right-heart failure manifested as edematous congestion of lung or liver (Table II in the online Data Supplement). These findings—that wild-type and Foxo3-null mice manifest similar hypertrophic growth relative to their starting weight—are consistent with Foxo proteins being inactivated in the setting of pressure stress, resulting in the release of calcineurin from their inhibitory action.

**Foxo Proteins Are Inactivated During Load-Induced Cardiac Hypertrophy**

Robust hypertrophic growth in pressure-stressed heart suggests that the antigrowth effects of Foxo are antagonized. To investigate this, we assessed the phosphorylation level of Foxo proteins in TAB animals. Analysis of left ventricular (LV) extracts from TAB mice revealed marked increases in phosphorylated Foxo1 and Foxo3 relative to sham-operated controls (Figure 5A and 5B) detected as early as 3 days after aortic constriction (Figure 5C). No appreciable changes in the levels of total Foxo3 protein were detected. (In our hands, commercially available antibodies do not detect endogenous Foxo1 in cardiomyocytes or mouse LV.) These findings are consistent with Foxo protein inactivation by pressure stress.

**Multiple Prohypertrophic Agonists Inactivate Foxo**

To test whether Foxo factors are inactivated by other prohypertrophic factors, we first examined the effect of Ang II treatment on endogenous Foxo proteins. In serum-starved cardiomyocytes, Ang II treatment induced a time-dependent increase in the levels of phosphorylated Foxo1 and Foxo3 without affecting total protein levels (Figure 6A and 6B). Phosphorylation of Foxo occurred at an Akt consensus site (Thr24/32) and reached maximal levels by 15 to 30 minutes after Ang II treatment. Several other hypertrophic agonists, including phenylephrine (PE), iso-
inhibitors of calcineurin (CsA), cAMP-dependent protein kinase (H-89), protein kinase C (Gö6976), and p38 MAP kinase (SB202190) had no significant effect on Ang II–induced phosphorylation of Akt, Foxo1, or Foxo3 (Figure 7H and 7I). LY294002 also reduced basal levels of phosphorylated Foxo1 and Foxo3, presumably by inhibiting basal Akt activity; none of the other inhibitors had detectable effects on basal Foxo phosphorylation when tested alone (data not shown). Taken together, these results strongly suggest that Ang II inactivates Foxo proteins mainly through the PI3K/Akt pathway.

Discussion

In this study, we demonstrate that Foxo1 and Foxo3 transcription factors inhibit cardiac hypertrophy as a result, at least in part, of suppression of calcineurin/NFAT signaling. Increased Foxo activity induces the expression of atrogin-1, an E3 ubiquitin ligase that promotes calcineurin proteolysis. This, in turn, leads to remarkable decreases in calcineurin phosphatase activity and reduced expression of its downstream target MCIP1.4. The decrease in MCIP1.4 expression occurs at the transcriptional level because Foxo suppresses MCIP1.4 promoter activity and reduces MCIP1.4 mRNA abundance. These results strongly suggest that Foxo activity downregulates calcineurin/NFAT signaling. Consistent with these results, Foxo3-null mice express more MCIP1.4 protein and manifest a cardiac hypertrophic phenotype under basal conditions. Our studies also show that Foxo proteins are inactivated by hemodynamic stress and by several hypertrophic ligands through a mechanism involving the PI3K/Akt pathway. These studies provide strong evidence that Foxo transcription factors attenuate calcineurin/NFAT signaling and are negative modulators of cardiac muscle growth. These repressive actions of Foxo are released in the presence of hypertrophic stimuli via mechanisms involving PI3K (Figure 8).

Overexpression of Foxo1 in skeletal muscle resulted in both calcineurin-dependent slow muscle fiber loss and a decrease in total muscle mass. Therefore, Foxo1 activity in skeletal muscle may affect both calcineurin-dependent events and general protein degradation. Similarly, the antihypertrophic effects of Foxo in cardiac muscle may be mediated by mechanisms beyond targeting calcineurin signaling. For example, Foxo may counter cardiomyocyte growth through promotion of bulk sarcomeric protein degradation or through ubiquitin proteasome–dependent proteolysis.

It is important to note that Foxo proteins are not functionally interchangeable; Foxo1 knockout mice are embryonically nonviable, whereas Foxo3-null mice are...
viable. However, the present study, together with studies from others, demonstrates that both Foxo1 and Foxo3 have antigrowth functions in the heart and may work through similar mechanisms.

**Regulation of Calcineurin Signaling**

This study demonstrates for the first time that increased Foxo activity provokes a remarkable decrease in calcineurin/NFAT signaling. In Foxo1- or Foxo3-virus-infected myocytes, declines in calcineurin protein abundance are modest; however, there is a marked decrease in calcineurin activity and in both MCIP1.4 protein and transcript levels. MCIP1.4 is an endogenous modulator of calcineurin, the expression of which is controlled by calcineurin/NFAT. In cells, equilibrium is established between the abundance of MCIP1.4 protein and calcineurin activity. Therefore, MCIP1.4 protein abundance can serve as a functional surrogate for calcineurin activity. In fact, because calcineurin activation requires the binding of calcium and calmodulin, MCIP1.4 expression is a better measure of calcineurin activity than calcineurin protein levels because protein levels reflect both active and inactive calcineurin. This is supported by our results in cardiomyocytes, in which treatment with Ang II provoked marked increases in MCIP1.4 protein abundance, which paralleled increases in cell size. Previous studies have also shown that several other hypertrophic agonists, including PE, endothelin-1, and PAMH, promote a calcineurin-dependent increase in MCIP1.4 expression.

**Figure 7.** Ang II induces Foxo phosphorylation through the PI3K/Akt pathway. A–D, Western blots and densitometric analysis of levels of phosphorylated Foxo1 and phosphorylated Foxo3. Serum-starved cardiomyocytes were treated with Ang II, PE (10 μmol/L), or ISO (10 nmol/L) for indicated durations. E–G, LY294002 blocks Ang II–induced increases in Foxo phosphorylation (E, F) and Foxo1-GFP nuclear export (G). Serum-starved neonatal rat ventricular myocytes were preincubated with LY294002 (1 hour) before treatment with Ang II (30 minutes). H, I, Ang II–induced phosphorylation of both Foxo and Akt was blocked by LY294002 but not by inhibitors of other kinases. Western blots (H) and densitometric analysis (I) of levels of phosphorylated Foxo1 and phosphorylated Foxo3 (n = 4). *P < 0.05, **P < 0.001 vs vehicle-treated or Ang II–alone controls.
expression that is not calcineurin dependent,13 was not affected by forced Foxo expression.

Previous studies from our group have shown that the expression of β-MHC is dependent on calcineurin activity in vivo.18 Here, we observed that overexpression of Foxo1 in cardiomyocytes led to a significant loss of β-MHC expression and that of MCIP1.4 (Figure 2). These results agree with our finding of >50% reduction in calcineurin phosphatase activity in cells overexpressing Foxo1 (Figure 1A).

Foxo activity induces atrogin-1 expression, which likely contributes to the decreased calcineurin activity we observed in this study.9 The observed changes in calcineurin activity and MCIP1.4 levels are more pronounced than the changes in calcineurin protein levels (Figures 1 and 3). It is possible that under resting conditions the majority of calcineurin protein is inactive, and atrogin-1 preferentially targets the activated form of the enzyme. In addition, some evidence suggests that hypertrophic agonists mainly inactivate calcineurin by phosphorylation and consequent Foxo inhibition through the PI3K/Akt pathway. Activation of Foxo inhibits hypertrophic growth, at least in part, by blunting calcineurin-mediated pro-growth pathways.

Suppression of MCIP1.4 Expression by Foxo

Our studies show that overexpression of Foxo1 or Foxo3 potently suppressed both basal and agonist-induced MCIP1.4 protein abundance and that these effects took place at the transcriptional level. We provide evidence for indirect inhibition of MCIP1.4 by Foxo through downregulation of calcineurin activity. However, it remains possible that Foxo affects MCIP1.4 protein abundance through additional mechanisms that do not involve calcineurin. For instance, the MCIP1.4 protein itself may be a target of atrogin-1. Alternatively, Foxo proteins may serve as transcriptional repressors of the MCIP1.4 gene. Indeed, we have identified a consensus Foxo binding site in the MCIP1.4 promoter and are currently investigating these alternative modes of Foxo function.

MCIP1.4 protein expression in Foxo3-null hearts is elevated compared with wild-type hearts, presumably because of reduced ubiquitin ligase activity. After TAB surgery, however, MCIP1.4 levels are increased to a similar extent in hearts from Foxo3-null and wild-type mice. In addition, pressure stress induced by TAB triggered similar degrees of cardiac hypertrophic growth in Foxo3-null mice relative to wild-type mice. These results are consistent with a model in which Foxo is active under resting conditions (leading to diminished calcineurin signaling) and inactivated by hypertrophic stress (so that targeted inactivation of the Foxo3 gene has no effect).

MCIP1.4 is involved in a variety of important physiological and pathological functions. It has been implicated in regulating cardiac hypertrophy, stress responses, angiogenesis, and neurological diseases, including Alzheimer’s disease and Down syndrome.30,31 The potent inhibition of MCIP1.4 by Foxo proteins and the abundant expression of Foxo1 in adult central nervous system suggest that Foxo factors may have unappreciated roles in these diseases.

Inactivation of Foxo During Hypertrophy

Results from this study and others show that Foxo proteins are inactivated during hemodynamic stress or agonist-induced muscle hypertrophy. In cultured cardiomyocytes, hypertrophic ligands such as Ang II, ISO, and PE decrease Foxo activity through activation of the PI3K/Akt pathway. It is worth noting that the suppression of Foxo functions by the PI3K/Akt pathway is typically triggered by growth factors.2 Here, we demonstrate that several G protein–coupled receptor ligands (Ang II, PE, ISO) also inactivate Foxo by activating Akt. These findings are consistent with previous reports of cross-talk between Gq- or Gs-mediated pathways and the PI3K pathway.6,32,33 Indeed, a recent report demonstrated that stimulation of β-adrenergic receptors induces phosphorylation of Akt at both the Thr-308 and Ser-473 sites in myocytes with kinetics similar to those described here.33

It has been reported that insulin-induced phosphorylation of Foxo1 results in its proteasomal degradation.34,35 These studies reported changes in Foxo protein abundance 4 hours after insulin exposure.35 In experiments reported here, cells were exposed to hypertrophic ligands for shorter duration, and changes in Foxo protein levels were not observed. We also did not observe changes in total Foxo protein in hypertrophic hearts after TAB surgery. It is possible that TAB induces multiple posttranslational modifications of Foxo proteins that protect them from degradation.

Progrowth and Antigrowth Mechanisms in Hypertrophy

A number of reports show that growth factors induce hypertrophic growth and net protein accumulation through the PI3K/Akt pathway. This progrowth function of PI3K/Akt pathway had
been shown to be mediated by several downstream targets, including GSK3 and mTOR, which regulate protein translation. Recent studies of skeletal muscle atrophy, however, highlight the importance of another downstream target of the PI3K/Akt pathway, the Foxo transcription factor,3,4 and its role in protein turnover. Results from this study and others10 extend these findings to illustrate that Foxo proteins are also key regulators of catabolic processes in cardiac cells and that these Foxo-mediated antigrowth effects can be shut off during cardiac hypertrophy. The present study goes further to show that Foxo antagonizes cell growth by specifically targeting prohypertrophic signaling molecules.

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Disclosures
None.

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In response to stress, the heart initially compensates with an adaptive hypertrophic increase in mass. Under prolonged stress, the heart undergoes apparently irreversible decompensation, resulting in dilation of the failing heart. Thus, there is great interest in developing novel treatment strategies to block hypertrophy and to prevent heart failure. In this study, we report that Foxo transcription factors attenuate hypertrophic growth of the heart by suppressing the activity of calcineurin, an intracellular phosphatase important in pathological cardiac remodeling. Given that hypertrophic growth of the heart occurs in multiple contexts, our findings also suggest that certain hypertrophic signals are capable of overriding the antigrowth program induced by Foxo. Consistent with this, multiple hypertrophic agonists triggered the inactivation of Foxo proteins in cardiomyocytes through a mechanism requiring the PI3K/Akt pathway. This study suggests that inhibition of the calcineurin/NFAT signaling cascade by Foxo and release of this repressive action by the PI3K/Akt pathway are important mechanisms whereby Foxo factors govern cell growth in the heart. As such, Foxo proteins, and possibly other catabolic pathways, are novel targets of potential therapeutic interest in the prevention and treatment of load-induced heart disease.
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Materials and Methods

**Plasmid Constructs and Adenovirus Preparation:** Plasmids containing cDNAs encoding GFP-tagged full length human Foxo1 (Foxo1-GFP) and a constitutively active Foxo1 mutant (T24A/S319A) were generously provided by Dr. T.G. Unterman¹. These cDNAs were subcloned into the pACCMVpLpAlloxP-SSP shuttle vector (http://www2.med.umich.edu/medschool/vcore/PlasmidItem.cfm?recordID=pACCMVpLpA(-)loxP-SSP). Recombinant adenoviruses were constructed by cre/loxP-mediated recombination *in vitro* using a cosmid (cAd5d17001loxP) containing the adenovirus type 5 genome with a large deletion of the E3 region². Viral clones were propagated on 911 cells. Recombinant adenoviruses encoding human Foxo3 and a constitutively active mutant of Foxo3 (T32A/S253A/S315A) were purchased from Vector Biolabs (Philadelphia, PA) and propagated according to the manufacturer’s instructions. Viral supernatants were clarified by centrifugation and titered by plaque assays³. Aliquots of virus were stored frozen at -80 °C. Ad-GFP was used as a control.

**Immunohistochemistry:** Cells were fixed in 4% formaldehyde, permeabilized with 0.1% Triton-X-100, and blocked with 1% BSA and 1.5% goat serum. To evaluate cardiomyocyte size, cells were incubated first with an antibody against sarcomeric α-actinin (1:200, Sigma) and then with a Cy3-conjugated goat anti-mouse antibody (1:200, Jackson ImmunoResearch). In some experiments, nuclear staining was performed with
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Hoechst 33334. Cell surface area was measured on randomly selected digitized images using Scion Imaging software.

**Calcineurin Phosphatase Activity:** Calcineurin activity was measured spectrophotometrically using the Calcineurin Cellular Assay Kit Plus (BIOMOL). Briefly, cells were lysed in lysis buffer provided by the kit. Phosphatase activity was measured by detection of free phosphate released from the calcineurin-specific RII phosphopeptide using the BIOMOL green reagent, and normalized to protein content. Assays were performed in quadruplicate in 3 independent experiments.

**Protein Lysates:** Left ventricles of hearts were dissected and either solubilized immediately or quick frozen and stored at -80°C for later use. To solubilize the protein, tissue was homogenized at 4°C in buffer containing Tris-buffered saline, 0.1% Triton X-100, 4% glycerol, 1mM DTT, 1mM EDTA, protease inhibitors (Roche Molecular Biochemicals), and phosphatase inhibitors (Sigma). Homogenates were centrifuged at 6,000xg to remove insoluble material, and the supernatants were diluted in SDS sample buffer. Whole cell lysates from cultured rat neonatal myocytes were prepared by directly harvesting cells in SDS sample buffer.

**Western Blot Analysis:** Proteins were separated by SDS-PAGE, transferred to a supported nitrocellulose membrane, and immunoblotted with different antibodies: phospho-FKHR (Thr24)/FKHRL1 (Thr32), phospho-Akt (Ser473 or Thr308), Akt,
phospho-Erk1/2 (Thr202/Tyr204), Erk, laminin A/C, caspase 3 (Cell Signaling Technology), FKHRL1 (Upstate Biotechnology), tubulin (Sigma), GAPDH (Santa Cruz), calcineurin (BD Biosciences) and MCIP1 (a generous gift from Myogen, Inc.)

**Subcellular Fractionation:** Nuclear and cytoplasmic extracts were prepared with a hypotonic lysis buffer (20mM Hepes, pH 7.4, 10mM NaCl, 1.5mM MgCl₂, 20% glycerol, 0.1% Triton X-100, 1mM DTT) containing protease inhibitors and phosphatase inhibitors. Cells were harvested in ice-cold lysis buffer and centrifuged at low speed (~3,000g) for 1 min (4°C). The supernatant was mixed with an equal volume of 2X SDS sample buffer (65mM Tris HCl, pH 6.8, 4% SDS, 20% glycerol, 50mM DTT and bromphenol blue) and used as the cytosolic fraction. The pellet (nuclear fraction) was resuspended in 1X SDS sample buffer at a volume equal to the final volume of the supernatant to ensure that each fraction contained protein from the same number of cells. Equal volumes of each fraction were used for immunoblotting. The separation between the nuclear and cytosolic fractions was verified by blotting for nuclear membrane protein lamin A/C, and cytosolic protein GAPDH.

**Protein Synthesis:** Cardiomyocytes were incubated with [³H]leucine (1.0 mCi/ml, 173 Ci/mmol, MP Biomedicals) in the DMEM/M199 media for 4 hr in a 37 °C, 5% CO₂ incubator. The cells were washed with cold phosphate-buffered saline (PBS) and then lysed in cold cell lysis buffer containing Tris-buffered saline-0.1% Triton X-100. Total protein was precipitated with trichloroacetic acid (20%), and harvested with glass microfiber filters. Filters were then washed with trichloroacetic acid and ethanol, and
radioactivity was determined by liquid scintillation counting. For DNA content, cells were lysed in the above lysis buffer and examined fluorometrically using Hoechst 33258 (Molecular Probes, Inc.) with calf thymus DNA as standard.

**RNA Analysis:** Total RNA from cultured NRVMs or mouse left ventricles was isolated with TriPure reagent (Roche). After treatment with DNase I (Ambion), random hexamer primed single-strand cDNA was synthesized from 2.5 µg of total RNA using Superscript III (Invitrogen). Gene-specific primer sets were designed such that the primers were in separate exons, and possible genomic contamination could be detected by size difference. Real-time PCR was performed using an ABI 7900HT instrument and SYBR Green PCR Master Mix. The sequences of the primers used are as followed, atrogin-1: forward 5’-CCATCAGGAGAAGTGGATCTAGTTCTTTTGGG CGATGC-3’; reverse 5’-GTTCATGAAGTTCTTTTGGGCGATGC-3’; MCIP1.4: forward 5’- AGCTCCCTGATTGCCTGTGT-3’, reverse 5’-TTTGGCCCTGGTCTCACTTT-3’; GAPDH: forward 5’-ATGATTCTACCCA CGGCAAG-3’, reverse 5’-CTGGAAGATGGTGATGGGT T-3’. Reactions were carried out in triplicate. The relative quantities of mRNA were normalized to GAPDH mRNA.

**Promoter Reporter Assay:** Rat neonatal myocytes were isolated and co-infected with adenovirus encoding GFP or caFoxo1 and a MCIP1.4 promoter-driven luciferase (MCIP1.4-Luc)⁶. 24hr after infection, cells were lysed with Reporter Lysis Buffer (Promega), and luciferase activity was measured by luminometer.
Echocardiography: Transthoracic echocardiograms were recorded in conscious mice at 2-3 month of age as described\textsuperscript{7}. Briefly, views were taken in planes which approximated the parasternal short-axis view (chordal level) and the apical long axis view in humans. LV internal diameters and wall thicknesses were measured (and averaged over at least 3 cardiac cycles) at end-systole and end-diastole. Left ventricular mass and volumes were calculated using the area-length method\textsuperscript{8}.

Reagents: IGF-1, R&D Systems; Angiotensin II (Ang II), phenylephrine (PE) and isoproterenol (ISO) were purchased from Sigma. Kinase inhibitors were purchased from Sigma or Calbiochem, and 1,000x stock solutions were prepared in water or DMSO. Inhibitors were used at the following final concentrations: LY294002 (10\textmu M), cyclosporine (CSA, 1\textmu M), H89 (100nM), Gö6983 (100nM), SB202190 (1\textmu M). These concentrations are each 10-fold higher than the respective IC\textsubscript{50}. 
Figure Legend:

Online Figure. Foxo1 activity does not alter Ang II-induced Erk signaling in cardiofibroblasts. Cardiac fibroblasts were cultured and infected with adenovirus as indicated and treated with Ang II (100 nM) for 10 min. Levels of phosphorylated Erk or total Erk protein were analyzed by Western Blot.
Table 1. Echocardiographic parameters of wild-type and Foxo3-null mice.

<table>
<thead>
<tr>
<th></th>
<th>HR  (min)</th>
<th>IVSD (mm)</th>
<th>PW (mm)</th>
<th>LVEDD (mm)</th>
<th>LVESD (mm)</th>
<th>%FS</th>
<th>LVEDV, (µL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>WT</td>
<td>660±37.9</td>
<td>0.9±0.2</td>
<td>0.9±0.1</td>
<td>2.9±0.3</td>
<td>1.1±0.4</td>
<td>63±12</td>
<td>32.3±8.0</td>
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<tr>
<td>null</td>
<td>636±30.6</td>
<td>0.9±0.1</td>
<td>0.9±0.1</td>
<td>2.7±0.1</td>
<td>0.9±0.1</td>
<td>68±3.1</td>
<td>28.4±2.2</td>
</tr>
</tbody>
</table>

Data are expressed as mean±SEM, n=6 in each group. HR, heart rate; IVSD, interventricular septal diameter; PW, LV posterior wall thickness; LVEDD, left ventricle end-diastolic diameter; LVESD, LV end-systolic diameter; %FS, % fractional shortening. LVEDV, LV end-diastolic volume.
Table 2. Necropsy findings from sham-operated and TAB mice.

<table>
<thead>
<tr>
<th>Time</th>
<th>BW (g)</th>
<th>HW (mg)</th>
<th>LV (mg)</th>
<th>Lung (mg)</th>
<th>Liver (mg)</th>
<th>Tibia (mm)</th>
<th>HW/BW (mg/g)</th>
<th>HW/Tibia (mg/mm)</th>
</tr>
</thead>
<tbody>
<tr>
<td>sham 3d</td>
<td>24.7±0.9</td>
<td>121±4</td>
<td>78±2</td>
<td>146±5</td>
<td>1121±115</td>
<td>16.9±0.3</td>
<td>4.9±0.1</td>
<td>7.2±0.3</td>
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<tr>
<td>TAB 3d</td>
<td>23.5±0.7</td>
<td>148±10</td>
<td>103±12</td>
<td>152±4</td>
<td>988±29.5</td>
<td>16.8±0.1</td>
<td>6.3±0.5</td>
<td>8.8±0.6</td>
</tr>
<tr>
<td>sham 2w</td>
<td>28.2±0.7</td>
<td>125±4</td>
<td>88±3</td>
<td>164±7</td>
<td>1281±110</td>
<td>17.2±0.2</td>
<td>4.4±0.1</td>
<td>7.3±0.2</td>
</tr>
<tr>
<td>TAB 2w</td>
<td>26.4±1.6</td>
<td>180±14*</td>
<td>120±13</td>
<td>171±2</td>
<td>1199±152</td>
<td>16.9±0.2</td>
<td>6.9±0.5*</td>
<td>10.6±0.9*</td>
</tr>
<tr>
<td>sham 3w</td>
<td>26.3±0.7</td>
<td>134±9</td>
<td>93±7</td>
<td>149±7</td>
<td>1196±152</td>
<td>17.0±0.1</td>
<td>5.1±0.2</td>
<td>7.9±0.5</td>
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<tr>
<td>TAB 3w</td>
<td>26.3±1.3</td>
<td>188±12†</td>
<td>135±7†</td>
<td>158±9</td>
<td>1377±69</td>
<td>16.9±0.1</td>
<td>7.2±01†</td>
<td>11.2±0.7*</td>
</tr>
</tbody>
</table>

BW, body weight; HW, heart weight; LV, left ventricle mass.

Values are mean±SEM, n=3 for each data point. * p<0.05, † p<0.01 vs sham
Reference List – Online Supplement


