National Survey of Coronary Artery Bypass Grafting for Coronary Stenosis Caused by Kawasaki Disease in Japan

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Background—We surveyed the national experience of coronary artery bypass grafting (CABG) for coronary sequelae of Kawasaki disease (kDa) in 2002.

Methods and Results—A questionnaire was returned from 323/552 (59%) institutions. Two hundred forty-four patients (188 male 56 female) since 1975 were identified. The mean number of grafts was 1.8 and the age at operation ranged from 1 to 44 years (median 11 years). The interval from the onset of kDa to operation ranged from 1 month to 42 years (median 8 years), whereas the follow-up period was from 7 days to 25 years (median 5 years). Previous myocardial infarction was found in 70 patients (28%). When the age at operation was older than 12 years, patency rates for internal thoracic artery grafts (ITA) at 1, 5, and 15 years were 95%, 91%, and 91%, respectively (n=156). When the age at operation was younger than 12 years, the corresponding values were significantly lower, with 1, 5, and 15 years being 93%, 73%, and 65%, respectively (n=146) (P<0.05). Reoperation was performed in 14 patients (6%). Death occurred in 15 patients (6%). Nine of the 14 late deaths were sudden. Six of 8 patients with a left ventricular ejection fraction (LVEF) <40% died.

Conclusion—The results of ITA in those aged 12 years or older were favorable. LVEF influenced prognosis. (Circulation, 2004;110[suppl II]:II-61–II-66.)

Key Words: Kawasaki disease ■ coronary artery disease ■ coronary artery bypass grafting

National surveys of Kawasaki disease (kDa) in Japan have been performed every 2 years since 1976. Recently, 6000 to 8000 kDa patients have been reported each year.1,2 In the recent study, coronary aneurysms were present in ≥6% at 1 month after the onset of kDa. The death rate caused by kDa and its cardiac sequelae was <0.1%.3 However, the incidence of coronary revascularization was not investigated. A national survey of catheter interventions after kDa was reported in 2000,4 whereas a previous multicenter cooperative study for coronary artery bypass grafting (CABG) after kDa in Japan was performed in 1991.5 After that survey, it was unknown how many patients underwent CABG for coronary arterial lesions caused by kDa. Knowledge about the results of CABG after kDa and its the long-term outcome should help the management of future patients with severe coronary stenotic lesions caused by kDa.

Methods

The purpose of the study was to determine the prevalence and results of CABG for coronary stenosis caused by kDa in Japan. We surveyed all the institutions belonging to the Japanese Association for Thoracic and Cardiovascular Surgery by mail in February 2002. The contents of the questionnaire are listed here: sex; date of birth; date of operation; date of reoperation; history of kDa; date of the onset of kDa; medication of the acute phase of kDa; history of myocardial infarction; coronary arterial lesions at operation; used grafts; graft patency; date of angiography; left ventricular ejection fraction by left ventriculogram; catheter intervention; cardiac events (death, reoperation, myocardial infarction, angina, arrhythmia); date of the latest clinic attendance; medication after operation; and postoperative examination (treadmill test, radioisotope myocardial imaging).

Our questionnaires were returned from 323 of 552 (59%) institutions. We analyzed the prevalence of CABG, the graft patency, and the outcome of the patients who underwent CABG. Patency of the graft at postoperative angiograms was classified as patent, string sign, or occluded. For this study, a string sign was regarded as occluded. Graft patency rates were analyzed by the respective graft. Cardiac events after CABG were investigated for the group undergoing saphenous vein (SVG) and for the group undergoing arterial grafting without SVG.

Data Analysis

The mean values are shown as mean±1 SD. Graft patency rates and patient survival rates were analyzed by the Kaplan–Meier method and differences were assessed by the log–rank examination test. Scheffe S test was used for differences between groups after the Bartlett test was performed. Differences were considered statistically significant at P<0.05.

Results

Number of Operations

A total of 269 patients were reported by 54 institutions. The number of the reported patients by each institution were as follows: <5 patients were reported by 41 institutions, 5 to 9 patients were reported by 8 institutions, 10 to 19 patients were reported by 5 institutions, 20 to 29 patients were reported by 2 institutions, 30 to 39 patients were reported by 1 institution, and 40 to 49 patients were reported by 1 institution.
reported by 2 institutions, 20 to 29 patients were reported by
1 institution, ≥30 patients were reported by 2 institutions. A
history of kDa was uncertain in 25 patients (10%). Twenty
patients among those 25 patients had undergone CAGB when
older than age 20 years. These patients were excluded from
this study.

The remaining 244 patients who had undergone CAGB
since 1975 were included; 188 were male (77%) and 56 were
female (23%). Four patients had undergone off-pump CAGB.
One patient underwent mitral valve replacement and 1 patient
underwent mitral valvuloplasty. The number of operations
per year since 1975 is shown in Figure 1.

Patient Population
The number of patients by age at operation is shown in
Figure 2. The age at operation ranged from 1 to 44 years
(median 11 years). The mean age at operation was 13 ± 8
years. The age at onset of kDa was as follows: younger
than 1 year, 76 (32%) patients; 1 year, 41 patients; 2 years,
35 patients; 3 years, 25 patients; 4 years, 20 patients; 5
years, 10 patients; 6 years, 10 patients; 7 years ≤17
patients; and unknown age, 10 patients. The onset of kDa
was younger than 5 years in 197 patients (84%). The
interval from the onset of kDa to operation ranged from 1
month to 42 years (median 8 years). The number of
patients by interval from the onset of kDa to operation was
as follows: younger than 5 years, 68 patients; 5 years to
younger than 10 years, 62 patients; 10 years to younger
than 15 years, 54 patients; 15 years to younger than 20
years, 33 patients; and 20 years or older, 17 patients.

Treatment in the Acute Phase of kDa
Acute phase treatment of kDa was as follows: aspirin for 63
(25%) patients; aspirin and intravenous immunoglobulin
(IVIG) for 28 (12%) patients; IVIG for 11 (5%) patients;
stereoids and aspirin for 7 (3%) patients; steroids for 4
patients; steroids, IVIG, and aspirin for 2 patients; steroids
and IVIG for 1 patient; and unrecorded treatment for 128
(53%) patients.

History of Myocardial Infarction
Myocardial infarction before CAGB occurred in 70 patients
(28%). A history of myocardial infarction ≥2 events was
found in 15 patients (6%). The locations of myocardial
infarction were as follows: postero-inferior in 41 (48%)
patients; anteroseptal in 38 (48%) patients; lateral in 4 (5%)
patients; and other in 3 (3%) patients.

Follow-Up
In the questionnaire, the day of the latest outpatient depart-
ment (OPD) visit was provided for 236 patients and not given
for 8. The age at the latest OPD visit ranged from 1 year to 50
years (median 20 years). In this study, the follow-up period
means the interval from operation to the latest OPD atten-
dance and ranged from 7 days to 25 years (median 5 years).
The number of patients per follow-up period was as follows:
<1 year, 31 patients; 1 year to <5 years, 79 patients; 5 years
to <10 years, 59 patients; 10 years to <15 years, 40 patients;
and >15 years, 27 patients.

A postoperative angiogram was performed in 238 (98%) of
the 244 patients. The interval from operation to the latest
postoperative angiogram ranged from 6 days to 22.7 years
(median 1.8 years). The number of patients by interval from
operation to the latest postoperative angiogram was as fol-
lows: <1 year, 87 patients; 1 years to <5 years, 72 patients;
5 years to <10 years, 40 patients; 10 years to <15 years, 28
patients; and >15 years, 11 patients.

CABG
Among the 244 patients undergoing CABG, the number of
vessels grafted were: single graft, 102 (42%) patients; 2 grafts,
107 (44%) patients; 3 grafts, 30 (12%) patients; 4 grafts, 4
(1.6%) patients; and 1 patient (0.4%) received 5 grafts. A
sequential graft in 4 patients and a Y graft in 1 patient were also
performed. The mean number of grafts was 1.8 per patient.
Grafts used were the internal thoracic artery (ITA) in 309 (70%)
patients, SVG in 85 (20%) patients, the gastroepiploic artery
(GEA) in 32 (7%) patients, radial artery in 8 (2%) patients, and
other in 1 patient. The total number of grafts was 435. The
number of grafts by year is shown in Figure 3. The target
coronary arteries were the left anterior descending artery (LAD)
in 232 (52%) patients, the right coronary artery (RCA) in 129
(30%) patients, the diagonal branch in 25 (6%) patients, the left
circumflex (LCX; posterolateral artery, posterior descending
coronary artery) in 25 (6%) patients, and the obtuse marginalis (OM) in 24 (6%) patients.

The number of coronary artery lesions in the target vessels were as follows. In the LAD, localized stenosis, occlusion, and unrecorded there were 114, 80, and 38 lesions, respectively. In this study, segmental stenosis was regarded as occluded. In the RCA, for localized stenosis, occlusion, and unrecorded, there were 34, 73, and 22 lesions, respectively. In the diagonal branch, for localized stenosis, occlusion, and unrecorded, there were 17, 1, and 7 lesions, respectively. In the LCX, for localized stenosis, occlusion, and unrecorded, there were 14, 3, and 8 lesions, respectively. In the OM, for localized stenosis, occlusion, and unrecorded, there were 20, 2, and 2 lesions, respectively.

Treatment After CABG
Medicine after CABG was administered in 169 patients (69%), none was given in 31 patients (13%), and medication was unrecorded in 44 patients (18%). One hundred sixty-five patients (68%) received anticoagulants and 109 (45%) received antiplatelet agents. Antiplatelet agents plus warfarin were given to 50 patients (21%). Warfarin alone was administered to 6 patients (2%).

Treatment besides anticoagulants was given to 71 patients (30%). Medicines used were: nitrates, 37 (16%) patients; calcium antagonists, 26 (11%) patients; β-blockers, 14 patients (6%); antiarrhythmics, 5 (2%); angiotensin-converting enzyme inhibitor, 4 patients; diuretics, 3 patients; 3-hydroxy-3-methylglutaryl-coenzyme A reductase inhibitor, 3 patients; digoxin, 2 patients; angiotensin 1 receptor blocker, 1 patient; and others, 2 patients.

Graft Patency
The patency of the respective grafts at the time of angiography was: ITA, 266 of 302 (88%); SVG, 50 of 79 (63%); GEA, 21 of 29 (72%); and radial, 7 of 7 (100%). A string sign was detected in 19 (6%) of the 338 arterial grafts.

Patency rates for ITA grafts at 1, 5, and 15 years were 95%, 91%, and 91%, respectively (n=156). When the age at operation was younger than 12 years, the corresponding values at 1, 5, and 15 years were 93%, 73%, and 65%, respectively (n=146). The patency rate for age at operation older than 12 years in ITA grafts was significantly higher than when the age at operation was younger than 12 years (P<0.001) (Figure 5).

When the age at operation was 12 years or older, patency rates of SVG at 1, 5, and 15 years were 97%, 85%, and 63%, respectively (n=37). When the age at operation was younger than 12 years, the corresponding values of SVG at 1, 5, and 15 years were 74%, 51%, and 47% (n=42). There was no significant difference between those 2 groups (Figure 6).

Cardiac Events
Fifteen deaths (6%) occurred among the 244 patients who had undergone CABG (Table 1). One operative death occurred in 1986. Nine of the 14 late deaths were sudden. The age at operation ranged from 15 months to 16 years (median 6 years). Two of the 9 patients had occluded grafts, and of the remaining 7 patients, 4 sudden deaths occurred within 1 year after operation. Three sudden-death patients had undergone SVGs, whereas the other patient had undergone CABG of the
left ITA to LAD at age 18 months in 1987. Three late sudden deaths occurred at 8 years, 12 years, and 15 years postoperatively. All 3 patients had undergone a graft to the LAD, using left ITA, SVG and left ITA, and SVG, respectively.

Two patients died after cardiac transplantation, which was performed because of intractable cardiac failure. One patient died of cardiac failure. There were 2 noncardiac deaths.

Reoperation
Fourteen of 244 patients underwent reoperation (6%) (Table 1). However, the reoperation rate was 20% for the 65 patients with >1 graft occlusion. The age at the first operation ranged from 2 to 16 years (median 9 years), and that at reoperation ranged from 6 to 29 years (median 14 years). The interval from the first operation to reoperation ranged from 20 days to 14 years (median 5 years). Thirteen patients underwent a repeat graft to a vessel previously grafted. Of the initial grafts, the SVG had been used in 4 patients, and the ITA was used in 10 patients. The LAD was involved in 13 and the RCA was involved in 1. The second grafts were patent in 10 patients.

Catheter Intervention for Anastomotic Stenosis
Catheter interventions for anastomotic stenosis were performed for 18 lesions in 17 patients (7%) (Table 1). Two patients had a catheter intervention because of cardiac events, one being syncope, and the other being angina of effort. The age at catheter intervention ranged from 4 to 30 years (median 13 years). The age at operation for these patients ranged from 2 to 27 years (median 11 years). The interval from operation to intervention ranged from 11 days to 15 years (median 6 months).

Percutaneous transluminal balloon angioplasty (PCBA) for 12 lesions of the arterial grafts was performed. The graft lesions were as follows: left ITA to LAD, 8; RITA to RCA, 3; and GEA to RCA, 1. PCBA was effective in 11 lesions (92%). Although PCBA was performed in 4 lesions involving the SVG to RCA, it was effective in only 1. Stent implantation for SVG to LAD stenosis was successful in 1 patient, whereas stent implantation for left ITA to LAD was performed in 1 other patient.

Intervention for Native Artery Lesions
Catheter interventions after CABG were performed in 5 lesions in 5 patients (2%). Four patients underwent catheter intervention for a vessel other than the grafted vessel. Three had percutaneous transluminal coronary rotational ablation and 1 had PCBA. One patient underwent percutaneous transluminal coronary rotational ablation for the same vessel that occluded its graft.

Other Cardiac Events
Other cardiac events after CABG occurred in 4 patients (Table 2). One patient underwent pacemaker implantation at operation. One patient with graft occlusion had an acute myocardial infarction 6 years after operation. Two patients had ventricular tachycardia.

Postoperative Clinical Status
Status of the 229 survivors was as follows: 205 were classified as New York Heart Association (NYHA) I and 8 were classified as NYHA II. Status was unrecorded in 16 patients. Four female patients had delivered children.

The left ventricular ejection fraction (LVEF) was recorded in 159 patients (64%) being: ≥50% in 138, <50% to ≥40% in 20, <40% in 1.
in 13, and <40% in 8. The number of deaths in those groups was 2, 2, and 6, respectively (Table 2). There were significant differences between the groups (P < 0.01). The patients with a LVEF <40% had a poor prognosis.

The results of treadmill tests were provided for 93 patients (38%). Ischemic changes in the electrocardiogram were detected in 18 patients (7%). Seventy-five patients (31%) had no such changes. Results of RI myocardial imaging were provided in 104 patients (43%). Myocardial damage or myocardial ischemia was detected in 46 patients (19%). Fifty-eight scans were normal (24%).

Discussion

Few CABG operations for coronary stenosis caused by kDa were performed in 1980,5,6 but by 1990 they had increased.7 In the past 5 years, according to the statistics of the Japanese Thoracic Surgery Association, the number of CABG after kDa were as follows; 1996, 19; 1997, 19; 1998, 24; 1999, 29; and 2000, 27. CABG for kDa has been performed in ~30 patients per year recently. The prevalence based on annual attacks of kDa in Japan is ~0.5%. CABG was performed more often in males than in females, with a ratio of ~3:1. This ratio resembles that of the prevalence of giant aneurysms as a cardiac sequelae after kDa.2

Although the largest number of patients at the onset of kDa were younger than 0 years, the age at operation and the interval from the onset of kDa to operation varied. Deciding the optimal time for CABG is difficult and depends on the characteristics of the coronary arterial lesions caused by kDa. The degree of progression of coronary stenotic lesions after kDa varies, and the rate differs from patient to patient. Stenotic lesions caused by intimal thickening progress only slowly in most patients.8–10 Many patients likely to benefit from CABG are asymptomatic but are at risk for acute myocardial infarction, which most often complicates giant aneurysms without stenosis. Correct indications and timing of CABG surgery after kDa greatly contribute to the patency of the grafts.

ITA grafts have been common since the middle 1980s.11 These grafts allow for somatic growth in children and have prolonged good patency.12 Although the patency rates of SVG were lower than that for ITA grafts, some patients have maintained prolonged patency of a SVG.13 ITA grafts are more likely to be patent if the age at operation is 12 years or older, according to this study, presumably because at this age the diameters of the vessels are appropriate for anastomosis. However, CABG may be successful at age 2 years or older in skilled surgical hands.6,14 Although the application of CABG for kDa may be limited in children, it can be as safely performed for older children and young adults as it is in older adults.

There are 2 main reasons for graft occlusion. One is competition from native coronary flow, and the other is scar formation at the anastomotic site, especially in young children.15 For anastomotic stenosis of ITA grafts, PCBA is useful.16 When needed, it should be performed early after CABG. The procedure decreases the number of reoperations.

A string sign was detected in 6% of the arterial grafts. Three patients also had a string sign in angiograms performed after reoperation to the same native arteries. The main reason for this phenomenon may be competition of flow between the graft and native coronary artery. Furthermore, intimal thickening of the native coronary arterial wall may be one cause of graft occlusion. This problem must be resolved to improve the patency rates of the grafts.

The 2 major causes of death for patients with coronary arterial lesions caused by kDa are sudden death and cardiac failure.2,9 Sudden deaths were more common in the present study, and ITA grafts appeared to be better at preventing sudden death.

The prognosis is poor for patients with a decreased LVEF. Cardiac failure is caused by myocardial damage caused by myocardial infarction, and severe myocardial damage often results in fatal arrhythmias.17 The extent of myocardial damage greatly influences the prognosis. To prevent the damage, the timing of coronary revascularization needs to be optimal.

Anticoagulant therapy after CABG was given to 68% of the patients. Its purpose is to prevent thrombus formation in the aneurysm and sudden death caused by acute myocardial infarction. The exact indications for long-term anticoagulation require clarification. Other medication may be required for the treatment of cardiac failure, myocardial protection, and arrhythmias. This study shows that decreased LVEF adversely influences the prognosis. Such data will have to be investigated and guidelines for medication should be developed in the future.

The postoperative condition of patients surviving CABG is good. However, most of the patients who have undergone CABG have multiple vessel disease caused by kDa. Progression of disease in nongrafted native coronary arteries and the patency of the grafts in the long-term require life-long follow-up. Furthermore, it is important to prevent further myocardial infarction and decrease in LVEF. Good coronary revascularization prevents death and improves the quality of life for many years.15 Combined use of catheter interventions and surgery for native coronary artery and post-CABG lesions are needed for coronary revascularization in the long-term.

Our study is limited because the indication for CABG, the follow-up period, and the timing of the angiographic studies after CABG are not standard, and the study is retrospective and based on multi-institution data by the limited questionnaire. Furthermore, because of improvement of surgical technique for CABG over 25 years, it was difficult to discuss the patency of the grafts and the prognosis of the patients as a whole without considering the change of the time.

Conclusion

Two hundred forty-four patients (188 male 56 female) encountered since 1975 were reviewed by questionnaire. The mean number of the grafts was 1.8. Patency rates of ITA graft in those aged 12 years or older were favorable. LVEF influenced the prognosis.

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