Cardiopulmonary Bypass to Repair an Atrial Septal Defect Does Not Affect Cognitive Function in Children

Peter L. Stavinoha, PhD; David E. Fixler, MD; Lynn Mahony, MD

Background—Changes in neurocognitive function after cardiopulmonary bypass (CPB) are difficult to assess in children with congenital cardiovascular malformations.1–9 Although genetic attributes as well as multiple preoperative, intraoperative, and postoperative factors are likely contributors to cognitive outcome in these children, particular attention has focused on the potential for cerebral injury during cardiopulmonary bypass (CPB).4-10–13 The etiologic factors contributing to injury during CPB are incompletely defined but likely include cerebral hypoperfusion, cerebral embolic injury, and a global inflammatory response. Many variables may affect the risk of injury during CPB, including the duration of bypass and of total circulatory arrest, the depth and the duration of cooling, the degree of hemodilution, the type of pH management, and various mechanical features such as the type of oxygenator and the use of arterial filtration.

The contribution of CPB to changes in cognitive function in children could be more precisely defined if preoperative and postoperative measures of cognitive function were available, as is often the case for adult patients.14 However, corrective surgery is commonly performed in infancy, and reliable neuropsychological testing in these very young and often ill infants is not possible before surgery. Furthermore, selection of a suitable comparison group of children matched for the multitude of factors that contribute to cognitive function is imperfect, as is post hoc statistical adjustment. Recently, Visconti et al15 addressed some of these problems by performing a retrospective study in which a group of children who underwent closure of an atrial septal defect (ASD) by surgery were compared with another group of children who underwent ASD closure by a catheter-delivered device. Somewhat surprisingly, surgical repair was associated with a 9.5-point deficit in full-scale IQ and a 9.7-point deficit in performance IQ, both of which were statistically significant. However, parent IQ and maternal education tended to be higher in the families who chose device closure of the ASD for their child. Despite the fact that the analyses were adjusted for parent IQ, it is possible that the group differences in outcome reflected intrinsic differences between the families who chose device closure and those who chose surgical closure. We therefore performed a prospective observational study in which we evaluated cognitive function in subjects both before and after surgical repair of an atrial septal defect.

Key Words: heart defects, congenital ▪ cardiopulmonary bypass ▪ follow-up studies

Cognitive deficits are common in children, especially neonates who have undergone surgery to repair congenital cardiovascular malformations.1–9 Although genetic attributes as well as multiple preoperative, intraoperative, and postoperative factors are likely contributors to cognitive outcome in these children, particular attention has focused on the potential for cerebral injury during cardiopulmonary bypass (CPB).4-10–13 The etiologic factors contributing to injury during CPB are incompletely defined but likely include cerebral hypoperfusion, cerebral embolic injury, and a global inflammatory response. Many variables may affect the risk of injury during CPB, including the duration of bypass and of total circulatory arrest, the depth and the duration of cooling, the degree of hemodilution, the type of pH management, and various mechanical features such as the type of oxygenator and the use of arterial filtration.

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Methods

Enrollment of Subjects

The subjects recruited were those patients who were scheduled to undergo surgical closure of a secundum or sinus venosus ASD between May 1999 and July 2000. The age range was set at 3 to 17 years to correspond with the normative group of the cognitive assessment battery. Subjects were excluded if they did not speak English or if any of the following was present: associated congenital heart defects that required cardiac surgery (except for partial anomalous pulmonary venous return associated with a sinus venosus ASD or a very small patent ductus arteriosus), congestive heart failure or pulmonary hypertension, anomalies that affect cognitive function, or chronic disease likely affecting development, such as bronchopul-
Cognitive Function After Repair of ASD

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monary dysplasia. Forty-seven consecutive patients scheduled for repair of a secundum or sinus venosus ASD were screened for this study. Sixteen patients were excluded because they were outside of the study age range. Four patients were excluded because of abnormal development (partial trisomy 18 [1], Prader Willi syndrome [1], and fetal alcohol syndrome [2]). Three patients spoke only Spanish. Scheduling of preoperative testing was not possible in 2 patients. One family declined to participate because of the long travel distance between their home and Dallas. The protocol was approved by the Institutional Review Board of the University of Texas Southwestern Medical Center at Dallas. Informed consent was obtained from all parents, and assent was obtained from all subjects older than 10 years of age. Consent for participation was obtained for 21 subjects. Postoperative testing was not performed in 3 subjects because of scheduling difficulties, and, thus, 18 subjects completed the study.

Medical Record Review

We obtained data from the medical record regarding subject characteristics, duration of anesthesia, cardiopulmonary bypass, cross-clamp, and mechanical ventilation, minimum temperature during surgery, minimum cardiopulmonary bypass pump flow rate, minimum hematocrit, length of hospital stay, complications, and follow-up.

Cognitive Testing

All subjects underwent testing within a median of 3 days (range, 1 to 27) before surgery and 5.8 months (range, 5.5 to 9) after surgery. Previous studies of adult patients who undergo cardiopulmonary bypass show that deficits in neurocognitive function that are present in the early postoperative period often resolve within several months. We therefore waited at least 3 months after surgery before performing the postoperative testing. All testing was conducted by trained psychometrists at Children’s Medical Center of Dallas and supervised by the same psychologist (P.S.). Psychometrists were randomly assigned to test the subjects.

The Differential Ability Scales (DAS) was administered to subjects in a single testing session. The DAS is an individually administered cognitive test battery standardized for children aged 2 years 6 months to 17 years 11 months. This measure was selected because of its excellent psychometric properties and its applicability to the age range under investigation. The DAS yields an overall General Conceptual Ability (GCA) score for all ages, which is analogous to IQ. In fact, the DAS is viewed as an excellent alternative IQ test for the Wechsler scales, with correlation coefficients from previously published data, we calculated that we would need at least 13 subjects to have a 90% power (type II error |β|<0.1) to exclude more than a 7-point difference in the GCA score measured before and after surgery. One child was young enough that only a GCA score was available, and he was not included in comparisons of verbal and nonverbal factors. Only 13 of the 18 subjects were old enough to be compared on the spatial factor.

We prospectively selected GCA score as the primary outcome variable. Setting the type I error (α) at 0.05 and using test-retest correlation coefficients from previously published data, we calculated that we would need at least 13 subjects to have a 90% power (type II error |β|<0.1) to exclude more than a 7-point difference in the GCA score measured before and after surgery. One child was young enough that only a GCA score was available, and he was not included in comparisons of verbal and nonverbal factors. Only 13 of the 18 subjects were old enough to be compared on the spatial factor.

TABLE 1. Characteristics of Study Subjects (n=18)

<table>
<thead>
<tr>
<th>Characteristic</th>
<th>Value</th>
</tr>
</thead>
<tbody>
<tr>
<td>Age, y</td>
<td>8.5±4.3</td>
</tr>
<tr>
<td>Height at repair, percentile</td>
<td>43±24</td>
</tr>
<tr>
<td>Weight at repair, percentile</td>
<td>41±25</td>
</tr>
<tr>
<td>Sex, % female</td>
<td>56</td>
</tr>
<tr>
<td>Race, % white</td>
<td>44</td>
</tr>
<tr>
<td>Type of atrial septal defect*</td>
<td></td>
</tr>
<tr>
<td>Secundum</td>
<td>13</td>
</tr>
<tr>
<td>Sinus venosus</td>
<td>6</td>
</tr>
</tbody>
</table>

*One patient had both secundum and sinus venosus defects.

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Results

Data regarding patient characteristics are shown in Table 1. Twelve patients had a secundum ASD, 5 patients had a sinus venosus ASD that was associated with partial anomalous pulmonary venous return, and 1 patient had both a secundum and a sinus venosus ASD. A trivial patent ductus arteriosus was present in 3 patients. The heights and weights were within normal limits for all subjects. All subjects were considered to be healthy. No activity limitations were reported for any subject before or after surgery.

Operative variables are shown in Table 2. The intraoperative variables are similar to other published data, which is suggestive that the study subjects are representative of patients undergoing ASD repair. All patients were extubated in the operating room or within a few hours after arriving in the intensive care unit.

All patients recovered uneventfully from surgery. The mean length of hospital stay was 2.8±0.4 days. No patient had a residual defect. One patient developed headaches 4 days after surgery, which resolved after administration of ibuprofen. Physical examination showed no evidence of neurologic deficits. A magnetic resonance angiography study showed small, subacute infarctions in a watershed distribution involving the right frontal lobe as well as a small focus within the right postcentral gyrus near the vertex. Echocardiography showed no evidence of intracardiac thrombi. The infarctions were considered to be related to air emboli. The headaches resolved within 2 days, and the patient had no

TABLE 2. Intraoperative Variables (n=18)

<table>
<thead>
<tr>
<th>Variable</th>
<th>Value</th>
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</thead>
<tbody>
<tr>
<td>Duration of repair, min</td>
<td>143±38</td>
</tr>
<tr>
<td>Cardiopulmonary bypass time, min</td>
<td>42±16</td>
</tr>
<tr>
<td>Cross-clamp time, min</td>
<td>24±16</td>
</tr>
<tr>
<td>Minimum rectal temperature, °C</td>
<td>31.4±1.6</td>
</tr>
<tr>
<td>Minimum hematocrit, %</td>
<td>26.6±4.6</td>
</tr>
<tr>
<td>Minimum pump flow rate, mL·min⁻¹·m⁻²</td>
<td>2207±210</td>
</tr>
</tbody>
</table>

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TABLE 3. Cognitive Variables

<table>
<thead>
<tr>
<th>Variable</th>
<th>n</th>
<th>Preoperative</th>
<th>Postoperative</th>
</tr>
</thead>
<tbody>
<tr>
<td>General conceptual ability</td>
<td>18</td>
<td>90.8±16.6</td>
<td>93.1±16.3</td>
</tr>
<tr>
<td>Verbal factor</td>
<td>17</td>
<td>92.0±17.5</td>
<td>92.3±16.6</td>
</tr>
<tr>
<td>Nonverbal factor</td>
<td>17</td>
<td>88.2±11.2</td>
<td>91.7±13.5</td>
</tr>
<tr>
<td>Spatial factor</td>
<td>13</td>
<td>91.6±12.7</td>
<td>97.7±20.8</td>
</tr>
</tbody>
</table>

Results of cognitive testing are shown for each subject. Solid circles and error bars represent mean and standard deviation.

Discussion

To the best of our knowledge, this is the first prospective study evaluating cognitive function before and after cardiopulmonary bypass in children. We found that the relatively short period of mildly hypothermic cardiopulmonary bypass was not associated with any change in cognitive function. The results of this study differ from the findings of a previous study that showed a 9.5-point deficit in full IQ and a deficit in nonverbal information processing in subjects who underwent surgical repair of an ASD compared with subjects who underwent ASD repair via a catheter-delivered device. Furthermore, although the previous study showed group differences in visual-spatial skills, we found no evidence to indicate that visual-spatial skills deteriorate after surgical repair of an ASD. Specifically, comparisons of nonverbal and spatial information processing in our sample suggest consistency of performance over time. In fact, a small increase was seen in the postoperative test scores. Although these increases could be the result of a practice effect, the magnitude of the increase in test scores in the present study is less than what would be expected with practice effects. Nonverbal and visual-spatial test performance has a greater tendency to increase with practice over a short test-retest interval compared with verbal cognitive performance. The time interval used to calculate test-retest reliability and practice effects on the DAS test was 2 to 7 weeks, with a mean of 30 days. This is significantly shorter than the mean time interval between tests in the present study (5.8 months). The practice effect over this short time interval for the GCA for preschool children was approximately 4 standard score points and approximately 6 standard score points for school-age children. It seems intuitive that the benefit of familiarity with the test likely decreases as the time interval between tests increases. However, the possibility that practice effects have caused a mild decline in cognitive function cannot be excluded.

It is possible that patients undergoing mildly hypothermic cardiopulmonary bypass experience very subtle cognitive changes that are not apparent on formal testing within 1 year after the procedure. In other words, if the procedure results in subtle interference with cognitive development, then mild deficits may be revealed only after many years. Furthermore, subtle neuropsychological differences may occur that are too small to be detected by a cognitive ability test, such as the DAS. A longitudinal prospective study of neurocognitive development would be necessary to satisfactorily address this issue.

The results of this study must be extrapolated carefully to other groups of patients. For example, in contrast to many patients with more complex defects, factors such as unstable hemodynamics, metabolic acidosis, and chronic hypoxemia are absent in patients who have an isolated ASD. In addition, we excluded patients with known preoperative cognitive dysfunction. It is possible that these patients might be more susceptible to the effects of cardiopulmonary bypass. Furthermore, our subjects underwent a relatively short period of mildly hypothermic cardiopulmonary bypass, and our results may not be applicable to patients who have more complex defects and who undergo longer periods of bypass, deep hypothermia, or total circulatory arrest. These patients have...
many other risk factors for brain injury,¹ and so evaluation of the effects of cardiopulmonary bypass on cognitive function is complicated. Potential confounding factors are relatively limited in healthy children who have an ASD.

We conclude that use of CPB was not associated with cognitive deficits in our subjects who underwent closure of an ASD. Additional studies are needed to better understand the determinants of postoperative cognitive outcome in children with congenital cardiovascular malformations.

References
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