Arrhythmogenic Substrate of the Pulmonary Veins Assessed by High-Resolution Optical Mapping

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Background—It has recently been recognized that atrial fibrillation can originate from focal sources in the pulmonary veins (PVs). However, the mechanisms of focal atrial fibrillation have not been well characterized. We assessed the electrophysiological characteristics of the PVs using high-resolution optical mapping.

Methods and Results—Coronary-perfused, isolated whole-atrial preparations from 33 normal dogs were studied. Programmed electrical stimulation was performed, and a 4-cm² area of the PV underwent optical mapping of transmembrane voltage to obtain 256 simultaneous action potentials. Marked conduction slowing was seen at the proximal PV, compared with the rest of the vein, on both the epicardial (31.3±4.47 versus 90.2±20.7 cm/s, P=0.001) and endocardial (45.8±6.90 versus 67.6±10.4 cm/s, P=0.012) aspects. Pronounced repolarization heterogeneity was also noted, with action potential duration at 80% repolarization being longest at the PV endocardium. Nonsustained reentrant beats were induced with single extrastimuli, and the complete reentrant loop was visualized (cycle length, 155±30.3 ms); reentrant activity could be sustained with isoproterenol. Sustained focal discharge (cycle length, 330 to 1100 ms) was seen from the endocardial surface in the presence of isoproterenol; each focus was localized near the venous ostium.

Conclusions—The normal PV seems to have the necessary substrate to support reentry as well as focal activity. Although reentry occurred more distally in the vein, focal activity seemed to occur more proximally. (Circulation. 2003;107:1816-1821.)

Key Words: atrium • fibrillation • electrophysiology • mapping

In the past few years, several investigators have demonstrated the presence of focal activity in the pulmonary veins (PVs) that is responsible for atrial tachycardia and atrial fibrillation (AF). In some cases, these foci are very rapid, and sustained activity induces and maintains AF, such that ablation of the foci terminates and eliminates AF ("focal driver"). In other patients, single or multiple extrasystoles from the PV foci induce self-sustaining AF, and ablation of these foci eliminates the reinitiation of AF ("focal trigger"). Clinical experience from several centers suggests that these foci may be responsive to autonomic manipulation, eg, with isoproterenol, which often increases the rate and frequency of ectopic beats.

The mechanisms of either focally driven AF or focal triggers have not been identified. Moreover, why the PVs are such a fertile substrate for atrial tachycardias and focal AF is not understood, nor has the electrophysiology of the veins been well characterized. In this study, we used high-resolution optical mapping to further define the electrophysiological characteristics of the PV and determine potential mechanisms of focal AF.
studies have shown that the length of the myocardial sleeve in dogs (from the ostium to the tip of myocardial sleeve) is 0.4 to 2 cm; the entire PV was therefore within the optical mapping field of view (2 × 2 cm).

**Optical Mapping**

Our optical mapping system has been described in detail previously and consists of a 16 × 16 (256-element) photodiode camera allowing a field of view of 4 cm². Fluorescent optical maps were acquired at 1000 Hz during programmed electrical stimulation.

**Stimulation Protocol**

One bipolar sensing electrode and one unipolar pacing intramyocardial electrode were placed in the posterior left atrium between the PVS. Optical maps were obtained during decremental overdrive pacing at cycle lengths of 500 to 200 ms and during single atrial extrastimulation at 2 different cycle lengths (500 and 300 ms).

**Data Analysis**

Raw fluorescence data were viewed as a movie of normalized fluorescence intensity, which reveals activation within the field of view. Quantitative data were obtained from optically derived action potentials (APs) for each of the 256 pixels of the photodiode array. Activation time and action potential duration at 80% repolarization (APD₈₀) were measured for each paced cycle length. Activation time was calculated at the maximum rate of rise of the fluorescent AP (dF/dt). APD₈₀ was the time difference between the activation time and 20% maximal fluorescent signal (peak of the optical AP). Isochronal maps of activation were constructed for each map. Conduction vectors were calculated for each point by the method described by Salama et al. The area of slowest conduction within the vein was identified as the region with maximum crowding of isochrones; the length of the region of slow conduction was calculated as the number of pixels within this region along the direction of the activation wave front.

**Sympathomimetic Drug Infusion**

Isoproterenol (10⁻³ to 10⁻⁶ mol/L) was infused via the coronary perfusate after baseline programmed stimulation had been performed. After steady state was achieved, the PVS were mapped again in the presence of isoproterenol, and the same stimulation protocol was repeated.

**Statistical Analysis**

All values are reported as mean ± SD. Two-way comparisons were made by a 2-tailed t test. Comparisons with ≥3 variables were made by ANOVA. A value of P ≤ 0.05 was considered significant. Dispersion of repolarization was assessed by the coefficient of variation (SD/mean) of the APD₈₀.

**Results**

The atrial musculature contracted vigorously when perfused with warm modified Tyrode’s solution in response to atrial pacing, with a threshold < 2 mA at 2-ms stimulus duration. Stable optical signals were obtained in all specimens for several hours after initiation of perfusion without deterioration of signal quality.

Figure 1 shows high-resolution optical APs obtained from the epicardial aspect of a PV during atrial pacing. The APs at the distal aspect of the PV had a slower upstroke (phase 0) compared with the proximal aspect. Similar differences in AP upstroke were found on the endocardial surface between the proximal and distal PVS. The optical V max (dF/dt) at the distal vein was 93.1 ± 45.6, compared with 195.7 ± 46.3 at the proximal vein (P < 0.001).

Figure 2. Repolarization heterogeneity across PV and left atrium. APD₈₀ at drive cycle lengths of 500, 400, and 300 ms are shown for proximal and distal PV for both endocardial (endo) and epicardial (epi) aspects and LAA. APD₈₀ is longest at PV endocardium (endo > epi > LAA, *P ≤ 0.05 at S₁ = 500 and 400 ms; at S₁ = 300 ms, epi > LAA, endo > LAA, *P ≤ 0.05).

Figure 3. Isochronal map of epicardial PV obtained during pacing at 500 ms. Scale is shown at right, with white being earliest activation and dark gray/black being latest activation. Pacing is occurring from left atrium (outside of field of view), which is at upper right of field of view. There is marked crowding of isochrones at junction of proximal vein and distal vein, signifying slow conduction in this region of PV. Arrow marks direction of wave-front propagation.
In addition to AP upstroke, repolarization times were also significantly different between the vein and the surrounding atrium, as shown in Figure 2. APD$_{80}$ at a drive cycle length of 500 ms was significantly greater at the endocardial (187 ± 15.0 ms) and the epicardial (161 ± 20.1 ms) aspects of the PV than at the LAA (125.1 ± 16.5 ms; *P* = 0.002 and *P* < 0.0001, respectively). In addition, APD$_{80}$ was significantly (*P* = 0.009) longer in the endocardium than the epicardium. This relationship was maintained across all pacing cycle lengths, and normal physiological rate adaptivity of APD$_{80}$ was present at both the epicardial and endocardial PVs (Figure 2).

Dispersion of repolarization, as measured by the coefficient of variance of APD$_{80}$, was greater at the distal PV than the proximal vein at 500 ms, although the difference was significant only on the endocardial aspect (0.098 ± 0.05 versus 0.042 ± 0.01, *P* = 0.01). When the epicardial and endocardial aspects were compared with each other, dispersion was greater at the proximal epicardial vein than the proximal endocardial vein (0.084 ± 0.04 versus 0.042 ± 0.01; *P* = 0.019 at S$_1$ = 500).

**Heterogeneous Conduction in PV**

Characteristic conduction patterns were found during impulse propagation from the left atrium into the PV. Figure 3 shows a typical activation map of the PV (epicardial aspect) during atrial pacing at a cycle length of 400 ms. The isochronal lines demonstrate significant conduction delay in the proximal vein compared with the adjacent left atrium. Conduction vector maps confirmed slower conduction velocities at the proximal PV. The area of slowest conduction was noted in the proximal PV and measured 0.50 ± 0.06 cm, with conduction velocity in this region being significantly slower than in the rest of the vein (31.3 ± 4.47 versus 90.2 ± 20.7 cm/s, *P* = 0.001). Similarly, areas of markedly slow conduction were seen on the endocardial aspect of the proximal PV, measuring 0.45 ± 6.90 versus 67.6 ± 10.4 cm/s, *P* = 0.012). The areas of slowest conduction in the epicardium were slower than the regions of slowest conduction in the endocardium (31.3 ± 4.47 versus 45.8 ± 6.9 cm/s, *P* = 0.01).

Progressive conduction slowing was found at faster paced cycle lengths at both the epicardial and endocardial aspects of the PV, as shown in Figure 4. No such conduction slowing was observed in the LAA. With more rapid atrial pacing (≤300 ms), variable conduction block could be seen at the proximal aspect of every PV. In all veins, 2:1 conduction was observed at atrial pacing cycle lengths of 200 to 300 ms (Figure 5).

**Figure 6.** Isochronal maps of activation and contour map of APD$_{80}$ for same region of epicardial vein during same drive train. A, Isochronal map was obtained during atrial pacing at 500 ms. There is significant slowing of conduction at proximal vein, as shown by crowding of isochrones; arrow marks direction of wave-front propagation. B, APD$_{80}$ for same impulse. Longest APD$_{80}$ is noted in distal vein, 0.5 cm distal to region of slowest conduction in proximal vein.
Substrate for Reentry
Progressive conduction slowing was noted within the vein with extrastimulus testing, especially at coupling intervals <300 ms. With more closely coupled extrastimuli (<250 ms), there was progressive failure of stimulus propagation in specific regions of the proximal PV as the extrastimulus approached APD_{80} of that segment of the PV (Figure 6A). Figure 6B shows a comparison of activation time and APD_{80} in a PV at a pacing cycle length of 500 ms. The area of slowest conduction (crowded isochrones) lies 0.5 cm proximal to the area of longest APD_{80} in the proximal PV. Marked regional differences between activation and repolarization times were found in all veins, with a mean distance of 0.44±0.072 cm between the region of longest APD_{80} and the region of slowest conduction.

Conduction block at the proximal PV was accompanied by reentrant beats in 60% of the preparations. In every case, propagation failed as the extrastimulus coupling interval approached APD_{80}. This area of conduction block (ie, wave front approached before APD_{80}) was small and was always contiguous to but distinct from the region of slow conduction in the vein. This led to unidirectional block of the wave front but continued propagation of the impulse in the rest of the vein through the zone of slow conduction. Conduction was slow enough to allow recovery of the blocked region, and thus reentry was initiated. An example is shown in Figure 7. In 50% of all cases of reentry, the complete reentrant loop could be mapped within the optical mapping field of view (2×2 cm), with a reentrant cycle length of 155±30.3 ms. This reentry was seen only at the epicardial aspect of the PV.

In the presence of isoproterenol (10^{-6} mol/L), the reentry could be sustained (cycle length at baseline versus on isoproterenol, 155±30.3 versus 145.8±38.4 ms, P=0.27). Isoproterenol did not cause a significant change in conduction velocity in the PV (100.9±9.9 cm/s at baseline versus 92.1±11.8 cm/s on isoproterenol, P=0.27). However, APD_{80} was shortened by 15.5±7.7% in the presence of isoproterenol (P=0.03).

Focal Activity
In the presence of isoproterenol (10^{-6} mol/L), sustained, spontaneous rhythms were observed in 66% of the preparations during endocardial mapping (cycle length range, 330 to 1100 ms). Focal discharge was defined as a point source originating from within the field of view. All foci were seen at or just proximal to the venous ostium, 0.84±0.4 cm proximal to the region of slow conduction in the PV. In 50% of these “focal” discharges, burst atrial pacing was necessary to initiate the spontaneous activity. In general, the rate increased with burst pacing but then gradually decreased to <1000 ms. There was no evidence of diastolic depolarization or triggered activity at the site of earliest activation on the optical map during any focal discharge. Figure 8 shows a typical PV discharging at a rate of 1100 ms; with burst atrial pacing, the rate increased transiently to 300 ms. In 1 animal, discrete foci were discovered in 2 different veins, with 1 focus being significantly faster than the other (330 versus 1000 ms). The faster focus was transient and was inducible only with burst atrial pacing. In contrast, the slower focus fired continuously (in the presence of isoproterenol) but seemed to be transiently suppressed in presence of the faster focus.

Discussion
In this study, we have demonstrated distinct electrophysiological characteristics of the PV using high-resolution optical mapping. The PV seems to possess a substrate for microreentry, although focal activity was also noted.

Conduction was found to be significantly slower at the proximal PV than in the rest of the left atrium, with decremental conduction and variable entrance block observed at faster atrial pacing rates. Marked repolarization heterogeneity was also discovered. Regions of slow conduction in the
ostium. Stable microreentrant sources were thought to be the most likely underlying mechanism of AF in this model. More recently, Hocini et al\textsuperscript{10} described regions of slow and heterogeneous conduction in canine PVs, especially in regions that demonstrate changes in muscle fiber orientation, and implied that this may provide a substrate for reentry in the veins. Slow and fractionated activation electrograms were characteristic of these regions of slow conduction. However, because the area of anisotropic conduction in each vein was very small (longest zone of conduction delay in any vein was \(<15\) mm), reentrant circuits, if present, would be very difficult to demonstrate with standard extracellular recording techniques. Moreover, interactions of regions of slow conduction and prolonged refractoriness could not be evaluated with extracellular recordings.

Using high-resolution optical mapping, we have demonstrated that PVs possess both anisotropic conduction and repolarization heterogeneity, with evidence of reentry in response to extrastimulus testing. We and others have demonstrated that the proximal vein contains abrupt changes in fiber orientation, which may account for this conduction slowing.\textsuperscript{5,10} Although conduction slowing was most marked in the proximal vein, the reentrant loops that were noted also seemed to require participation of regions of prolonged refractoriness, usually more distally in the vein. The reentry was therefore consistent with the classic “leading-circle” model described by Allessie et al\textsuperscript{11} in that it seemed to occur in the absence of an anatomic obstacle (ie, was functional) and seemed to require only recovery of a very small region of depolarized vein to persist. This is further supported by the finding that isoproterenol allowed the sustenance of reentry with no effect on conduction velocity, only on APD\textsubscript{80}. The rates of reentry, which were frequently faster than 300 ms, were compatible with those found in patients with focal drivers.

We also noted slower, focal activity more proximally in the PV that was enhanced by burst atrial pacing, suggesting triggered activity as a possible mechanism. Nonetheless, focal activity also seemed to be suppressible by faster atrial rates, suggesting focal automaticity as a potential mechanism. Regardless of the true underlying mechanism, it is possible
that the slow proximal focal activity may constitute the focal triggers that are encountered clinically. In the setting of diseased atrial substrate, these triggers may allow the initiation of AF.

It is conceivable, therefore, that the PV may provide a substrate for both focal (or triggered) automaticity and reentry. A slow, automatic (or triggered) focus originating from close to the PV ostium may then be maintained as a rapid reentrant circuit because of the functional barriers provided by the slow conduction in the rest of the PV. This may explain the unusually rapid rates of these foci that have been observed clinically (focal drivers).

Study Limitations
Our study demonstrates the potential substrate for arrhythmias in normal canine PVs and therefore may not represent that of patients with AF. However, our study does seem to confirm some of the substrate characteristics that have been postulated on the basis of clinical studies in the PV. Moreover, it is possible that our observations may be a 1-dimensional snapshot of more complex spiral/scroll wave activity in a potentially very heterogenous medium (ie, the PV). Additional work is needed to better clarify these mechanisms.

Although our main finding demonstrated reentry within the PV as one mechanism, we were unable to demonstrate the exact mechanism of focal activity observed in the proximal endocardium, although there was some evidence supporting both triggered and focal mechanisms. Moreover, focal discharge was seen only on the endocardial aspect and not on the epicardial aspect of the vein. A potential explanation is that the focus may be deeper than the surface field of view of the optical mapping technique and may lie closer to the endocardial surface of the PV. Alternatively, the observed focus may also be the exit site of reentry that may be occurring deeper within the vein (and may therefore not be observed on optical mapping). However, the presence of reentry is the unique finding of this study.

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References
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