Myocardial Contrast Echocardiography Can Be Used to Assess the Microvascular Response to Vascular Endothelial Growth Factor-121

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**Background**—Therapeutic angiogenesis is a new approach to treating ischemic heart disease, and the optimal method for assessing its efficacy is unclear. We used myocardial contrast echocardiography (MCE) to evaluate the therapeutic response to the angiogenic agent, vascular endothelial growth factor-121 (VEGF_{121}).

**Methods and Results**—After placement of an ameroid constrictor (day 0) around the left anterior descending artery (LAD), dogs were given intracoronary VEGF_{121} protein (108 μg, n=6) or placebo (n=6) on days 7 and 21, and subcutaneous VEGF_{121} (1 mg) or placebo on days 8 to 20 and 22 to 27. On day 48, MCE was performed during rest and dobutamine stress. Videointensity (β) and pulsing interval (t) were fit to an exponential model (y=A[1-e^{-t}]) used to derive indices of red cell velocity (β) and capillary area (A), and parameters were compared with radiolabeled microsphere flow data. VEGF_{121} treatment resulted in higher resting left anterior descending artery/left circumflex flow ratio compared with placebo (P<0.03) and improved collateral flow reserve. β was 0.94±0.37 in VEGF_{121} dogs versus 0.38±0.31 in controls (P<0.02), with the greatest difference in the endocardium. The parameter A was comparable in both groups, suggesting that microvascular changes did not alter capillary cross-sectional area, and histology indicated a trend toward higher arteriolar density in VEGF_{121}-treated animals.

**Conclusions**—VEGF_{121} protein improves collateral flow and reserve. MCE can evaluate the transmural location and structural and functional responses of the microvasculature to angiogenic interventions. (Circulation. 2002;105:759-765.)

**Key Words:** echocardiography ■ angiogenesis ■ coronary disease

Therapeutic angiogenesis represents a new approach to treating coronary artery or peripheral vascular disease using exogenous delivery of angiogenic growth factors (or genes encoding these factors) to enhance new blood vessel development or promote remodeling of existing vessels. This treatment is based on studies demonstrating that angiogenic interventions improve perfusion in experimental models of ischemia. Vascular endothelial growth factor (VEGF) is one of the most intensively studied angiogenic agents, partly because its mitogenic activity is almost entirely specific for endothelial cells and its expression is induced by hypoxia, indicating that it is a key natural mediator of angiogenesis in response to ischemia. Most commonly, the protein is a homodimer of polypeptides extending 165 or 121 amino acids in length (VEGF_{165} and VEGF_{121}, respectively), which binds to high-affinity tyrosine kinase receptors. VEGF_{165}, but not VEGF_{121}, also binds to heparin-like molecules and to the receptors neuropilin-1 and -2. Despite these differences, VEGF_{165} and VEGF_{121} both enhance collateral blood flow in experimental models. In the category of coronary models, positive effects for VEGF_{121} have been reported using a localized gene therapy approach in which adenoviruses encoding VEGF_{121} were injected directly into ischemic porcine myocardium.

With regard to the clinical application of angiogenic agents such as VEGF, numerous questions remain, including the following: (1) Will single or multiple agents be required? (2) Does the agent need to be delivered locally? (3) Is the agent best delivered as a recombinant protein, or via gene therapy? Additionally, the appropriate end point for establishing the efficacy of angiogenic therapy has been debated, partly because the optimal method for measuring the blood vessel response is unclear, the microvascular level at which growth factors act is incompletely understood, and there are no in vivo imaging methods for evaluating vessels <200 μm in diameter.

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Myocardial contrast echocardiography (MCE) is an intravascular tracer technique using intravenously injected microbubbles as red cell tracers during ultrasound imaging.\textsuperscript{11,13} New approaches to the quantification of MCE data\textsuperscript{13} may uniquely allow us to noninvasively interrogate the microcirculation and evaluate the effects of therapeutic angiogenesis.

The purpose of this study was 2-fold. First, as an extension of results previously reported with VEGF\textsubscript{121} gene therapy, we tested the hypothesis that sustained exposure to VEGF\textsubscript{121} protein achieved through repeated subcutaneous and intracoronary injection would enhance collateral development in a canine model of chronic myocardial ischemia. Second, we tested the hypothesis that MCE can assess the effects of angiogenic therapy on microvascular structure and function in vivo. With histology and radiolabeled microsphere flow data as standards, we report that treatment with VEGF\textsubscript{121} protein was efficacious in producing a therapeutic angiogenic response, that MCE could detect a subset of the effects, and that MCE can yield unique insights into the physiology of the response.

Methods

Surgical Preparation

**Day 0: Recovery Surgery**

This protocol was approved by the University of Pittsburgh Institutional Animal Care and Use Committee and complied with American Heart Association Guidelines. After premedication with topical and intravenous atropine (75 \textmu g/kg) and IV thiopental sodium (10 mg/kg), 13 dogs were intubated and ventilated. General anesthesia was maintained with 0.5% to 2.0% inhaled isoflurane. A left lateral thoracotomy was performed. Catheters were placed in the left atrium for microsphere injection, in the cephalic vein for drug and ultrasound contrast delivery, and in a femoral artery for pressure monitoring and radiolabeled microsphere reference withdrawal. A 2.5- to 2.75-mm-diameter amniotic constriction was placed around the proximal left anterior descending artery (LAD) to cause total occlusion 2 to 3 weeks later.\textsuperscript{5,12} All catheters were removed before chest closure, the dogs were recovered, and aspirin (325 mg PO) was given daily for 24 days to prevent coronary thrombosis.

**Day 48: Terminal Surgery**

On the 48th postoperative day, the dogs were anesthetized with sodium pentobarbital (30 mg/kg), intubated, and ventilated. A left lateral thoracotomy was performed, and catheters were placed in the left atrium, cephalic vein, and femoral artery.

Myocardial Contrast Echocardiography

ECG-triggered end-systolic harmonic B-mode MCE imaging was performed in short-axis views at incremental pulsing intervals using 1.8- to 3.6-MHz transmit/receive frequencies (Sequoia, Acuson Corp). Gain, depth, mechanical index (0.8 to 1.0), focus, and dynamic range (75 dB) were held constant. Videointensity-pulsing interval data were fit to a monoexponential calculation and evaluate the effects of therapeutic angiogenesis.

**Statistical Analysis**

Data are expressed as mean\(\pm\)SD. Comparisons between the VEGF\textsubscript{121}-treated and control dogs were made by unpaired \(t\) testing. Significance was defined as \(P<0.05\) (2-tailed).

Results

One dog died postoperatively. Data from 12 dogs (6 VEGF\textsubscript{121}-treated, 6 controls) are presented here.
Native Collateral Flow: Day 0
Baseline resting LAD/LCX flow was essentially identical in both groups on day 0 (Figure 1C). LAD risk area size as judged by MCE (see examples in Figure 1A and 1B) was also similar (Figure 1C, right). Radiolabeled microsphere flows during acute LAD occlusion were not different in the 2 groups (Figure 1C), confirming similar pretreatment native collateral flow.

Collateral Development
The risk areas detected by MCE during acute occlusion on day 0 were no longer present on day 48 (compare Figure 1A and 1B and Figure 2), indicating restoration of resting perfusion in the LAD bed via collaterals. Nonetheless, overall there was a modest but statistically significantly higher resting LAD/LCX microsphere flow in the VEGF121-treated dogs (0.92±0.04) compared with controls (0.86±0.04) on day 48 (P<0.03).

Collateral Flow Reserve
Collateral flow reserve with dobutamine stress on day 48 was impaired in both groups, but less so in the VEGF121-treated dogs. Figure 3 depicts images at increasing pulsing intervals in a VEGF121-treated and control dog at similar rate-pressure products during dobutamine stress. In both animals, there was an LAD endocardial defect at the shortest pulsing interval (panels B and F), because insufficient time had elapsed since the previous destructive pulse for bubbles to replenish this region of reduced reserve. As bubble replenishment increased with higher pulsing intervals, this defect filled in (Figure 3C through 3D and 3G through 3H).

Figure 1. Regional perfusion on day 0. MCE images demonstrate risk area during LAD occlusion in VEGF121 dog (A) and control dog (B). C, Graph summarizes radiolabeled microsphere flow at baseline and during LAD occlusion (left axis) and MCE risk area size (right axis) in all 12 dogs. LAD flow is normalized to LCX flow. Risk area is expressed as percentage of the left ventricular short axis (% LV).

Figure 2. MCE images on day 48 from dogs in Figure 1, demonstrating absence of previously seen risk areas in VEGF121 dog (A) and control dog (B).

Figure 3. Sequential images in the same VEGF121-treated dog (A through D) and control dog (E through H) shown in Figure 2, at incremental triggering intervals during dobutamine stress. Time (seconds) represents pulsing interval duration. There is more rapid resolution of the endocardial defect (region between arrows) in the VEGF121-treated dog.
Despite the initial delay in LAD endocardial enhancement in the VEGF$_{121}$ dog (Figure 3, upper panels), intensity in both LAD and LCX was equivalent by 2.2 seconds, suggesting a similar capillary cross-sectional area in the 2 beds (Figure 3D). In the control dog (Figure 3, lower panels), however, the endocardial defect persisted at 2.2 seconds (Figure 3H). Later frames (not shown) demonstrated resolution of this defect, suggesting equivalent LAD and LCX capillary volumes even in this control dog. These images thus suggest that despite restoration of resting flow, flow reserve was impaired, with the more severe impairment in the control dog manifesting as decreased endocardial red cell velocity.

Figure 4 plots LAD and LCX bed videointensity versus pulsing interval data for the dogs shown in Figure 3. In the VEGF$_{121}$ dog, the initial endocardial defect resulted in decreased LAD intensity relative to the LCX at short pulsing intervals, but this defect quickly resolved and videointensity equaled in both beds by 2 seconds. In the control dog, the rate of LAD videointensity change was markedly delayed as compared with that of LCX. When these data were fit to an exponential function, plateau LAD and LCX intensity (A value) ultimately equalized (not shown in graph). Overall, bubble velocity (B) in the LAD relative to LCX bed was higher in the VEGF$_{121}$ group as compared with controls (Figure 5A), with differences most evident in the endocardium, where B values for the endocardium and endocardial/epicardial ratios were higher in VEGF$_{121}$ dogs (Figure 5B). Plateau videointensity (A) was similar in both groups (Figure 5A).

The radiolabeled microspheres corroborated the MCE data. On day 48, there was no difference between control and VEGF$_{121}$-treated dogs with respect to resting LAD/LCX endocardial flow (0.82±0.10 versus 0.88±0.06, P=0.22) and LAD/LCX endocardial/epicardial flow ratios (0.96±0.22 versus 0.96±0.08, P=0.99). With dobutamine, however, normalized endocardial flow was higher in the VEGF$_{121}$ dogs compared with controls, resulting in higher endocardial/epicardial flow ratios (Figure 6).

The number of arterioles per field in the endocardium (Figure 7) tended to be higher in VEGF$_{121}$ dogs (12.6±5.1) as compared with controls (7.6±2.8, P=0.058).

**Hemodynamics and Safety**

There was no difference in rate-pressure product between VEGF$_{121}$ and control groups during dobutamine stress (45±7×10$^3$ versus 38±8×10$^3$, P=0.20), indicating similar myocardial oxygen demand.

Heart rate and mean blood pressure were stable during intracoronary infusion in the controls (Table). In the VEGF$_{121}$ dogs, heart rate increased in association with a slight rise in blood pressure (Table). In 3 conscious dogs receiving VEGF$_{121}$, cuff blood pressure was measured before and 5 minutes after subcutaneous injection. There was no difference between mean blood pressure before (92±6 mm Hg) and after (89±2 mm Hg) VEGF$_{121}$ injection (P=0.37). Serum hemoglobin, leukocyte and platelet counts, blood urea nitrogen, creatinine, and serum transaminases remained unchanged.

**Discussion**

Using a canine model of chronic myocardial ischemia, this study demonstrated that (1) sustained exposure to recombinant VEGF$_{121}$ protein via subcutaneous and intracoronary delivery is feasible and safe, (2) VEGF$_{121}$ delivered in this fashion enhances collateral flow and reserve, and (3) MCE can assess physiological and structural effects of VEGF$_{121}$ on the microvasculature.

**Therapeutic Effect of VEGF$_{121}$**

This is the first study to show that administration of VEGF$_{121}$ protein is associated with a therapeutic angiogenic effect in ischemic myocardium. Unlike VEGF$_{165}$ used in previous studies, VEGF$_{121}$ does not bind to heparin-like molecules in extracellular matrix. We reasoned that a subcutaneous depot of the protein would be systemically absorbed and ultimately bind to endothelial VEGF$_{121}$ receptors overexpressed in ischemic tissue. Indeed, in previous studies in rats, a subcutaneous VEGF$_{121}$ dose of 100 µg, even less than the weight-adjusted dose used in our study, resulted in therapeutically effective peak plasma levels of 50 ng/mL at 100 minutes and 5 ng/mL at 6 hours. We also reasoned that sustained exposure to VEGF$_{121}$ afforded by repetitive dosing would confer therapeutic benefit.

The treatment resulted in modestly higher resting flow (measured by radiolabeled microspheres) to the collateral-dependent bed in VEGF$_{121}$ dogs as compared with controls at day 48. Microspheres injected during LAD occlusion on day 0 confirmed that pretreatment collateral perfusion to the LAD...
bed was similar in both groups. Thus, resting differences in preexisting collaterals were unlikely to have biased the day 48 results.

We assessed flow reserve in the collateral-dependent bed to further characterize physiological effects of VEGF121 treatment and found that flow reserve was better in VEGF121-treated dogs. In particular, endocardial reserve was higher in VEGF121-dogs as compared with controls, resulting in improved endocardial/epicardial flow ratios and better preservation of transmural flow distribution during stress.

Although there are numerous investigations of therapeutic myocardial angiogenesis in animal models, few have used clinically applicable methods to assess the effect of treatment on coronary flow reserve. Harada et al reported that VEGF165 administered to ameroid-constricted pigs improved endocardial flow reserve during pacing stress, as judged by microspheres. Adenovirus encoding for VEGF121 injected into ischemic porcine myocardium augmented hyperemia during pacing stress as measured by \([99mTc]\)Sestamibi single-photon emission computed tomography (SPECT). Transmural flow distribution was not analyzed, as SPECT cannot evaluate endocardial/epicardial flow distribution. Our study builds on these results and underscores the importance of defining collateral flow reserve as a therapeutic end point. Moreover, our data suggest that the transmural distribution of flow is an important criterion for evaluating angiogenic success.

Advantages of MCE for Assessing Angiogenesis

A major finding of our study is that quantification of myocardial perfusion using MCE can be applied to the evaluation of therapeutic angiogenesis. The unique power of MCE for physiological assessment of therapeutic angiogenesis derives from several attributes of the technique when performed during continuous contrast infusion. First, because intramyocardial blood volume comprises predominantly capillaries, the videointensity on MCE represents tissue concentration of bubbles within the capillary compartment. The videointensity on MCE represents tissue concentration of bubbles within the capillary compartment. Second, microbubble destruction and replenishment of the ultrasound beam during microbubble infusion can be used to derive insight into the microcirculation. After a destructive ultrasound pulse, the rate of bubble replenishment of the beam, manifested as the rate of videointensity increase with incremental pulsing intervals (\(\beta\)), relates to capillary red cell velocity. At sufficiently long intervals, the beam will completely replenish between pulses, further increases in pulsing interval will not change videointensity, and the

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**Figure 5.** Effect of VEGF121 at day 48 on transmural (A) and endocardial (B) MCE parameters. LAD values are normalized to LCX. Inset in left corner shows the model used to fit the data. \(y\) indicates videointensity, \(t\), pulsing interval; \(\beta\), rate of videointensity rise; and \(A\), plateau peak intensity.

**Figure 6.** Mean day 48 radiolabeled microsphere-derived endocardial flow and endocardial/epicardial (Endo/Epi) flow ratios with dobutamine stress in the 2 groups. LAD data are normalized to LCX.

**Figure 7.** \(\alpha\)-Smooth muscle actin–stained endocardial sections from VEGF121 dog (A) and control dog (B) showing more numerous arterioles (arrows) are shown in VEGF121 dog.
videointensity at which this plateau occurs is a function of capillary cross-sectional area.13

Using this approach, MCE and radiolabeled microsphere data were concordant and indicated better flow reserve in VEGF121 dogs as compared with controls. Although the microsphere data did not suggest a mechanism for improvement, MCE provided additive information. There was no difference between groups in the LAD/LCX plateau intensity, suggesting no treatment-related differences in capillary area, whereas the relative bubble velocity (β term) was higher in VEGF121 dogs than in controls. These data suggest that the microvascular level at which VEGF121 improves perfusion is proximal to the capillaries. Indeed, the trend toward more numerous arterioles in the VEGF121 dogs supports this concept.

The positive effect of VEGF121 on bubble velocity was most evident in the endocardium, paralleling the preserved endocardial/epicardial flow ratios measured with radiolabeled microspheres and the endocardial location of arteriolar increase in the VEGF121-treated group. These findings suggest that VEGF121 has a differential effect on endocardium as compared with epicardium. Conceivably, a transmural gradient in therapeutic effect could result from higher expression of VEGF receptors by the endocardium in response to the more severe endocardial versus epicardial ischemia typically seen in dogs with occlusion.11

### Alternatives for Evaluating Angiogenic Therapy

The optimal method for assessing the effect of therapeutic angiogenic strategies on tissue perfusion is unclear.1,10 Angiography has been used in angiogenic treatment trials,18 but it does not ultimately image tissue perfusion, the true therapeutic end point. Because it does not visualize microvessels <100 μm,11 angiography could underestimate the therapeutic effect. Indeed, an increase in the density of capillaries in ischemic pig myocardium7 and rabbit hindlimb5 has been reported with angiogenic treatment. Arterioles 20 to 100 μm in diameter have increased in number in pigs3 and dogs5 receiving VEGF165. Simple angiography would not have detected these changes. Moreover, scintigraphic techniques, including positron emission tomography, which has limited availability, cannot resolve endocardial/epicardial differences in perfusion nor parcel the capillary versus noncapillary components of the circulatory tree.

The passage of the MRI contrast agent, gadodiamide, from cardiac chambers to myocardium has been mapped as signal intensity versus time.19 Collateralized myocardium of ischemic pigs demonstrated delayed signal arrival, which is conceptually analogous to, although physically different from, the MCE β term. This delay was improved by myocardial delivery of VEGF165, in agreement with radiolabeled microsphere data. Unlike MCE, which is a pure intravascular tracer technique, however, MRI measures contrast arrival not only to the capillaries but also the interstitium. Thus, although MRI tracks perfusion measured with microspheres, it does not actually measure the same thing.

### Study Limitations

Canines have a natural predilection for collateralization during ischemia as a result of the presence of preformed collaterals.12 This attribute should not undermine our conclusions because (1) most humans with coronary disease have collaterals;5,6 (2) natural collateralization in dogs would bias against finding an additional benefit, yet VEGF121 had an incremental therapeutic effect; and (3) the positive effects were preferentially seen in the endocardium, where there are few native canine collaterals.

### Clinical Implications

The exogenous administration of growth factors to stimulate development of new or preexisting vessels is a promising approach to enhancing tissue perfusion in settings of ischemia. If our results in dogs hold true in the clinical setting, VEGF121 should exert a therapeutic effect that is most evident when collateral flow reserve is tested. Abnormal collateral flow reserve parallels symptoms of angina in patients with coronary artery disease,20 and alleviation of these abnormalities would be expected to translate into alleviation of symptoms. Multiple angiogenic strategies are being evaluated in humans,5,10,18,21,22 and there is a need to determine what end points and tools are best suited for assessing the therapeutic response. This study suggests that MCE can provide a relatively simple approach to quantifying changes in tissue perfusion in response to angiogenic stimuli, and moreover, that it has the unique ability to delineate the transmural and microvascular level at which these structural and physiological changes occur.
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