Effect of Non–Insulin-Dependent Diabetes Mellitus on Myocardial Insulin Responsiveness in Patients With Ischemic Heart Disease

Dinesh Jagasia, MA; Jennifer M. Whiting, BS; John Concato, MD; Steven Pfau, MD; Patrick H. McNulty, MD

Background—Patients with non–insulin-dependent diabetes mellitus (NIDDM) exhibit poor clinical outcomes from myocardial ischemia. This may reflect an impairment in their cardiac insulin-response system.

Methods and Results—We used AV balance and intracoronary infusion techniques to compare the intrinsic cardiac responsiveness to insulin in 26 coronary disease patients with (n=13) and without (n=13) NIDDM. During fasting, NIDDM hearts demonstrated lower fractional extraction of glucose from arterial plasma than controls (1.0±0.5% versus 2.1±0.5%, P<0.05) despite higher circulating insulin levels (26±5 versus 13±4 μU · mL, P<0.05). This was compensated for by higher circulating glucose levels, so that net cardiac glucose uptake in the 2 groups was equivalent (5.2±1.1 versus 5.3±1.1 μmol · min). Intracoronary insulin infusion produced an ~3-fold increase in fractional extraction and net uptake of glucose across the heart in both groups (to 3.7±0.4% and 18.3±3.5 μmol · min in NIDDM and to 5.4±0.7% and 17.7±4.3 μmol · min in controls) accompanied by an ~30% increase in net lactate uptake, suggesting preserved insulin action on both glucose uptake and glucose oxidation in the NIDDM heart. In nondiabetics, insulin consistently increased coronary blood flow, but this effect was absent in NIDDM.

Conclusions—in contrast to their peripheral tissues and coronary vasculature, the myocardium of patients with NIDDM expresses a competent insulin-response system with respect to glucose metabolism. This suggests that insulin resistance is mediated at the level of individual organs and that different mechanisms are involved in muscle and vascular tissue. (Circulation. 2001;103:1734-1739.)

Key Words: diabetes mellitus ■ myocardium ■ insulin ■ arteries

Patients with non–insulin-dependent diabetes mellitus (NIDDM) experience disproportionate morbidity and mortality from ischemic heart disease.1 The observation that NIDDM specifically increases the incidence of congestive heart failure2 and death3 after an index myocardial infarction implies that this adverse risk may reflect a primary impairment in myocardial ischemic tolerance. Considerable evidence now suggests that the myocardium adapts to ischemia in part by increasing its uptake and energetic metabolism of glucose via recruitment of specific elements of the intrinsic myocardial insulin-response system.4-5 This raises the question of whether the development of NIDDM in patients with ischemic heart disease is associated with impaired expression and/or function of this system.

Most previous attempts to address this question have used the technique of [18F]fluorodeoxyglucose PET to indirectly estimate the myocardial glucose uptake response to systemic insulin administration. These studies have yielded mixed results.6-9 More important, systemic insulin administration stimulates myocardial glucose uptake mainly indirectly by suppressing lipolysis in adipocytes and lowering the plasma fatty acid concentration, which removes fatty acid inhibition of heart glucose uptake and oxidation.10 This does not allow direct assessment of the interaction of insulin with the insulin-response system of the heart itself. To circumvent these limitations, in the present study we combined local intracoronary insulin infusion with direct measurement of arterial-coronary sinus glucose balance to compare the intrinsic myocardial responsiveness to insulin in ischemic heart disease patients with and without NIDDM.

Methods

Subjects
Twenty-six male subjects were enrolled from the population referred for evaluation of chest pain. Subject characteristics are listed in Table 1. Thirteen had NIDDM (duration, 6±4 years; range, 1 to 18 years), and 13 were nondiabetic control subjects. Subjects were excluded if they had reduced left ventricular ejection fraction (<45%), previous myocardial infarction, or chest pain within 24 hours preceding study. All subjects were taking β-adrenergic blockers and aspirin. Hypoglycemic medications (glyburide in 10 subjects and insulin in 3) were withdrawn ≥48 hours before study.

References
TABLE 1. Characteristics of Control and NIDDM Subjects

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<tbody>
<tr>
<td>n</td>
<td>13</td>
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<td>...</td>
</tr>
<tr>
<td>Age, y</td>
<td>58±6</td>
<td>62±6</td>
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<tr>
<td>Weight, kg</td>
<td>80±6</td>
<td>83±6</td>
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<tr>
<td>BMI, kg/m²</td>
<td>25±2</td>
<td>28±2</td>
<td>19–23</td>
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<tr>
<td>Insulin, μU/mL</td>
<td>13±4*</td>
<td>26±5*</td>
<td>5–12</td>
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<td>Glucose, mmol/L</td>
<td>5.3±0.7</td>
<td>8.9±1.1*</td>
<td>4.5–5.5</td>
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<td>Lactate, mmol/L</td>
<td>0.6±0.2</td>
<td>0.8±0.3</td>
<td>0.5–1.5</td>
</tr>
<tr>
<td>FFA, mmol/L</td>
<td>1.2±0.1</td>
<td>1.3±0.3</td>
<td>0.4–1.2</td>
</tr>
<tr>
<td>HbA₁c, %</td>
<td>5.3±1.0</td>
<td>8.0±1.2*</td>
<td>3.5–5.8</td>
</tr>
<tr>
<td>LVEF, %</td>
<td>53±5</td>
<td>57±5</td>
<td>&gt;50</td>
</tr>
</tbody>
</table>

BMI indicates body mass index; HbA₁c, hemoglobin A₁c; and LVEF, left ventricular ejection fraction.

Plasma insulin and substrate concentrations were obtained during fasting. Normal ranges are given for reference. All values are mean±SD for 13 subjects each.

*P<0.05 vs control.

Experimental Protocol

The study protocol was approved by the Human Subjects Committee of the VA Connecticut Healthcare System, and all subjects gave written informed consent. After a 12- to 16-hour fast, sampling catheters were placed in a femoral artery and the proximal coronary sinus as previously described,11 and subjects received 5000 U IV heparin sodium to prevent vascular thrombosis. In 12 subjects (6 subjects in whom coronary sinus flow was measured, myocardial net percent extraction from arterial plasma for each substrate. For FFA was calculated by subtracting their coronary sinus concentration from arterial plasma concentration. These differences were then divided by arterial concentration and multiplied by 100 to give a percent extraction from arterial plasma for each substrate. For subjects in whom coronary sinus flow was measured, myocardial net uptake (μmol · min) of glucose, lactate, and FFA was calculated by multiplying the arterial-coronary sinus balance by coronary sinus plasma flow (blood flow×[1–hematocrit]). Myocardial oxygen consumption was determined by the Fick principle after calculation of arterial and coronary venous blood oxygen content (mL · L).11

Data Analysis

Results from quadruplicate sets of plasma samples were averaged to yield 1 value for each measured variable under basal and insulin-infused conditions for each subject. All data are expressed as mean±SD. Within each group, comparisons between the 2 sampling times were made by paired t tests. Comparisons between the 2 groups at each sampling time were made by 2-tailed unpaired t tests. A sample size of 11 patients per group provides 80% power to detect a 15% difference in glucose AV balance between NIDDM and control subjects, assuming11 an SD of 16 and 35 μmol · L for measurement of glucose and lactate AV balances, respectively, and using a 5% two-tailed significance level.

Results

Borderline and Angiographic Data

Basal systolic and diastolic blood pressures, heart rate, and rate-pressure product (systolic blood pressure times heart rate) were similar in control subjects (125±11 mm Hg, 70±6 mm Hg, 61±7 minutes⁻¹, and 7628±79 mm Hg · min⁻¹) and NIDDM patients (131±13 mm Hg, 75±9 mm Hg, 66±8 minutes⁻¹, and 8644±109 mm Hg · min⁻¹; all P=NS) and were not significantly affected by intracoronary insulin infusion in either group (control: 131±14 mm Hg, 73±9 mm Hg, 60±7 minutes⁻¹, and 7859±99 mm Hg · min⁻¹; NIDDM: 133±15 mm Hg, 73±11 mm Hg, 68±9 minutes⁻¹, and 9035±138 mm Hg · min⁻¹). All subjects were found to have significant (>50% luminal narrowing) atherosclerosis affecting ≥1 major coronary artery (average number of arteries involved: nondiabetic, 2.2±0.6; NIDDM, 2.0±0.5), but the left anterior descending and circumflex branches of the left main coronary were observed to be patent and to perfuse the major portion of the left ventricular muscle in all.

Plasma Substrate and Insulin Concentrations

In the basal state, NIDDM subjects had higher arterial plasma concentrations of glucose (8.9±1.1 versus 5.3±0.7 μmol · mL⁻¹, P<0.01) and insulin (26±5 versus 13±4 μU · mL⁻¹, P<0.05) and higher hemoglobin A₁c levels (8.0±1.2 versus 5.3±1.0%, P<0.05) than nondiabetic control subjects (Table 1). Plasma lactate levels were marginally higher in NIDDM patients (0.8±0.3 versus 0.6±0.2 μmol · mL⁻¹, P=0.10), whereas FFA levels were uniformly high in both groups (1.2±0.3 versus 1.3±0.3 μmol · mL⁻¹, P=NS), consistent with the fasting state and heparin administration. Intracoronary insulin infusion succeeded in raising the coronary venous plasma insulin concentration to slightly above the physiological range in both groups (142±14 versus 156±20 μU · mL⁻¹ for control subjects versus NIDDM patients, P=NS) without substantially increasing the systemic arterial insulin level (Figure 1). Arterial plasma glucose, lactate, and FFA concentrations were not affected by insulin infusion in either group (Table 2), confirming the lack of any systemic metabolic insulin effect during intracoronary infusion.

Coronary Sinus Blood Flow and Myocardial Oxygen Consumption

Intracoronary insulin infusion increased coronary sinus blood flow in each of 6 nondiabetic subjects by an average of ~20%.
myocardial oxygen consumption (6.6 \pm 0.5\text{cal}) calculated myocardial oxygen consumption did not change globin saturation (from 31 \pm 6\% to 31 \pm 6\%).

Twice that of NIDDM patients (2.1 \pm 0.5\% versus 1.0 \pm 0.5\%), so that calculated myocardial oxygen consumption did not change (6.8 \pm 1.3 to 7.0 \pm 1.6\text{mL \cdot min}, \text{P}=\text{NS}). In contrast, 0 of the 6 NIDDM subjects demonstrated a significant change in either coronary sinus flow (55 \pm 10 to 56 \pm 11\text{mL \cdot min}, \text{P}=\text{NS}) or myocardial oxygen consumption (6.6 \pm 1.8 to 6.2 \pm 1.9\text{mL \cdot min}, \text{P}=\text{NS}) during insulin infusion (Figure 2).

Arterial-Coronary Sinus Balance, Percent Extraction, and Net Uptake

Arterial-coronary sinus balance and fractional myocardial extraction of glucose, lactate, and FFA for each group are shown in Figure 3. For glucose, in the fasting state, its fractional extraction from arterial plasma in nondiabetics was twice that of NIDDM patients (2.1 \pm 0.5\% versus 1.0 \pm 0.5\%, \text{P}<0.01). However, because NIDDM patients had higher arterial plasma glucose concentrations, the net arterial-coronary sinus balances of the 2 groups were equivalent (109 \pm 16 versus 99 \pm 16\text{mol \cdot L, P=NS}). Intracoronary insulin infusion increased glucose extraction and arterial-coronary sinus balance \approx 2.5-fold in control subjects (to 5.4 \pm 0.7\% and 294 \pm 36\text{mol \cdot L}), both \text{P}<0.001 versus basal) and \approx 3.5-fold in NIDDM patients (to 3.7 \pm 0.6\% and 337 \pm 48\text{mol \cdot L}), both \text{P}<0.001 versus basal).

Basal lactate extraction was marginally higher in nondiabetic than in NIDDM patients (33 \pm 7\% versus 25 \pm 7\%, \text{P}=0.02), but because NIDDM patients had slightly higher arterial lactate concentrations, arterial-coronary sinus balances for the 2 groups were equivalent (208 \pm 32 versus 213 \pm 31\text{mol \cdot L}, \text{P}=\text{NS}). During intracoronary insulin infusion, all subjects demonstrated an increase in fractional extraction and arterial-coronary sinus balance for lactate, with no significant difference in the response of control subjects (to 46 \pm 7\% and 278 \pm 39\text{mol \cdot L}) and NIDDM (to 35 \pm 5\% and 283 \pm 34\text{mol \cdot L}) patients.

Basal extraction and arterial-coronary sinus balance of FFA were high, consistent with the high arterial FFA levels of these subjects who were fasting and had received heparin, but they were not different between groups. Intracoronary insulin infusion had no effect on fractional extraction or arterial-coronary sinus balance of FFA in either NIDDM patients or control subjects.

Table 3 lists the corresponding values for net myocardial substrate uptake for the 6 subjects in each group in whom myocardial blood flow was measured. Consistent with the arterial-coronary sinus balance data, intracoronary insulin infusion increased net myocardial glucose uptake \approx 3-fold and lactate uptake \approx 40\% in both control subjects and NIDDM patients, and there were no differences in the magnitude of insulin-stimulated glucose or lactate uptake between the groups (\text{P}>0.20 for all comparisons).

Discussion

In this study, we used direct techniques to measure the response of the arterial-coronary sinus glucose balance to an increment in local intracoronary insulin concentration. Because this balance is quantitatively determined by the operation of a number of insulin-responsive metabolic processes within the heart, we reasoned that this measurement should provide an assay of the functional integrity of this integrated insulin-response system. We observed that raising local coronary insulin concentration from a fasting to a slightly supraphysiological level increased myocardial glucose uptake equivalently in ischemic heart disease patients with and without NIDDM. This suggests that in such patients, the development of NIDDM does not impair the intrinsic insulin-response capacity of the heart with respect to glucose consumption.

In the fasting state, our NIDDM patients differed from nondiabetic control subjects in exhibiting hyperglycemia and hyperinsulinemia. These traits are known to indicate resistance to the insulin stimulation of glucose uptake by skeletal muscles, the major target tissue for insulin action. Correspondingly, we observed that fasting heart glucose uptake in NIDDM patients was merely equivalent to that of control subjects despite higher fasting glucose and insulin levels. This suggests that both skeletal and cardiac muscles of NIDDM patients are insulin resistant during fasting relative to those of nondiabetic control subjects. Because transmem-

**Table 2. Plasma Substrate Levels Basally and During Insulin Infusion**

<table>
<thead>
<tr>
<th></th>
<th>Glucose</th>
<th>Lactate</th>
<th>FFA</th>
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<tbody>
<tr>
<td></td>
<td>Control</td>
<td>NIDDM</td>
<td>Control</td>
</tr>
<tr>
<td>Basal</td>
<td>5.3±0.7</td>
<td>8.9±1.1*</td>
<td>0.6±0.2</td>
</tr>
<tr>
<td>Insulin</td>
<td>5.3±0.6</td>
<td>8.8±1.1*</td>
<td>0.5±0.2</td>
</tr>
</tbody>
</table>

Arterial plasma concentrations of glucose, lactate, and FFA in the basal fasted state and during intracoronary insulin infusion.

*\text{P}<0.05 vs control group at same sampling time.*
brane transport is generally considered to be rate limiting for muscle glucose consumption during fasting, this further implies a fasting impairment in myocardial glucose transport in NIDDM, as has been described for skeletal muscles. The observation that NIDDM subjects and control subjects nevertheless exhibited a quantitatively similar glucose-uptake response to local insulin administration can perhaps be explained in the context of our present understanding of muscle glucose metabolism. Insulin stimulates muscle glucose uptake primarily by effecting translocation of the GLUT4 transporter from an intracellular compartment to the sarcolemma. Although a variety of defects in intracellular glucose metabolism have been described in individuals or families with NIDDM, studies measuring the rate of muscle glucose-6-phosphate accumulation during insulin stimulation have established that the insulin resistance of NIDDM primarily involves an impairment in muscle glucose transport/phosphorylation. After its transmembrane transport, the major metabolic fate of glucose imported into both human heart and skeletal muscles is storage in the form of glycogen. Insulin stimulation of glycogen synthesis in skeletal muscle is also specifically impaired in NIDDM, and this impairment accounts quantitatively for almost all the reduction in net glucose consumption in NIDDM muscles. Because even healthy prediabetic offspring of NIDDM patients exhibit impaired insulin stimulation of skeletal muscle glucose transport and glycogen synthesis, it has been suggested that the disease involves genetically transmitted defects in muscle glucose transporter and glycogen synthase expression. How can this be reconciled with the present finding that in NIDDM patients exhibiting insulin resistance of peripheral tissues, cardiac muscle nevertheless appears to remain as insulin responsive as in nondiabetic subjects? The answer may lie in the markedly different contractile work histories of cardiac versus skeletal muscles. In limb muscles of insulin-resistant subjects, contractile exercise increases the capacity for both glucose transport and glycogen synthesis. In contrast, reducing cardiac workload downregulates myocardial GLUT4 expression and produces marked resistance to stimulation of glycogen synthesis by even supra-physiological doses of insulin. Thus, the preserved insulin response of the NIDDM heart, relative to other tissues of the body, may reflect the protective effect of repetitive, high-frequency contractile work on glucose transporter and glycogen synthease expression and function.

Obtaining a maximum energy yield from imported glucose requires glycolytic conversion to pyruvate and subsequent mitochondrial oxidation. Although we did not directly measure myocardial glucose oxidation in this study, the finding that local hyperinsulinemia increased net myocardial uptake of lactate and glucose would be consistent with stimulation of glucose carbon flux through pyruvate dehydrogenase, the rate-limiting step for lactate and pyruvate entry into the citric acid cycle. Augmenting myocardial pyruvate dehydrogenase flux has been demonstrated to improve the functional recovery from ischemia in the isolated heart. The observation that insulin widened the arterial-coronary sinus lactate balance by an equivalent amount in control subjects and NIDDM patients suggests that the capacity for this important response may also be preserved in the NIDDM heart.
Although hyperinsulinemia in the midphysiological range (50 to 60 μU/mL) appears to be without effect on coronary blood flow in humans, we previously observed that raising the systemic insulin level to ∼200 μU/mL increases it by ∼20%. The similar response to local hyperinsulinemia in the present study, unaccompanied by any change in myocardial oxygen demand or consumption, suggests a direct, local insulin action on coronary arterial tone. It is well established that insulin exerts an endothelium-dependent, nitric oxide–mediated vasodilatory action in skeletal muscle. In that tissue, the magnitude of the effect tracks the magnitude of the effect of insulin on tissue glucose uptake and thus is progressively blunted by the development of insulin resistance and NIDDM. Although fewer data are available concerning the heart, a similar loss of vasodilator response to intracoronary insulin infusion has been reported to accompany the development of whole-body insulin resistance in canines. On the basis of observations in skeletal muscles, a number of explanations could be considered for the impaired blood flow response observed in NIDDM patients, including a primary defect in coronary endothelial function, more extensive atherosclerosis, or simply their prevailing hyperglycemia. The present observations do not allow these to be distinguished and furthermore involve only a small number of subjects. Nevertheless, they suggest that at least in the heart, the insulin responsiveness of vascular tissue and muscle may be mediated independently.

The study has several limitations. NIDDM patients were studied at plasma glucose concentrations ∼70% higher than nondiabetic control subjects. This might be predicted to increase the absolute magnitude of their heart glucose uptake by mass action, even in the face of diminished intrinsic insulin responsiveness. Nevertheless, studies of the whole-body response to insulin in NIDDM demonstrate that even hyperglycemic insulin infusion produces less than one half the fractional increase in whole-body glucose uptake produced by euglycemic infusion in nondiabetic subjects. In the case of tissues of the whole body, this difference is attributable to both a rightward shift in the insulin dose-response curve and decreased maximal insulin response. The present results demonstrating proportionally equal insulin stimulation of myocardial glucose uptake in control subjects and NIDDM patients suggest that these changes in insulin sensitivity and response capacity are not demonstrable in the heart. Because the study design required fasting and heparin administration, our observations were necessarily made at relatively high circulating FFA levels, which would tend to suppress absolute myocardial glucose uptake. Further studies are needed to determine whether the glucose-uptake response of the NIDDM heart remains equivalent to that of the nondiabetic heart at higher glucose utilization rates. Finally, although we did not directly measure whole-body insulin sensitivity in these subjects, our previous observations suggest that even in the absence of NIDDM, ischemic heart disease patients exhibit some degree of whole-body insulin resistance relative to age-matched healthy subjects. Because the study did not include control subjects without heart disease, we cannot distinguish whether the myocardial insulin-response characteristics of our NIDDM and nondiabetic groups would have been equivalent to those of healthy subjects or instead simply impaired to an equivalent degree.

In summary, in patients with ischemic heart disease, the development of NIDDM appears to impair the effects of insulin on coronary tone but not on myocardial glucose consumption. Ischemic heart disease patients both with and without NIDDM express equally responsive cardiac metabolic insulin-response systems, which should be equivalent targets for insulin-based metabolic therapy.

**Acknowledgments**

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**References**


**TABLE 3. Effect of Insulin Infusion on Net Myocardial Substrate Uptake**

<table>
<thead>
<tr>
<th>Glucose</th>
<th>Lactate</th>
<th>FFA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Control</td>
<td>NIDDM</td>
<td>Control</td>
</tr>
<tr>
<td>Basal</td>
<td>5.3±1.1</td>
<td>10.7±1.8</td>
</tr>
<tr>
<td>Insulin</td>
<td>17.7±4.3</td>
<td>18.3±3.5</td>
</tr>
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</table>

Net myocardial substrate uptake (μmol/min) for glucose, lactate, and FFA in the basal state and during intracoronary insulin infusion. Values are mean±SD for 6 subjects in each group.
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