Adenosine-Supplemented Blood Cardioplegia Attenuates Postischemic Dysfunction After Severe Regional Ischemia

Vinod H. Thourani, MD; Russell S. Ronson, MD; David G.L. Van Wylen, PhD; Steven T. Shearer, BS; Sara L. Katzmark, BS; Zhi-Qing Zhao, PhD; David C. Han, MD; Robert A. Guyton, MD; Jakob Vinten-Johansen, PhD

Background—Various studies have reported that the administration of adenosine (ADO) in cardioplegia reduces myocardial ischemic injury, but this timing may not utilize ADO’s potential against myocardial reperfusion injury. This study tested the hypothesis that ADO-supplemented blood cardioplegia (BCP) or ADO administered during reperfusion reduces postischemic dysfunction after severe regional ischemia.

Methods and Results—After 75 minutes of left anterior descending coronary artery occlusion, total cardiopulmonary bypass was initiated; cold (4°C) antegrade BCP (8:1 blood:crystalloid) was delivered every 20 minutes for the first 3 doses, and 27°C BCP was delivered for the terminal infusion. Dogs (n=6 per group) received unsupplemented BCP, ADO (100 μmol/L/L) supplemented in all infusions of BCP (ADO-CP), or ADO (100 μmol·L⁻¹·L⁻¹) supplemented only in the terminal infusion of BCP followed by intravenous ADO (140 μg·kg⁻¹·min⁻¹) infusion for the first 30 minutes of reperfusion (ADO-R). Postischemic regional systolic shortening was significantly greater in the ADO-R group (5±2.0%) than in the BCP group (−3±1.0%), but not in the ADO-CP group (2±0.2%). Postischemic regional diastolic stiffness in the area at risk during end reperfusion was lower with ADO-R (1.8±0.3%) than with ADO-CP (2.7±0.3%) or BCP (4.4±0.5%). Infarct size was reduced in the ADO-CP (29±2%) and ADO-R (21±2%) groups compared with the BCP group (42±4%). Edema in the myocardial area at risk was decreased in the ADO-CP (82±0.2%) and ADO-R (80±0.4%) groups compared with the BCP group (86±0.7%). Adherence of fluorescently labeled neutrophils (PMNs) to postischemic coronary artery endothelium was attenuated by ADO-R (55±2 PMNs/mm²), but not by ADO-CP (114±5 PMNs/mm²), compared with BCP (118±3 PMNs/mm²).

Conclusions—The results show that BCP supplemented with ADO reduces infarct size, preserves postischemic systolic and diastolic regional function but does not attenuate coronary artery endothelial dysfunction unless administered during reperfusion. (Circulation. 1999;100[Suppl II]:II-376–II-383.)

Key Words: adenosine | cardioplegia | myocardial protection

Current myocardial protective strategies during coronary artery bypass grafting (CABG) for high risk surgical patients, such as patients with congestive heart failure, low ejection fraction, cardiogenic shock, an acute myocardial infarction, or transplant patients, are evolving and still controversial. The endogenous autacoid, adenosine (ADO), has been shown to have a broad spectrum of physiological cardioprotective effects when delivered as a pretreatment agent (chemical preconditioning),1 during ischemia (cardioplegic arrest),2,3 or during reperfusion.4,5 The cardioprotective effects exerted during pretreatment and ischemia involve, in part, metabolic changes and hyperpolarization of ATP-sensitive potassium (Kᵦᵥ) channels,6 mediated through A₁ receptor mechanisms.7 The cardioprotective mechanisms exerted during reperfusion involve the inhibition of neutrophil-mediated injury, primarily by A₂₅ receptor processes.5,8 Historically, cardioprotective strategies used to attenuate ischemia-reperfusion injury following cardiac surgery have concentrated on the reduction in ischemic injury during the cardioplegic arrested interval. Strategies designed to increase myocardial ischemic tolerance, which may consequently lead to a reduction in reperfusion injury, have focused on the alteration of cardioplegia constituents (eg, glutamate, aspartate, ADO), the temperature of cardioplegia delivery (warm versus cold cardioplegic infusion), and the method of cardioplegia delivery (antegrade versus retrograde and intermittent versus continuous infusion). In a canine model, Hudspeth et al12 investigated ADO (400 μmol·L⁻¹·L⁻¹) as an adjunct to a standard hypothermic, hyperkalemic blood cardioplegia (BCP) in hearts subjected to 30 minutes of normothermic global ischemia before 60 minutes of total cardiopulmonary bypass. ADO-enriched BCP reversed postischemic systolic...
dysfunction when compared with unsupplemented BCP, and this protection was inhibited with the nonspecific ADO antagonist, 8-p-sulfophenyltheophylline. However, ADO used as an adjunct to cardioplegia solutions may not utilize the purine’s potential to inhibit reperfusion injury.

Because ADO has potent inhibitory effects against reperfusion injury, particularly in reducing neutrophil activation and neutrophil-mediated damage, the present study tested the hypothesis that ADO administered as an adjunct to hypothermic cardioplegic arrest or solely during reperfusion would attenuate postcardioplegic myocardial and endothelial injury. Specifically, this study investigates the reduction in ischemia-reperfusion injury following cardiopulmonary bypass by pharmacologic interventions when delivered during the early reperfusion period.

Methods

Surgical Procedure

The dogs were handled in compliance with the Guide for the Care and Use of Laboratory Animals (NIH Publication No. 85-23, revised 1985). The Institutional Animal Care and Use Committee of Emory University approved the study protocol.

Eighteen heartworm-free adult dogs of either sex were anesthetized with sodium pentobarbital (20 mg/kg) and endotracheally intubated. Anesthesia was supplemented with fentanyl citrate (0.3 μg ⋅ kg⁻¹ ⋅ min⁻¹) and diazepam (0.03 μg ⋅ kg⁻¹ ⋅ min⁻¹) administered intravenously as needed to maintain deep anesthesia. Each dog was ventilated with a volume-cycled respirator using oxygen-enriched room air. Serial arterial blood gases were measured to maintain the arterial oxygen tension >100 mm Hg. Arterial carbon dioxide tension was maintained between 30 and 40 mm Hg by adjustment of the ventilatory rate, and pH was adjusted between 7.35 and 7.45 with intravenous sodium bicarbonate. A rectal temperature probe was inserted to measure core body temperature. The right femoral artery and vein were cannulated with polyethylene catheters for arterial blood sampling and for fluid administration.

After median sternotomy, the superior and inferior vena cava were looped with umbilical tapes, the azegyous vein ligated, and the heart suspended using a pericardial cradle. Millar catheter-tipped pressure transducers (Millar Instruments) were placed in the proximal aorta and in the left ventricular cavity. A 1-cm portion of the left anterior descending (LAD) coronary artery distal to the first diagonal branch was dissected and loosely encircled with 2-0 silk suture, which was used to produce regional myocardial ischemia. The surgical preparation used in the present study for assessing regional function by sonomicrometry in the area at risk (AAR) has been presented in detail elsewhere.9

Dogs were systemically anticoagulated with 300 U/kg of sodium heparin, which was supplemented every 90 minutes with 150 U/kg. The left subclavian artery was cannulated for aortic perfusion, and the superior and inferior vena cava cannulas were inserted through the right atrium for venous return. The right and left ventricles were vented by gravity drainage through transmyocardial cannulas. A double-lumen cardioplegic catheter (DLP, Inc) was inserted into the ascending aorta proximal to the aortic cross-clamp for the simultaneous delivery of BCP and measurement of cardioplegic infusion pressure. Venous blood was oxygenated using a membrane oxygenator (Cobe Cardiovascular) and passed through a 50-μm filter and bubble trap before returning to the arterial cannulation. The rate of oxygenation was adjusted to maintain a systemic arterial oxygen tension >300 mm Hg and an arterial carbon dioxide tension between 30 and 40 mm Hg; metabolic acidosis was counteracted with sodium bicarbonate to maintain the pH between 7.35 and 7.45. The mean arterial blood pressure during cardiopulmonary bypass was maintained at 70 mm Hg by adjusting the blood flow through the arterial cannula. A myocardial temperature probe was placed in the anterior wall of the right ventricle.

Cardioplegic Arrest

After 75 minutes of LAD regional ischemia, the systemic blood temperature was reduced to 28°C and multidose, hypothermic, hyperkalemic BCP (8 parts blood:1 part crystalloid) was delivered using the Myocardial Protection System console (MPS, Quest Medical). Standard BCP10 (20 mEq/L K⁺) was delivered for 3 minutes during induction (4°C) and for 2 minutes after 20 and 40 minutes of arrest (10 mEq/L K⁺, 4°C). The LAD ligation was loosened before the second cardioplegic infusion. After 60 minutes of cardioplegic arrest, a hot shot (20 mEq/L K⁺, 27°C) infusion of BCP was delivered for 3 minutes. BCP was infused at 50 mm Hg at all times. Systemic blood was rewarmed to 37°C by the end of the hour of cardioplegic arrest, and the aorta was unclamped to initiate reperfusion. After cardiac electromechanical activity appeared, the mean arterial pressure was gradually increased from 50 to 80 mm Hg over a period of 5 minutes. The heart was maintained on total vented bypass for the first 30 minutes of reperfusion (empty beating reperfusion). Subsequently, all hearts were weaned from cardiopulmonary bypass and reperfusion was continued in the working state for 90 minutes. The experiment was terminated with a bolus of intravenously sodium pentobarbital (100 mg/kg). The heart was immediately excised and placed into ice-cold Krebs-Henseleit buffer of the following millimolar composition: 118 NaCl, 4.7 KCl, 1.2 KH₂PO₄, 1.2 MgSO₄·7H₂O, 2.5 CaCl₂·2H₂O, 12.5 NaHCO₃, and 11 glucose at pH 7.4.

Experimental Protocol

The dogs were randomly assigned to 1 of 3 groups (n=6 in each group) based on the drug regimen used. One group received standard BCP without ADO supplementation. In the second group, BCP was supplemented with 100 μmol ⋅ L⁻¹ ⋅ L⁻¹ ADO (ADO-CP). The third group received ADO (100 μmol ⋅ L⁻¹ ⋅ L⁻¹) only in the terminal warm cardioplegic infusion and as an intravenous infusion (140 μg ⋅ kg⁻¹ ⋅ min⁻¹) for 30 minutes beginning 10 minutes before release of the aortic cross-clamp (ADO-R).

Data Acquisition

Analog hemodynamic and cardiacodynamic data were sampled by a personal computer using an analog-to-digital converter (Data Translation). The data were captured, stored, and analyzed using SPECTRUM cardiovascular acquisition and analysis software (Wake Forest University, Winston-Salem, NC). Measurements were taken before coronary artery occlusion (baseline), after 75 minutes of LAD occlusion, 30 minutes of empty beating reperfusion, and every 30 minutes during the 90 minutes of reperfusion in the working state. Hemodynamic and cardiodynamic data were averaged, and output was obtained from no fewer than 10 cardiac cycles. Percent systolic shortening, segmental work, and the characteristics of segmental stiffness were determined as previously described.9

Cardiac Microdialysis for Purine Concentration

A microdialysis probe (CMA/20 Microdialysis AB) was implanted to a mid-myocardial depth in the myocardial AAR and was continuously perfused with Krebs-Henseleit buffer at a rate of 2.0 μL/min. Dialysate samples were collected continuously throughout the experimental protocol, and purine concentration in the dialysate was analyzed by high performance liquid chromatography as previously described.11

Plasma Creatine Kinase Activity

Arterial blood samples for measuring creatine kinase activity were analyzed spectrophotometrically (CK-10 kit, Sigma Diagnostics) and protein concentration (Sigma Diagnostics). Creatine kinase activity was expressed as international units per gram of protein.

Determination of AAR and Infarct Size

After postexperimental excision of the heart, the myocardial AAR (Unisense blue dye) and infarct size (1% triphenyltetrazolium chloride [TTC, Sigma Chemical]) were determined as previously...
described. The AAR was calculated as the sum of the weights of the infarcted and necrotic tissue within the AAR, divided by the weight of the left ventricle (AAR/LV) and expressed as a percentage. The infarct size (area of necrosis, AN) was calculated as the weight of necrotic tissue divided by the weight of the left ventricle (AN/LV) or the area of risk (AN/AAR) and expressed as a percentage.

**Determination of Myocardial Edema**
Postexperimental myocardial tissue samples weighing ~0.3 grams were taken from the nonischemic zone and from the nonnecrotic and necrotic areas of the ischemic zone were blotted, weighed, and desiccated for 48 hours. Percent myocardial water content was defined as: (wet weight-dry weight)/(wet weight)×100.

**Neutrophil Adherence to Coronary Artery**
Arterial blood was withdrawn immediately after femoral artery cannulation, and neutrophil isolation was performed using the Ficoll-Paque (Sigma Chemical) density gradient technique previously described. The isolated cell preparation contains >95% fluorescently labeled neutrophils (PMNs) and cell viability is >90% (trypan blue exclusion).

**Neutrophil Adherence to Coronary Artery Endothelium (Basal Endothelial Function)**
The adherence of unstimulated neutrophils to canine epicardial coronary arteries was assessed using isolated neutrophils labeled with Zynaxis PKH26 vital fluorescent dye (Zynaxis Cell Science) as previously described. Briefly, unstimulated PMNs (final concentration 5×10^6 cells/dish) were coincubated with postexperimental coronary artery segments (nonischemic and ischemic-reperfused) for 15 minutes. After incubation, coronary segments were washed of nonadherent PMNs, mounted on glass slides, and adherent neutrophils counted under epifluorescence microscopy (490-nm excitation, 504-nm emission).

**Statistical Analyses**
The data were analyzed by 1-way ANOVA or repeated measures 2-way ANOVA of group, time, and group-time interactions. If significant interactions were found, Tukey’s or Student-Newman-Keuls post hoc multiple comparisons tests were applied to locate the sources of differences. P<0.05 was considered significant; mean±SEM are reported.

**Results**

**Myocardial Temperature and Delivery of BCP Solution**
The second cardioplegia infusion was significantly less than the induction volume in each group, whereas the terminal cardioplegia infusion volume was greater than intermittent cardioplegia volumes (Table 1). There were no group differences in BCP delivery within each time point.

**Cardiac Myeloperoxidase Activity**
Myeloperoxidase activity was described as the rate of hydrogen peroxide degradation–induced color change per min per 100 mg tissue.

**Neutrophil Isolation**
Arterial blood was withdrawn immediately after femoral artery cannulation, and neutrophil isolation was performed using the Ficoll-Paque (Sigma Chemical) density gradient technique previously described. The isolated cell preparation contains >95% fluorescently labeled neutrophils (PMNs) and cell viability is >90% (trypan blue exclusion).

**Table 1. Blood Cardioplegia Delivery Volume and Myocardial Temperature During Cardioplegic Arrest**

<table>
<thead>
<tr>
<th></th>
<th>Initial Cold Infusion</th>
<th>20-min Infusion</th>
<th>40-min Infusion</th>
<th>Terminal Warm Infusion</th>
</tr>
</thead>
<tbody>
<tr>
<td>BCP volume, mL</td>
<td>Control 32±20</td>
<td>204±23†</td>
<td>292±49</td>
<td>496±33†</td>
</tr>
<tr>
<td></td>
<td>ADO-I 32±29</td>
<td>258±38†</td>
<td>281±30</td>
<td>487±49†</td>
</tr>
<tr>
<td></td>
<td>ADO-R 358±16</td>
<td>242±10†</td>
<td>277±35</td>
<td>502±54†</td>
</tr>
<tr>
<td>Myocardial temperature, °C</td>
<td>Control 12±1</td>
<td>8±1‡</td>
<td>12±1</td>
<td>27±1‡</td>
</tr>
<tr>
<td></td>
<td>ADO-I 12±2</td>
<td>10±2‡</td>
<td>13±1</td>
<td>31±1‡</td>
</tr>
<tr>
<td></td>
<td>ADO-R 14±2</td>
<td>8±1‡</td>
<td>10±1</td>
<td>29±1‡</td>
</tr>
</tbody>
</table>

**Interstitial Dialysate Purines**
Interstitial dialysate ADO in the AAR increased during the first 20 minutes of ischemia and then decreased thereafter to baseline concentrations (Figure 1A). During hypothermic cardioplegia, dialysate ADO concentrations remained near baseline levels in all groups, even when 100 μmol/L ADO was included. There was a slight increase in dialysate ADO concentration in all 3 groups during the initial 10 minutes of reperfusion, which tended to taper to baseline concentrations. There was a similar temporal profile in dialysate inosine concentrations (Figure 1B). There were no group differences at any time in dialysate ADO or inosine. Similar profiles were observed with hypoxanthine and xanthine without group differences (data not shown). In addition, there were no group differences in total purines during infusion of cardioplegia or during reperfusion independent of presence of ADO (Figure 1C).

**Hemodynamic Parameters**
Heart rate was significantly increased after ischemia and during reperfusion compared with baseline in all 3 experimental groups (Table 2). Mean arterial pressure in all 3 groups was significantly less during reperfusion compared with baseline and ischemia time points (Table 2). Left ventricular end-diastolic pressure (LVEDP) was not statistically significant in time-time or group-time relationships (Table 2). There were no statistical differences in heart rate, mean arterial pressure or left ventricular end-diastolic pressure among groups.

**Cardiodynamic Function**
Hearts administered unsupplemented BCP exhibited poor recovery of percent systolic shortening in the AAR throughout reperfusion (Table 3). Although not statistically significant, systolic shortening in the ADO-CP group (2±0.2%) showed a trend toward improved recovery at the end of reperfusion compared with the BCP group (3±1%). In contrast, when ADO was added only to the last cardioplegic infusion and administered during initial reperfusion (ADO-R), recovery of systolic shortening at the end of reperfusion...
was significantly greater than the BCP group (5±2% versus −3±1%, respectively). Although systolic shortening in the ADO-R hearts was greater than that in the ADO-CP group (5±2% versus 2±0.2%, respectively) at the end of reperfusion, this did not reach statistical significance (P=0.275).

Segmental work (mm Hg×mm) showed similar changes as seen with systolic shortening (Table 3). Segmental work in BCP hearts recovered poorly throughout reperfusion. In contrast, hearts which received ADO-CP showed improved recovery of segmental work throughout reperfusion, with significantly greater segmental work at 90 minutes of working beating reperfusion compared with the BCP group (13±7 versus −13±5, respectively). In the ADO-R group, the recovery of segmental work at 90 minutes of reperfusion was also significantly greater than the BCP group (35±6 versus −13±5, respectively). There was a trend toward greater segmental work in the ADO-R compared with ADO-CP hearts (35±6 versus 13±7, respectively), but this did not reach statistical significance (P=0.07).

In the BCP group, the β-coefficient (a measure of diastolic segmental stiffness) was increased by approximately 11-fold at 90 minutes of working beating reperfusion compared with baseline values, indicating an increase in stiffness in the AAR (Table 3). In contrast, hearts treated with ADO-CP showed a significant (40%) reduction in β-coefficient at the end of reperfusion. Hearts administered ADO-R also had a significant (60%) reduction in myocardial stiffness. There were no significant differences between either ADO groups.

### AAR and Infarct Size

The area placed at risk by the LAD coronary artery occlusion, expressed as a percentage of the left ventricular mass (AAR/LV), was comparable among the BCP (30±2%), ADO-CP (27±2%), and ADO-R (29±1%) groups. When necrosis was expressed as a percentage of left ventricular mass (AN/LV), necrotic areas were significantly smaller in ADO-CP (8±0.5%, P=0.008) and ADO-R (6±1%, P<0.001) groups relative to the BCP group (13±1%). The infarct size, expressed as a percentage of the AAR (AN/AAR, Figure 2), was reduced by 30% in ADO-CP treated hearts compared with the BCP group. In hearts treated with ADO in the terminal cardioplegic infusion and during reperfusion (ADO-R), infarct size was significantly reduced compared with that observed in the BCP group. Although there was a strong trend for infarct size in ADO-R to be smaller than in the ADO-CP group, this did not reach statistical significance (P=0.12).

### Plasma Creatine Kinase Activity

There was no significant difference in plasma creatine kinase activity at baseline among the 3 groups (Figure 3). All 3 groups showed a modest and similar increase in plasma creatine kinase activity following LAD occlusion. There was a significant reduction in creatine kinase activity at the end of reperfusion for the ADO cardioplegia group compared with the BCP group. In addition, the ADO-R group also showed a

<table>
<thead>
<tr>
<th>TABLE 2. Hemodynamic Parameters</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
</tr>
<tr>
<td>-------------------------------</td>
</tr>
<tr>
<td>HR, bpm</td>
</tr>
<tr>
<td>Control</td>
</tr>
<tr>
<td>ADO-I</td>
</tr>
<tr>
<td>ADO-R</td>
</tr>
<tr>
<td>MAP, mm Hg</td>
</tr>
<tr>
<td>Control</td>
</tr>
<tr>
<td>ADO-I</td>
</tr>
<tr>
<td>ADO-R</td>
</tr>
<tr>
<td>LVEDP, mm Hg</td>
</tr>
<tr>
<td>Control</td>
</tr>
<tr>
<td>ADO-I</td>
</tr>
<tr>
<td>ADO-R</td>
</tr>
</tbody>
</table>

LVEDP indicates left ventricular end-diastolic pressure; Baseline, before normothermic LAD coronary artery occlusion; Ischemia, at the end of 75 minutes of LAD ischemia; W30min, W60min, and W90min, reperfusion of the heart after 75 minutes of LAD ischemia and 60 minutes of cardioplegic arrest at 30, 60, and 90 minutes, respectively, during the working beating state. Values are mean±SEM. At each interval, statistically significant differences in HR, MAP, and LVEDP were not achieved.

*P<0.05 vs other time points in same group; †P<0.05 vs baseline and ischemia time points in same group.
significant reduction in creatine kinase release compared with the BCP group. There were no significant differences between either ADO groups. The attenuation in creatine kinase release in the ADO groups is consistent with the reduction in infarct size.

Cardiac Myeloperoxidase Activity
Myeloperoxidase activity in the nonischemic zone was low and comparable among the 3 groups (Figure 4). In the nonnecrotic AAR, myeloperoxidase activity was the greatest in the BCP and ADO-CP hearts. In contrast, hearts in the ADO-R group had significantly less (82% and 76%) myeloperoxidase activity in the ischemic nonnecrotic AAR compared with BCP and ADO-CP groups, respectively. In the necrotic AAR, both ADO-CP and ADO-R hearts had a significantly less myeloperoxidase activity compared with the BCP group.

Myocardial Edema
After 2 hours of reperfusion, the unsupplemented BCP group demonstrated the greatest myocardial edema in the transmural AAR with a percent water averaging $86 \pm 6\%$ (Figure 5). In the

![Figure 2](image-url)  
**Figure 2.** Infarct size (AN) expressed as a percent of AAR. Bars represent group means $\pm$ SEM. *$P<0.05$ vs BCP.

![Figure 3](image-url)  
**Figure 3.** Plasma creatine kinase activity during time course of the experiment. +$P<0.05$, BCP vs ADO-R; *$P<0.05$, BCP group vs ADO-CP and ADO-R groups.
ADO-CP group, there was a significant reduction in myocardial edema in the transmural AAR (82 ± 0.2%) compared with the BCP group. Hearts in the ADO-R group showed significantly less myocardial edema in the transmural AAR (80 ± 0.4%) compared with both the BCP and ADO-CP groups.

Neutrophil Adherence to Coronary Endothelium
In the BCP group, neutrophil adherence to coronary endothelium was significantly greater by 242% in the ischemic-reperfused LAD compared with the nonischemic left circumflex coronary artery (LCx) (118 ± 3 PMNs/mm² versus 35 ± 3 PMNs/mm², respectively) (Figure 6). Similarly, neutrophil adherence in the ADO-CP group was significantly greater by 280% in the ischemic-reperfused LAD compared with the nonischemic LCx (114 ± 5 PMNs/mm² versus 30 ± 2 PMNs/mm², respectively). Neutrophil adherence in the ischemic-reperfused LAD coronary segments in the ADO-R group was greater by 77% of that in the nonischemic reperfused LCx segments of the same group (55 ± 2 PMNs/mm² versus 31 ± 1 PMNs/mm², respectively). The adherence to the ischemic-reperfused LAD in the ADO-R group was significantly less than that in the BCP or ADO-CP groups.

Discussion
In the present study, we investigated the use of ADO in reducing postcardioplegia injury following normothermic regional myocardial ischemia and cardiopulmonary bypass. The results of this study have shown that ADO administered either as an adjunct to BCP (ADO-CP) or only during reperfusion (ADO-R) showed a reduction in postcardioplegia myocardial stiffness, infarct size, and creatine kinase release compared with an unsupplemented BCP. However, only the hearts given ADO during the reperfusion period showed an improvement in systolic shortening and a significant decrease in both myocardial edema and neutrophil accumulation relative to the group receiving ADO in BCP. Furthermore, only the ADO-R–treated hearts showed attenuated neutrophil adherence to coronary artery endothelium, consistent with a decrease in postischemic endothelial damage. The lack of an increase in interstitial concentrations of ADO during the delivery of ADO-enhanced cardioplegia suggests an intravascular mechanism. This study suggests that a further reduction in ischemia-reperfusion injury following surgical revascularization of regional ischemia may be achieved by interventions aimed directly at the early reperfusion phase.

Although the use of ADO as a cardioprotective agent during nonsurgical myocardial ischemia and reperfusion has been well documented, few reports demonstrating the cardioprotective effects afforded by ADO as an adjunct to BCP in a bypass model with jeopardized myocardium have been reported. ADO possesses anti-ischemic effects in that it hyperpolarizes the ventricular myocytes by activation of $K_{ATP}$ channels, which may inhibit calcium influx, and augments glucose uptake and glycolytic flux. Hudspeth et al have previously shown that ADO in BCP following 30 minutes of normothermic global ischemia attenuates postcardioplegia dysfunction in severely injured hearts through receptor-mediated mechanisms. Similarly, in our study, we have shown that ADO-supplemented cardioplegia reduced postcar-

**Figure 4.** Myeloperoxidase activity, an index of neutrophil accumulation, in normal, ischemic, and necrotic myocardial tissue samples from each group. $P<0.05$ vs BCP and ADO-CP groups.

**Figure 5.** Myocardial water content after desiccation of normal, ischemic, and necrotic myocardial tissue samples at end of experiment. $P<0.005$, ADO-R group vs BCP and ADO-CP groups; $P<0.05$, ADO-CP and ADO-R groups vs BCP group; $@P<0.05$, ADO-CP group vs BCP group.

**Figure 6.** PMN adherence to coronary endothelium, represented by number of adherent PMNs/mm² of coronary endothelium. $P<0.05$ vs BCP and ADO-CP groups.
dioplegia dysfunction in myocardium jeopardized by severe regional ischemia. Although ADO administered during the period of cardioplegia may attenuate ischemic mechanisms during the period of arrest, it does not modulate the ischemia (global or regional) preceding cardioplegia, and it may not directly interfere with mechanisms of reperfusion injury set in motion when the cross-clamp is removed (oxygen radical burst, neutrophil-mediated events).

This study suggests that ADO may have limited infarction and preserved postischemic endothelial function (in the ADO-R group) by inhibiting neutrophil actions. The mechanisms by which ADO may directly inhibit neutrophil-mediated injury include the attenuation of neutrophil degranulation, generation of superoxide anions or other oxygen-derived free radicals, the release of inflammatory cytokines, or the expression of CD11/18 complexes. Accordingly, in the present study both ADO groups attenuated neutrophil accumulation in the AAR. This accumulation, which occurs primarily during reperfusion, has been linked to contractile dysfunction and development of necrosis. Other investigators have shown that ADO is protective against reperfusion injury by attenuating neutrophil-related mechanisms. Neutrophils are important participants in ischemic-reperfusion injury, and neutrophil activation and subsequent interaction with the coronary vascular endothelium may lead to a burst of free radicals responsible for endothelial dysfunction, and microvascular injury with blood flow defects (no-reflow phenomenon). In vitro studies by Cronstein and colleagues and Todd et al suggest that the presence of ADO may directly inhibit neutrophil activities and neutrophil-mediated injury to endothelium and myocytes. However, pretreatment with ADO does not significantly attenuate these neutrophil-endothelial interactions. Hence, ADO administered before reperfusion may not directly inhibit neutrophil-mediated injury. The present study, in which ADO was administered at reperfusion, suggests that postcardioplegia injury can be attenuated by inhibiting the neutrophil-endothelial cell interaction after release of the aortic cross-clamp. In contrast, the addition of ADO in the cardioplegic solution in this study did not show a significant reduction in neutrophil adherence to coronary endothelium and did not reduce neutrophil accumulation in postischemic tissue to the same extent as ADO at reperfusion. Limited efficacy in inhibiting neutrophil-mediated injury in the ADO-CP group may be due, in part, to (1) the lack of neutrophils in the AAR during cardioplegic arrest, (2) the effects of hypothermia on reducing ADO (adenosine) which is confined to the intravascular space, rather than indirectly, ie, by reducing the severity of ischemia by an interstitial or intramyocyte mechanism. Indeed, Todd et al demonstrated that large molecular weight ADO (polyadenylic acid), which is confined to the intravascular space, reduced postischemic injury by neutrophil-related mechanisms. The lack of elevated ADO and purine levels measured by interstitial dialysis in the present study supports an intravascular effect of ADO. It is possible that the administration of ADO during hypothermic cardioplegia in the present study may not attenuate postischemic neutrophil-related endothelial dysfunction. However, this study suggests that the introduction of ADO during reperfusion, when neutrophils are actively in contact with the coronary vascular endothelium, does attenuate the neutrophil-endothelial cell interactions involved in postischemic injury, which may potentially lead to endothelial dysfunction, contractile dysfunction, and infarct extension.

Current strategies in myocardial protection have advocated the use of cardioplegic solutions as a vector by which to introduce cardioprotective agents targeting specific mechanisms of ischemic-reperfusion injury. However, the effectiveness of this strategy is predicated on the ability of the agent of interest to exert its therapeutic effects during the cardioplegic period or thereafter. The present study has exposed a weakness in this concept of cardioplegia as a therapeutic vector by showing that ADO may not have exerted optimal effects against neutrophil-mediated injury when delivered with hypothermic cardioplegia. However, these anti-neutrophil effects were exerted to a greater extent when ADO was administered in the perireperfusion period at normothermic temperatures. The limited effects of other antineutrophil therapies such as nitric oxide delivered by
hypothenmic cardioplegic may also be overcome by administering the agent during normothermic reperfusion or with a normothermic terminal infusion (hot shot). The present study supports the immediate reperfusion period as an additional window of therapeutic opportunity in which to interfere with mechanisms of myocardial reperfusion injury.

Acknowledgments
The authors are grateful to Gail Nechtman for assisting in the formatting of the manuscript and to Susan Schmarkey and Jill Robinson for technical support. We are also grateful to Quest Medical, Inc (Allen, Tex) for providing the MPS cardioplegia delivery system and related supplies. Vinod H. Thourani, MD, is a recipient of a Fellowship from the Thoracic Surgery Research Foundation, and Zhi-Qing Zhao, PhD, is a recipient of a Scientist Development Award from the national American Heart Association. Furthermore, we would like to thank the Carlyle Fraser Heart Center Foundation for its continued support of the research effort.

References
Adenosine-Supplemented Blood Cardioplegia Attenuates Postischemic Dysfunction After Severe Regional Ischemia
Vinod H. Thourani, Russell S. Ronson, David G.L. Van Wylen, Steven T. Shearer, Sara L. Katzmark, Zhi-Qing Zhao, David C. Han, Robert A. Guyton and Jakob Vinten-Johansen

_Circulation_. 1999;100:II-376-II-383
doi: 10.1161/01.CIR.100.suppl_2.II-376

_Circulation_ is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
Copyright © 1999 American Heart Association, Inc. All rights reserved.
Print ISSN: 0009-7322. Online ISSN: 1524-4539

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circ.ahajournals.org/content/100/suppl_2/II-376

Permissions: Requests for permissions to reproduce figures, tables, or portions of articles originally published in _Circulation_ can be obtained via RightsLink, a service of the Copyright Clearance Center, not the Editorial Office. Once the online version of the published article for which permission is being requested is located, click Request Permissions in the middle column of the Web page under Services. Further information about this process is available in the Permissions and Rights Question and Answer document.

Reprints: Information about reprints can be found online at:
http://www.lww.com/reprints

Subscriptions: Information about subscribing to _Circulation_ is online at:
http://circ.ahajournals.org//subscriptions/