Vasopressin Deficiency and Pressor Hypersensitivity In Hemodynamically Unstable Organ Donors

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Background—Solid organ donors often develop hypotension due to vasodilation, and recently we observed that a variety of vasodilatory states are characterized by vasopressin deficiency and hypersensitivity. Thus, we investigated the prevalence of vasopressin deficiency in hypotensive solid organ donors without clinical evidence of diabetes insipidus; we also investigated the vasopressor effect of vasopressin replacement in hypotensive donors.

Methods and Results—Fifty organ donors were evaluated for hemodynamic instability, (mean arterial pressure [MAP] ≤ 70 mm Hg despite the use of catecholamine vasopressors), and in those unstable donors who were not already receiving exogenous vasopressin, low-dose vasopressin was administered as a continuous infusion (0.04 to 0.1 U/min). MAP, catecholamine requirements, serum vasopressin, and serum osmolality were obtained before and after vasopressin administration. Ten patients meeting the enrollment criteria received vasopressin and MAP increased from 72.2 ± 3.5 to 89.8 ± 4.2 mm Hg, (P < 0.05), allowing for complete discontinuation of catecholamine pressors in 4 (40%) patients and a decrement in pressor dose in 4 (40%). Plasma vasopressin levels (2.9 ± 0.8 pg/mL) were low for the degree of hypotension.

Conclusions—Hemodynamically unstable organ donors without clinically apparent diabetes insipidus display a defect in the baroreflex-mediated secretion of vasopressin. In these patients, low-dose vasopressin significantly increases blood pressure with a pressor response sufficient to reduce catecholamine administration. (Circulation. 1999;100[suppl II]:II-244–II-246.)

Key Words: vasoconstriction ■ transplantation ■ blood pressure

The scarcity of organ donors for clinical transplantation is exacerbated further by hemodynamic instability due to vasodilation in otherwise suitable brain-dead candidates. Catecholamine vasopressors are frequently required to maintain arterial pressure but may result in end organ hypoperfusion and myocardial depression. Thus, an alternative to catecholamine pressors for the salvage of marginal donors experiencing hemodynamic instability is highly desirable and an area of increasing clinical interest.

The failure of the autonomic nervous system in brain death results in a defect in several vasoconstrictor systems that maintain vascular tone. Catecholamine deficiency in autonomic failure is well known, but a defect in the baroreflex-mediated secretion of vasopressin secretion is also a hallmark of this condition.1,2 In 1956, Wagner and Braunwald demonstrated patients with autonomic failure to be exquisitely sensitive (hypersensitive) to the vasoconstrictor effects of arginine vasopressin [AVP], whereas minimal vasopressor effects were demonstrable in normal subjects.3

More recently, we have discovered that vasodilatory shock in many clinical settings, including sepsis, postcardiopulmonary bypass, and following phosphodiesterase inhibitor infusion, is also characterized by vasopressin deficiency.4–6 Further, replacement of the hormone with low-dose intravenous infusion restored arterial pressure and reduced catecholamine requirements.4,5 AVP therefore represents an intriguing hormone because although its infusion (at doses up to 0.4 U/min) has no effect in normal subjects, a marked pressor response clearly exists when the blood pressure is threatened.4

These findings, together with older studies suggesting that vasopressin administration improves circulatory stability in organ donors, prompted us to investigate both the prevalence of vasopressin deficiency in solid organ donors and the effect of vasopressin replacement in those donors who are hypotensive.7,8

Methods

From July 1997 through February 1998, 50 consecutive brain-dead organ donors were evaluated after confirmation of appropriate informed consent. The diagnosis of brain death was confirmed by all of the following criteria: deep coma, apnea, lack of brain stem reflexes, and a silent electroencephalogram. The study was approved by the Institutional Review Board of Columbia University, and no

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Circulation is available at http://www.circulationaha.org

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patient was inducted into the study without the consent of all organ procurement teams present at the time of operation.

Eligibility criteria included (1) hypotension treated with catecholamine vasopressors to maintain mean arterial pressure $\geq 70$ mm Hg, and (2) normal cardiac function as assessed by echocardiography. Exclusion criteria included (1) prior administration of vasopressin or a vasopressor analogue, (2) clinical diagnosis of diabetes insipidus (DI), or (3) clinical diagnosis of sepsis or obvious source of infection.

Eleven patients met the enrollment criteria and were studied before organ procurement. Arterial pressure was measured continuously by an arterial line. AVP was administered as a continuous infusion (0.04 to 0.1 U/min). Baseline control values represented the average of the 15-minute interval before AVP; post-AVP experimental values represented the average of the 15-minute interval commencing 15 minutes after the start of AVP.

Plasma AVP levels were determined by radioimmunoassay (SmithKline Beecham), and serum osmolality values were determined by freezing point depression (SmithKline Beecham). Normal serum levels of AVP in euolemic, normotensive patients with serum osmolality $>290$ mOsm/L ranges between 2.2 to 8.0 pg/mL; serum levels of AVP in hypotensive patients with serum osmolality $>290$ mOsm/L are $>20$ pg/mL.

All patients were successful cardiac donors, with recipients transplanted at the Columbia-Presbyterian Medical Center. Statistical comparisons between baseline control and post-AVP experimental values reflect 2-tailed probability value as evaluated by nonparametric Mann-Whitney U test.

**Results**

The distribution of the entire cohort of brain-dead organ donors ($n=50$) is represented in Figure 1; demographics of this entire cohort are demonstrated in Table 1. Thirty-four (68%) donors were hemodynamically stable at the time of evaluation and 16 (32%) required catecholamine vasopressors to maintain mean arterial pressure (MAP) $\geq 70$ mm Hg. Of the 16 hemodynamically unstable patients, 4 (25%) were already receiving AVP. All 11 remaining patients satisfied the other inclusion criteria (with the exception of one patient who succumbed to a cardiac arrest just before organ procure-

**TABLE 1. Patient Demographics in the Entire Cohort (n=50)**

<table>
<thead>
<tr>
<th>Age, y</th>
<th>30.5±13.0</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sex, M/F</td>
<td>28/22</td>
</tr>
<tr>
<td>Cause of brain death</td>
<td></td>
</tr>
<tr>
<td>Cerebrovascular accident</td>
<td>9</td>
</tr>
<tr>
<td>Trauma</td>
<td>23</td>
</tr>
<tr>
<td>Drug overdose</td>
<td>2</td>
</tr>
<tr>
<td>Anoxia</td>
<td>5</td>
</tr>
<tr>
<td>Cerebral hemorrhage</td>
<td>11</td>
</tr>
</tbody>
</table>

**TABLE 2. Patient Clinical Profile in Study Cohort (n=11)**

<table>
<thead>
<tr>
<th>Donor</th>
<th>Age</th>
<th>Cause</th>
<th>Serum Osm</th>
<th>Baseline AVP (pg/mL)</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>27</td>
<td>Trauma</td>
<td>330</td>
<td>1</td>
</tr>
<tr>
<td>2</td>
<td>17</td>
<td>Trauma</td>
<td>295</td>
<td>1.1</td>
</tr>
<tr>
<td>3</td>
<td>42</td>
<td>Trauma</td>
<td>321</td>
<td>3.2</td>
</tr>
<tr>
<td>4</td>
<td>47</td>
<td>SAH</td>
<td>304</td>
<td>2</td>
</tr>
<tr>
<td>5</td>
<td>18</td>
<td>CVA</td>
<td>313</td>
<td>1</td>
</tr>
<tr>
<td>6</td>
<td>42</td>
<td>Anoxia</td>
<td>277</td>
<td>3</td>
</tr>
<tr>
<td>7</td>
<td>16</td>
<td>Trauma</td>
<td>348</td>
<td>1</td>
</tr>
<tr>
<td>8</td>
<td>30</td>
<td>Trauma</td>
<td>256</td>
<td>5.8</td>
</tr>
<tr>
<td>9</td>
<td>35</td>
<td>SAH</td>
<td>279</td>
<td>2.8</td>
</tr>
<tr>
<td>10</td>
<td>31</td>
<td>Overdose</td>
<td>314</td>
<td>8.2</td>
</tr>
<tr>
<td>11</td>
<td>58</td>
<td>SAH</td>
<td>323</td>
<td>5</td>
</tr>
</tbody>
</table>

Serum Osm indicates serum osmolality; SAH, subarachnoid hemorrhage; and CVA, cerebrovascular accident.

**Figure 2.** MAP in the study cohort ($n=10$) before and during low-dose vasopressin. *$P<0.05$.**
Figure 3. Catecholamine requirements in the study cohort (n=10) before and during low-dose vasopressin. *P<0.05.

Figure 4. AVP in the study cohort (n=10) before and during low-dose vasopressin. *P<0.05.

Discussion

Two decade-old reports suggest that vasopressin, when given in concert with epinephrine to brain-dead patients, maintains hemodynamic stability and tissue viability.7,8 Yoshioka’s evaluation in 1986 of 16 brain-dead patients is particularly compelling: compared with epinephrine alone, vasopressin plus epinephrine improved mean survival from 1 day to 23 days.7 Nonetheless, vasopressin is not widely used to improve donor stability.

The failure to implement AVP widely in brain-dead organ donors was likely due to (1) an assumption that the effectiveness of AVP in this condition was due to its treatment of DI and (2) the trend toward treating DI with a vasopressin analog, desamino d-arginyl vasopressin (dDAVP). DI in organ donors is very commonly found (in some studies up to 77% of solid organ donors), and hormone replacement with vasopressin plus epinephrine improved mean survival from 1 day to 23 days.7 Nonetheless, vasopressin is not widely used to improve donor stability.

However, the use of the natural hormone AVP declined in favor of dDAVP, an analog highly selective for the vasopressin V2 receptor subtype found in the renal collecting duct and without vasopressor activity in man, which is mediated by V1 receptors on vascular smooth muscle.

Our findings suggest the presence of a defect in the baroreflex-mediated secretion of vasopressin in hemodynamically unstable donors who are without clinically apparent DI (ie, marked hypotension in the setting of normo- or hyperosmolality) failed to increase plasma AVP concentrations appropriately. Further, hormone replacement therapy with AVP significantly increased blood pressure such that concurrently administered catecholamine vasopressors could be discontinued or reduced. Together, these findings underscore the need for a mixed V1/V2 agonist in treating the donor population.

The doses of AVP used in this study (0.04 to 0.1 U/min) are similar to those that Kinoshita has demonstrated to be nonleterious to myocardium by histopathology, and we found no differences in posttransplant myocardial contractility between recipients of hearts from AVP-treated and untreated donors.9 The remarkable tissue survival benefit demonstrated in previous clinical studies of brain-dead patients, together with our current findings of a baroreflex-mediated defect of AVP secretion and pressor hypersensitivity to exogenous hormone, strongly support the use of low-dose AVP in any brain-dead organ donor with hypotension in the setting of normal cardiac function. The efficacy of this intervention for hemodynamically marginal donors as a strategy to significantly expand the donor pool will be the subject of ongoing investigations.

Acknowledgment

The authors wish to thank the physicians and transplant coordinators from all the cooperating centers who facilitated the completion of this study.

References

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_Circulation_. 1999;100:II-244-II-246
doi: 10.1161/01.CIR.100.suppl_2.II-244

_Circulation_ is published by the American Heart Association, 7272 Greenville Avenue, Dallas, TX 75231
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Print ISSN: 0009-7322. Online ISSN: 1524-4539

The online version of this article, along with updated information and services, is located on the World Wide Web at:
http://circ.ahajournals.org/content/100/suppl_2/II-244

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